



Corning-Painted Post

(B) V Cross Country

Coaches:

- Ray Lawson, Head Coach
- Tom Ketchum, Asst Coach

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE TRANSPORTATION	LEAGUE / NON-LEAGUE
Aug 31, 2018	Fri	Regular Season (Highlander Twilight Invite)	@ TBD	6:00 PM		Houghton College	Departure Point: Stadium Departure Time: 3:00 PM	NL
Sep 8, 2018	Sat	Regular Season (Windsor Cross Country Invitational)	Chenango Valley, Seton Catholic Central, Deposit (Deposit-Hancock), Harpursville (Afton/Harpur), Waverly, Tioga, Chenango Forks @ Windsor	9:00 AM		Windsor Cross Country Course		L
Sep 15, 2018	Sat	Regular Season (Jim Smith Invite)	@ TBD	9:30 AM		Sunken Meadow, Long Island	Departure Point: Stadium Departure Time: 1:30 PM	NL
Sep 15, 2018	Sat	Regular Season (Mansfield HS Invite)	@ TBD	TBD		Mansfield HS (PA)	Departure Point: Stadium Departure Time: 8:00 AM	NL
Sep 17, 2018	Mon	Regular Season (STAC West Division Championship)	Binghamton, Ithaca, Horseheads	4:30 PM		Sperr Park, Elmira, NY	Class Dismissal: 2:20 PM Departure Point: Stadium Departure Time: 2:30 PM	L
Sep 22, 2018	Sat	Regular Season (Bowdoin Classic (Top 7 Varsity))	@ TBD	TBD		Bowdoin Park, Poughkeepsie	Departure Point: Stadium Departure Time: 4:15 PM	NL
Sep 22, 2018	Sat	Regular Season (Owego Invite)	@ TBD	TBD		Pheasant Hill Country Club	Departure Point: Stadium Departure Time: 7:30 AM	NL
Sep 29, 2018	Sat	Regular Season (McQuaid Invite)	@ TBD	TBD		Genesee Valley State Park	Departure Point: Stadium Departure Time: 11:00 AM	NL
POSTPONED Oct 2, 2018	Tue	Regular Season (CROSS OVER - CANCELLED (DUE TO INCLEMENT WEATHER))	Chenango Valley @ Horseheads	4:30 PM		Park Station, Erin, NY	Departure Point: Stadium Departure Time: 2:45 PM	L
Oct 6, 2018	Sat	Regular Season (Stock-Conwickie Invite)	@ TBD	TBD		Arnold Park	Departure Point: Stadium	NL

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE TRANSPORTATION / NON-LEAGUE
Oct 12, 2018	Fri	Regular Season (Newark Valley-Bob Greene Invite)	@ TBD	TBD		Newark Valley High School	Departure Point: Stadium Departure Time: 1:30 PM NL
Oct 12, 2018	Fri	Regular Season (Manhattan Invite - NYC)	@ TBD	TBD		Van Cortlandt Park, NYC	Departure Point: Stadium Departure Time: 9:00 AM NL
Oct 20, 2018	Sat	Regular Season (Marathon Invite)	@ TBD	TBD		Appleby E S	Departure Point: Stadium Departure Time: 7:00 AM NL
Oct 23, 2018	Tue	Post-Season (STAC Championship)	Elmira, Oneonta, Seton Catholic Central, Windsor, Norwich, Ithaca, Binghamton, Susquehanna Valley, Chenango Valley, Maine-Endwell, Union-Endicott, Chenango Forks, Horseheads @ TBD	3:30 PM	5:30 PM	Pheasant Hill Country Club	L
Oct 23, 2018	Tue	Post-Season (STAC Championship)	Binghamton, Chenango Forks, Chenango Valley, Elmira, Horseheads, Johnson City, Maine-Endwell, Norwich, Oneonta, Seton Catholic Central, Susquehanna Valley, Union-Endicott, Vestal, Windsor, Ithaca @ Owego Apalachin	3:30 PM		Pheasant Hill Country Club	L
Oct 30, 2018	Tue	Regular Season (Pre-Meet)	@ TBD	TBD		Chenango Valley State Park	Departure Point: Stadium Departure Time: 2:00 PM NL
Nov 1, 2018	Thu	Regular Season (Sectional Champs)	@ TBD	12:00 PM		Chenango Valley State Park	Departure Point: Stadium Departure Time: 8:30 AM L
Nov 9, 2018	Fri	Regular Season (NYSPHSAA State Championship)	@ TBD	TBD		Sunken Meadow, Long Island	Departure Point: Stadium Departure Time: 7:00 AM L

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	TRANSPORTATION / NON-LEAGUE
Nov 23, 2018	Fri	Regular Season (Nike XC National NY-NE Regional.)	@ TBD	TBD		Bowdoin Park, Poughkeepsie		L
Dec 1, 2018	Sat	Regular Season (Nike Nationals)	@ TBD	TBD		Portland, Oregon/Glendover Golf Course		L

Date: 2026-01-22