



Chenango Forks

(B) 7/8TH Swimming/Diving

Coaches:

- Cory Helfrich

| DATE | WEEK DAY | TYPE | OPPONENTS | START TIME | END TIME | LOCATION | TRANSPORTATION | LEAGUE / NON-LEAGUE |
|--------------|----------|--|------------------------------|------------|----------|--------------------------|--|---------------------|
| Dec 8, 2022 | Thu | Regular Season | Windsor @ Chenango Valley | 5:30 PM | 7:00 PM | CV - HS Pool | Departure Point: 7 Departure Time: 4:15 PM | L |
| Jan 5, 2023 | Thu | Regular Season | Chenango Valley, Norwich | 5:30 PM | 7:00 PM | High School - Pool | | L |
| Jan 9, 2023 | Mon | Regular Season | Binghamton @ Windsor | 5:30 PM | 7:00 PM | Windsor High School Pool | Departure Point: 7 Departure Time: 4:00 PM | L |
| Jan 12, 2023 | Thu | Regular Season | Susquehanna Valley, Windsor | 5:30 PM | 7:00 PM | High School - Pool | | L |
| Jan 14, 2023 | Sat | Regular Season (Maine Endwell Invite) | @ TBD | TBD | | Maine-Endwell HS Pool | Departure Point: 7 Departure Time: 9:30 AM | NL |
| Jan 19, 2023 | Thu | Regular Season | Norwich @ Binghamton | 5:30 PM | 7:00 PM | East Middle School Pool | Departure Point: 7 Departure Time: 4:00 PM | L |
| Jan 20, 2023 | Fri | Regular Season (Mod Swim Invitational) | @ TBD | TBD | | Maine-Endwell HS Pool | Departure Point: 7 Departure Time: 10:30 AM | NL |
| Jan 26, 2023 | Thu | Regular Season | Windsor @ Susquehanna Valley | 5:30 PM | 7:00 PM | SVHS Pool | Departure Point: 7 Departure Time: 4:00 PM | L |

Date: 2025-12-06