



# Corning-Painted Post

## (G) V Outdoor Track

### Coaches:

- Joe Melanson, Head Coach
- Ray Lawson, Asst Coach
- Drew Cartwright, Asst Coach
- Tom Ketchum, Asst Coach
- Adam Sarafian, Asst Coach
- Kale Wilcox, Asst Coach

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	TRANSPORTATION / NON-LEAGUE	LEAGUE
Apr 11, 2024	Thu	Regular Season (Milly Dry)	@ TBD	2:00 PM		Mansfield University	<b>Class Dismissal:</b> 12:05 PM	<b>Departure Point:</b> Stadium <b>Departure Time:</b> 12:15 PM	NL
Apr 15, 2024	Mon	Regular Season 95-42 W	@ Horseheads	5:30 PM		HHS HS Stadium Field 1		<b>Departure Point:</b> Stadium <b>Departure Time:</b> 3:45 PM	L
Apr 20, 2024	Sat	Regular Season (Webster Invite)	@ TBD	10:00 AM		Webster HS		<b>Departure Point:</b> Stadium <b>Departure Time:</b> 6:45 AM	NL
Apr 25, 2024	Thu	Regular Season (Penn Relays)	@ TBD	TBD		Penn College	<b>Bus/Driver:</b> Van Needed		NL
Apr 26, 2024	Fri	Regular Season (Penn Relays)	@ TBD	TBD		Penn College	<b>Bus/Driver:</b> Van Needed		NL
Apr 27, 2024	Sat	Regular Season (Waite-Molnar)	@ TBD	TBD		Elmira High School	<b>Bus/Driver:</b> 2 Busses needed	<b>Departure Point:</b> Stadium <b>Departure Time:</b> 12:00 PM	NL
Apr 27, 2024	Sat	Regular Season (Penn Relays)	@ TBD	TBD		Penn College	<b>Bus/Driver:</b> Van Needed		NL
May 3, 2024	Fri	Regular Season (Golden Bear)	@ TBD	TBD		Vestal Dick Hoover Stadium	<b>Bus/Driver:</b> 2 Buses needed	<b>Departure Point:</b> Stadium <b>Departure Time:</b> 2:30 PM	NL
May 4, 2024	Sat	Regular Season (Hilton)	@ TBD	TBD		Hilton HS	<b>Bus/Driver:</b> Van Needed	<b>Departure Time:</b> 3:00 PM	NL
May 4, 2024	Sat	Regular Season (15 Throwers met standards for a meet in Middletown)	@ TBD	TBD		Middletown, NY	<b>Bus/Driver:</b> 1 Bus needed	<b>Departure Point:</b> Stadium <b>Departure Time:</b> 5:30 AM	NL
May 15, 2024	Wed	Post-Season (STAC Championship Meet)	@ TBD	4:30 PM		Johnson City M S			L
May 17, 2024	Fri	Post-Season (Need for Speed)	@ TBD	TBD		J C H S			NL
May 22, 2024	Wed	Post-Season (Class A)	@ TBD	TBD		Elmira High School			NL
May 29, 2024	Wed	Post-Season (State Qualifier)	@ TBD	5:00 PM		UEHS Mike Miller Track			NL
May 30, 2024	Thu	Post-Season (State Qualifier)	@ TBD	TBD		UEHS Mike Miller Track			NL
Jun 7, 2024	Fri	Post-Season (States)	@ TBD	10:00 AM		Middletown HS			NL
Jun 8, 2024	Sat	Post-Season (States)	@ TBD	9:00 AM		Middletown HS			NL
Jun 13, 2024	Thu	Post-Season (New Balance Nationals)	@ TBD	TBD		Penn College			NL

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	TRANSPORTATION	LEAGUE / NON-LEAGUE
Jun 14, 2024	Fri	Post-Season (New Balance Nationals)	@ TBD	TBD		Penn College			NL
Jun 15, 2024	Sat	Post-Season (New Balance Nationals)	@ TBD	TBD		Penn College			NL
Jun 16, 2024	Sun	Post-Season (New Balance Nationals)	@ TBD	TBD		Penn College			NL

Date: 2024-04-24