

| DATE         | WEEK<br>DAY | ТҮРЕ                               | OPPONENTS   | START<br>TIME | END<br>TIME | LOCATION   | TRANSPORTATION   | LEAGUE<br>/ NON-<br>LEAGUE |
|--------------|-------------|------------------------------------|---|---------------|-------------|--|--|----------------------------|
| Apr 1, 2023  | Sat         | Regular Season<br>(NY / PA)        | @ TBD   | 10:00<br>AM   |             | TBD  |  | NL                         |
| Apr 13, 2023 | Thu         | Regular Season<br>(MAC Meet #2)    | Deposit (Deposit-<br>Hancock), Walton @<br>Sidney   | 4:30<br>PM    |             | Sidney HS<br>Track                                       |  | L                          |
| Apr 19, 2023 | Wed         | Regular Season<br>(MAC Meet #3)    | Unatego, Sidney,<br>Harpursville<br>(Afton/Harpur), Oxford<br>(Greene/Oxford)   | 4:30<br>PM    |             | Bainbridge-<br>Guilford<br>Track and<br>Field<br>Complex |  | L                          |
| Apr 22, 2023 | Sat         | Regular Season<br>(Quinney Invite) | Harpursville (Afton/Harpur), Schenevus (Schenevus/Worcester), Oxford (Greene/Oxford), Unadilla Valley (UV), Deposit (Deposit- Hancock), Delaware Academy, Edmeston (Morris/Edmeston), Walton, Chenango Valley, Norwich, Oneonta, Newark Valley, Unatego, Greene (Greene/Oxford), Laurens (Laurens/Milford), Whitney Point, Cooperstown @ Sidney | 10:00<br>AM   |             | Sidney HS<br>Track                                       | Departure Point:<br>Fitness Center Exit<br>Departure Date:<br>Apr 22, 2023<br>Departure Time:<br>8:45 AM | NL                         |
| Apr 24, 2023 | Mon         | Regular Season<br>(MAC Meet #1)    | Sidney, Oxford<br>(Greene/Oxford),<br>Unadilla Valley (UV) @<br>Greene<br>(Greene/Oxford)   | 4:30<br>PM    |             | Greene High<br>School Track                              |  | L                          |
| Apr 26, 2023 | Wed         | Regular Season<br>(MAC Meet #4)    | Sidney, Oxford<br>(Greene/Oxford),<br>Unadilla Valley (UV) @<br>Walton  | 4:30<br>PM    |             | Walton Track   | Departure Point:<br>Fitness Center Exit<br>Departure Date:<br>Apr 26, 2023<br>Departure Time:<br>3:15 PM | L                          |
| Apr 28, 2023 | Fri         | Regular Season<br>(Gerry-O)        | @ TBD   | 5:00<br>PM    |             | TBD  | Departure Point:<br>Fitness Center Exit<br>Departure Date:<br>Apr 28, 2023<br>Departure Time:<br>3:15 PM | NL                         |
| May 5, 2023  | Fri         | Regular Season<br>(REK)            | Unatego, Oxford (Greene/Oxford), DeRuyter, Edmeston (Morris/Edmeston), Sherburne-Earlville, Cincinnatus, Deposit (Deposit-Hancock), Morrisville-Eaton, Unadilla Valley (UV), Sidney @ Norwich   | 4:00<br>PM    | 9:00<br>PM  | NHS Stadium<br>(Turf Field)                              | Departure Point:<br>Fitness Center Exit<br>Departure Date:<br>May 5, 2023<br>Departure Time:<br>2:30 PM  | NL                         |

| DATE         | WEEK<br>DAY | ТҮРЕ   | OPPONENTS   | START<br>TIME | END<br>TIME LOCATION          | TRANSPORTATION   | LEAGUE<br>/ NON-<br>LEAGUE |
|--------------|-------------|--|---|---------------|-------------------------------|--|----------------------------|
| May 8, 2023  | Mon         | Regular Season<br>(MAC Relays)                             | Deposit (Deposit-<br>Hancock), Greene<br>(Greene/Oxford),<br>Oxford<br>(Greene/Oxford),<br>Unadilla Valley (UV),<br>Harpursville<br>(Afton/Harpur),<br>Unatego, Delaware<br>Academy, Walton @<br>Sidney   | 4:15<br>PM    | Sidney HS<br>Track            | Departure Point:<br>Fitness Center Exit<br>Departure Date:<br>May 2, 2023<br>Departure Time:<br>2:45 PM  | L                          |
| May 10, 2023 | Wed         | Regular Season<br>(Harbaugh<br>Invitational)               | Edmeston (Morris/Edmeston), Stamford, Franklin, Milford (Laurens/Milford), Unatego, Harpursville (Afton/Harpur), Unadilla Valley (UV), Deposit (Deposit-Hancock), South Kortright, Charlotte Valley, Cherry Valley-Springfield (CVS-SS), Schenevus (Schenevus/Worcester) @ Delaware Academy | 4:00<br>PM    | Track and<br>Field<br>Complex | Departure Point: Fitness Center Exit Departure Date: May 10, 2023 Departure Time: 2:30 PM                | NL                         |
| May 12, 2023 | Fri         | Regular Season<br>(Oneonta<br>Yellowjacket<br>Invite)      | @ TBD   | 4:30<br>PM    | TBD                           | Departure Point:<br>Fitness Center Exit  | L                          |
| May 13, 2023 | Sat         | Regular Season<br>(Parkhurst Invite<br>@ U-E)              | @ TBD   | 12:00<br>PM   | TBD                           | <b>Departure Point:</b> Fitness Center Exit  | L                          |
| May 17, 2023 | Wed         | Regular Season<br>(MAC<br>Championships)                   | Deposit (Deposit-<br>Hancock), Greene<br>(Greene/Oxford),<br>Oxford<br>(Greene/Oxford),<br>Unadilla Valley (UV),<br>Harpursville<br>(Afton/Harpur),<br>Unatego, Walton,<br>Delaware Academy @<br>Sidney   | 4:15<br>PM    | Sidney HS<br>Track            | Departure Point:<br>Fitness Center Exit<br>Departure Date:<br>May 17, 2023<br>Departure Time:<br>2:45 PM | L                          |
| May 22, 2023 | Mon         | Regular Season<br>(Class D<br>Championship at<br>Marathon) | @ TBD   | 4:00<br>PM    | TBD                           | Departure Point:<br>Fitness Center Exit  | L                          |
| May 23, 2023 | Tue         | Post-Season<br>(Class D<br>Championship at<br>Marathon)    | @ TBD   | 2:00<br>PM    | TBD                           | Departure Point:<br>Fitness Center Exit  | NL                         |
| May 31, 2023 | Wed         | Post-Season<br>(State Qualifer @<br>Union-Endicott)        | @ TBD   | 5:00<br>PM    | TBD                           | <b>Departure Point:</b><br>Fitness Center Exit   | NL                         |
| Jun 1, 2023  | Thu         | Post-Season<br>(State Qualifer @<br>Union-Endicott)        | @ TBD   | 5:00<br>PM    | TBD                           | <b>Departure Point:</b><br>Fitness Center Exit   | NL                         |

Date: 2025-12-05