Corning-Painted Post
(G) V Cross Country

Coaches:

- Ray Lawson, Head Coach
- Tom Ketchum, Asst Coach

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	TRANSPORTATION	LEAGUE / NON-LEAGUE
Sep 2, 2023	Sat	Regular Season (XC Relays - The Y at Watson Homestead)	Horseheads, Spencer-Van Etten (S-VE Panthers), Notre Dame, Elmira, TBD	9:50 AM		Watson Homestead, Painted Post, NY			L
Sep 9, 2023	Sat	Regular Season (Crusader Clash)	Elmira, Waverly, Bath, Watkins Glen, Elmira Heights @ Notre Dame, Elmira	8:30 AM		Murray Athletic Center "The Domes"	**Bus/Driver:** 2 Buses needed	**Departure Point:** Stadium **Departure Time:** 7:30 AM	L
Sep 16, 2023	Sat	Regular Season (Vernon-Verona-Sherrill Invite)	@ TBD	TBD		Cross Country Course		**Departure Point:** Stadium **Departure Time:** 6:15 AM	L
Sep 16, 2023	Sat	Regular Season (McDaniel Baxter Invitational Meet)	@ TBD	TBD		Chenango Valley HS-Warrior Stadium		**Departure Point:** Stadium **Departure Time:** 7:00 AM	L
Sep 23, 2023	Sat	Regular Season (Owego Invite - JV Runners)	@ TBD	TBD		Owego Free Academy		**Departure Point:** Stadium **Departure Time:** 7:15 AM	L
Sep 23, 2023	Sat	Regular Season (Bowdoin Classic - Top 12 Boys and Girls)	@ TBD	TBD		Bowdoin Park, Poughkeepsie	**Bus/Driver:** Leave Friday **Class Dismissal:** 1:30 PM	**Departure Point:** Stadium **Departure Date:** Sep 22, 2023 **Departure Time:** 1:40 PM	L
Sep 30, 2023	Sat	Regular Season (McQuaid Invite)	@ TBD	TBD		Genesee Valley State Park		**Departure Point:** Stadium **Departure Time:** 10:30 AM	L
Oct 6, 2023	Fri	Regular Season (Bob Greene Invite)	@ TBD	TBD		Newark Valley High School	**Class Dismissal:** 1:20 PM	**Departure Point:** Stadium **Departure Time:** 1:30 PM	L
Oct 14, 2023	Sat	Regular Season (Marathon Invite - JV Runners)	@ TBD	TBD		Appleby E S		**Departure Point:** Stadium **Departure Time:** 7:00 AM	L
Oct 14, 2023	Sat	Regular Season (Manhattan College Invite - Top 12 Boys and Girls)	@ TBD	TBD		Van Cortlandt Park, NYC	**Bus/Driver:** Leave Friday **Class Dismissal:** 9:50 AM	**Departure Point:** Stadium **Departure Date:** Oct 13, 2023 **Departure Time:** 10:00 AM	L

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	TRANSPORTATION	LEAGUE / NON-LEAGUE
Oct 21, 2023	Sat	Regular Season (STAC Championship - Top 20 Boys and Girls)	@ TBD	TBD		Ann G McGuinness Elementary Cross Country Course		**Departure Point:** Stadium **Departure Time:** 7:15 AM	L
Nov 2, 2023	Thu	Regular Season (State Qualifier Meet - Top 10 Boys and Girls)	@ TBD	TBD		Chenango Valley State Park		**Departure Point:** Stadium **Departure Time:** 8:30 AM	L
Nov 11, 2023	Sat	Regular Season (NYS Championship - Qualifiers ONLY)	@ TBD	TBD		Cross Country Course	**Bus/Driver:** Leave Friday	**Departure Point:** Stadium **Departure Date:** Nov 10, 2023 **Departure Time:** 10:00 AM	L
Nov 25, 2023	Sat	Regular Season (Nike NY Regionals - Top 12 Boys and Girls)	@ TBD	TBD		TBD	**Bus/Driver:** Leave Friday **Class Dismissal:** 9:50 AM	**Departure Point:** Stadium **Departure Date:** Nov 24, 2023 **Departure Time:** 10:00 AM	L
Dec 2, 2023	Sat	Regular Season (Nike Cross Nationals - Qualifiers Only)	@ TBD	TBD		TBD	**Bus/Driver:** No transportation needed through the district..This is paid for through Nike.		L

Date: 2024-10-12