



Chenango Forks

(G) 7/8TH Swimming/Diving

Coaches:

- Cory Helfrich

| DATE | WEEK DAY | TYPE | OPPONENTS | START TIME | END TIME | LOCATION | TRANSPORTATION | LEAGUE / NON-LEAGUE |
|--------------|----------|----------------|---------------------------------|------------|----------|-----------|--|---------------------|
| Sep 6, 2023 | Wed | Practice | N/A | 3:30 PM | | Greene HS | Departure Point: 10 Departure Time: 3:15 PM | |
| Sep 7, 2023 | Thu | Practice | N/A | 3:30 PM | | Greene HS | Departure Point: 10 Departure Time: 3:15 PM | |
| Sep 8, 2023 | Fri | Practice | N/A | 3:30 PM | | Greene HS | Departure Point: 10 Departure Time: 3:15 PM | |
| Sep 9, 2023 | Sat | Practice | N/A | 9:00 AM | | Greene HS | Departure Point: 10 Departure Time: 8:30 AM | |
| Sep 11, 2023 | Mon | Practice | N/A | 3:30 PM | | Greene HS | Departure Point: 10 Departure Time: 3:15 PM | |
| Sep 12, 2023 | Tue | Practice | N/A | 3:30 PM | | Greene HS | Departure Point: 10 Departure Time: 3:15 PM | |
| Sep 13, 2023 | Wed | Practice | N/A | 3:30 PM | | Greene HS | Departure Point: 10 Departure Time: 3:15 PM | |
| Sep 14, 2023 | Thu | Practice | N/A | 3:30 PM | | Greene HS | Departure Point: 10 Departure Time: 3:15 PM | |
| Sep 15, 2023 | Fri | Practice | N/A | 3:30 PM | | Greene HS | Departure Point: 10 Departure Time: 3:15 PM | |
| Sep 16, 2023 | Sat | Practice | N/A | 9:00 AM | | Greene HS | Departure Point: 10 Departure Time: 8:30 AM | |
| Sep 18, 2023 | Mon | Practice | N/A | 3:30 PM | | Greene HS | Departure Point: 10 Departure Time: 3:15 PM | |
| Sep 19, 2023 | Tue | Practice | N/A | 3:30 PM | | Greene HS | Departure Point: 10 Departure Time: 3:15 PM | |
| Sep 20, 2023 | Wed | Practice | N/A | 3:30 PM | | Greene HS | Departure Point: 10 Departure Time: 3:15 PM | |
| Sep 21, 2023 | Thu | Regular Season | Oneonta @ Susquehanna Valley | 5:30 PM | 7:00 PM | SVHS Pool | Departure Point: 7 Departure Time: 4:15 PM | L |

| DATE | WEEK DAY | TYPE | OPPONENTS | START TIME | END TIME | LOCATION | TRANSPORTATION | LEAGUE / NON-LEAGUE |
|--------------|----------|----------------|---------------------------|------------|----------|--------------------------|--|---------------------|
| Sep 22, 2023 | Fri | Practice | N/A | 3:30 PM | | Greene HS | Departure Point: 10 Departure Time: 3:15 PM | |
| Sep 23, 2023 | Sat | Practice | N/A | 9:00 AM | | Greene HS | Departure Point: 10 Departure Time: 8:30 AM | |
| Sep 25, 2023 | Mon | Practice | N/A | 3:30 PM | | Greene HS | Departure Point: 10 Departure Time: 3:15 PM | |
| Sep 26, 2023 | Tue | Regular Season | @ Windsor | 5:30 PM | 7:30 PM | Windsor High School Pool | Departure Point: 7 Departure Time: 4:15 PM | L |
| Sep 27, 2023 | Wed | Practice | N/A | 3:30 PM | | Greene HS | Departure Point: 10 Departure Time: 3:15 PM | |
| Sep 28, 2023 | Thu | Practice | N/A | 3:30 PM | | Greene HS | Departure Point: 10 Departure Time: 3:15 PM | |
| Sep 29, 2023 | Fri | Practice | N/A | 3:30 PM | | Greene HS | Departure Point: 10 Departure Time: 3:15 PM | |
| Oct 2, 2023 | Mon | Practice | N/A | 3:30 PM | | Greene HS | Departure Point: 10 Departure Time: 3:15 PM | |
| Oct 3, 2023 | Tue | Regular Season | @ Windsor | 5:30 PM | 6:45 PM | Windsor High School Pool | Departure Point: 10 | L |
| Oct 4, 2023 | Wed | Practice | N/A | 3:30 PM | | Greene HS | Departure Point: 10 Departure Time: 3:15 PM | |
| Oct 5, 2023 | Thu | Practice | N/A | 3:30 PM | | Greene HS | Departure Point: 10 Departure Time: 3:15 PM | |
| Oct 6, 2023 | Fri | Practice | N/A | 3:30 PM | | Greene HS | Departure Point: 10 Departure Time: 3:15 PM | |
| Oct 7, 2023 | Sat | Practice | N/A | 9:00 AM | | Greene HS | Departure Point: 10 Departure Time: 8:30 AM | |
| Oct 10, 2023 | Tue | Practice | N/A | 3:30 PM | | Greene HS | | |
| Oct 11, 2023 | Wed | Regular Season | Oneonta @ Chenango Valley | 5:45 PM | 7:30 PM | CV - HS Pool | Departure Point: 7 Departure Time: 4:15 PM | L |
| Oct 14, 2023 | Sat | Practice | N/A | 9:00 AM | | Greene HS | Departure Point: 10 Departure Time: 8:30 AM | |

| DATE | WEEK DAY | TYPE | OPPONENTS | START TIME | END TIME | LOCATION | TRANSPORTATION | LEAGUE / NON-LEAGUE |
|--------------|----------|----------------|-----------------------------------|------------|----------|------------|--|---------------------|
| Oct 16, 2023 | Mon | Regular Season | Susquehanna Valley @ Johnson City | 5:30 PM | 7:30 PM | JC HS Pool | Departure Point: 7 Departure Time: 4:15 PM | L |
| Oct 17, 2023 | Tue | Practice | N/A | 3:30 PM | | Greene HS | Departure Point: 10 Departure Time: 3:15 PM | |
| Oct 18, 2023 | Wed | Practice | N/A | 3:30 PM | | Greene HS | Departure Point: 10 Departure Time: 3:15 PM | |
| Oct 19, 2023 | Thu | Regular Season | Norwich @ Johnson City | 5:30 PM | 7:00 PM | JC HS Pool | Departure Point: 7 Departure Time: 4:15 PM | L |
| Oct 20, 2023 | Fri | Practice | N/A | 3:30 PM | | Greene HS | Departure Point: 10 Departure Time: 3:15 PM | |

Date: 2024-04-30