



Chenango Forks

(B) 7/8TH Swimming/Diving

Coaches:

- Cory Helfrich

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Nov 27, 2023	Mon	Practice	N/A	3:30 PM		Greene HS	Departure Point: 10 Departure Time: 3:15 PM	
Nov 28, 2023	Tue	Practice	N/A	3:30 PM		Greene HS	Departure Point: 10 Departure Time: 3:15 PM	
Nov 29, 2023	Wed	Practice	N/A	3:30 PM		Greene HS	Departure Point: 10 Departure Time: 3:15 PM	
Nov 30, 2023	Thu	Practice	N/A	3:30 PM		Greene HS	Departure Point: 10 Departure Time: 3:15 PM	
Dec 1, 2023	Fri	Practice	N/A	3:30 PM		Greene HS	Departure Point: 10 Departure Time: 3:15 PM	
Dec 4, 2023	Mon	Practice	N/A	3:30 PM		Greene HS	Departure Point: 10 Departure Time: 3:15 PM	
Dec 5, 2023	Tue	Practice	N/A	3:30 PM		Greene HS	Departure Point: 10 Departure Time: 3:15 PM	
Dec 6, 2023	Wed	Practice	N/A	3:30 PM		Greene HS	Departure Point: 10 Departure Time: 3:15 PM	
Dec 7, 2023	Thu	Practice	N/A	3:30 PM		Greene HS	Departure Point: 10 Departure Time: 3:15 PM	
Dec 8, 2023	Fri	Regular Season	Windsor @ Susquehanna Valley	5:30 PM	7:30 PM	SVHS Pool	Departure Point: 7 Departure Time: 4:00 PM	L
Dec 9, 2023	Sat	Practice	N/A	9:00 AM		TBD	Departure Point: 10 Departure Time: 8:30 AM	
Dec 11, 2023	Mon	Practice	N/A	3:30 PM		Greene HS	Departure Point: 10 Departure Time: 3:15 PM	
Dec 12, 2023	Tue	Practice	N/A	3:30 PM		Greene HS	Departure Point: 10 Departure Time: 3:15 PM	
Dec 13, 2023	Wed	Practice	N/A	3:30 PM		Greene HS	Departure Point: 10 Departure Time: 3:15 PM	

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Dec 14, 2023	Thu	Regular Season	Binghamton @ Windsor	5:30 PM	7:30 PM	Windsor High School Pool	Departure Point: 7 Departure Time: 4:00 PM	L
Dec 15, 2023	Fri	Practice	N/A	3:30 PM		Greene HS	Departure Point: 10 Departure Time: 3:15 PM	
Dec 16, 2023	Sat	Practice	N/A	9:00 AM		TBD	Departure Point: 10 Departure Time: 8:30 AM	
Dec 18, 2023	Mon	Practice	N/A	3:30 PM		Greene HS	Departure Point: 10 Departure Time: 3:15 PM	
Dec 19, 2023	Tue	Practice	N/A	3:30 PM		Greene HS	Departure Point: 10 Departure Time: 3:15 PM	
Dec 20, 2023	Wed	Practice	N/A	3:30 PM		Greene HS	Departure Point: 10 Departure Time: 3:15 PM	
Dec 21, 2023	Thu	Practice	N/A	3:30 PM		Greene HS	Departure Point: 10 Departure Time: 3:15 PM	
Dec 22, 2023	Fri	Practice	N/A	2:30 PM		TBD	Departure Point: 10 Departure Time: 2:15 PM	
Jan 3, 2024	Wed	Practice	N/A	3:30 PM		Greene HS	Departure Point: 10 Departure Time: 3:15 PM	
Jan 4, 2024	Thu	Regular Season	Norwich @ Chenango Valley	5:30 PM	7:00 PM	CV - HS Pool	Departure Point: 7 Departure Time: 4:15 PM	L
Jan 5, 2024	Fri	Practice	N/A	3:30 PM		Greene HS	Departure Point: 10 Departure Time: 3:15 PM	
Jan 8, 2024	Mon	Practice	N/A	3:30 PM		Greene HS	Departure Point: 10 Departure Time: 3:15 PM	
Jan 10, 2024	Wed	Practice	N/A	3:30 PM		Greene HS	Departure Point: 10 Departure Time: 3:15 PM	
Jan 11, 2024	Thu	Regular Season	Waverly @ Susquehanna Valley	5:30 PM		SVHS Pool	Departure Point: 7 Departure Time: 4:00 PM	L
Jan 12, 2024	Fri	Practice	N/A	3:30 PM		Greene HS	Departure Point: 10 Departure Time: 3:15 PM	

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Jan 16, 2024	Tue	Practice	N/A	3:30 PM		Greene HS	Departure Point: 10 Departure Time: 3:15 PM	
Jan 17, 2024	Wed	Practice	N/A	3:30 PM		Greene HS	Departure Point: 10 Departure Time: 3:15 PM	
Jan 18, 2024	Thu	Regular Season	Binghamton @ Norwich	5:30 PM	7:30 PM	NHS Pool	Departure Point: 7 Departure Time: 3:45 PM	L
Jan 19, 2024	Fri	Practice	N/A	3:30 PM		Greene HS	Departure Point: 10 Departure Time: 3:15 PM	
Jan 20, 2024	Sat	Regular Season (Mod Swim Invitational)	@ TBD	12:00 PM		Maine-Endwell HS Pool	Departure Point: 7 Departure Time: 10:30 AM	NL
Jan 22, 2024	Mon	Practice	N/A	3:30 PM		Greene HS	Departure Point: 10 Departure Time: 3:15 PM	
CANCELLED Jan 23, 2024	Tue	Practice	N/A	3:30 PM		Greene HS	Departure Point: 10 Departure Time: 3:15 PM	
Jan 24, 2024	Wed	Practice	N/A	3:30 PM		Greene HS	Departure Point: 10 Departure Time: 3:15 PM	
Jan 25, 2024	Thu	Regular Season	Windsor @ Chenango Valley	5:30 PM	7:30 PM	CV - HS Pool	Departure Point: 7 Departure Time: 4:15 PM	L
Jan 26, 2024	Fri	Practice	N/A	3:30 PM		Greene HS	Departure Point: 10 Departure Time: 3:15 PM	
Jan 27, 2024	Sat	Practice	N/A	9:00 AM		Greene HS	Departure Point: 10 Departure Time: 8:30 AM	
Jan 29, 2024	Mon	Practice	N/A	3:30 PM		Greene HS	Departure Point: 10 Departure Time: 3:15 PM	
Jan 30, 2024	Tue	Practice	N/A	3:30 PM		Greene HS	Departure Point: 10 Departure Time: 3:15 PM	
Jan 31, 2024	Wed	Practice	N/A	3:30 PM		Greene HS	Departure Point: 10 Departure Time: 3:15 PM	
Feb 2, 2024	Fri	Practice	N/A	3:30 PM		Greene HS	Departure Point: 10 Departure Time: 3:15 PM	

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Feb 5, 2024	Mon	Regular Season	Johnson City @ Susquehanna Valley	5:30 PM	7:00 PM	SVHS Pool	Departure Point: 7 Departure Time: 4:15 PM	L

Date: 2025-12-05