



Bainbridge Guilford

(B) V Outdoor Track

Coaches:

- Nick Mayo

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Apr 1, 2023	Sat	Regular Season (NY / PA)	@ TBD	10:00 AM		TBD		NL
Apr 13, 2023	Thu	Regular Season (MAC Meet #2)	Deposit (Deposit-Hancock), Walton @ Sidney	4:30 PM		Sidney HS Track	Departure Point: Fitness Center Exit Departure Date: Apr 13, 2023 Departure Time: 3:15 PM	L
Apr 19, 2023	Wed	Regular Season (MAC Meet #3)	Sidney, Harpursville (Afton/Harpur), Oxford (Greene/Oxford), Unatego	4:30 PM		Bainbridge-Guilford Track and Field Complex		L
Apr 22, 2023	Sat	Regular Season (Quinney Invite)	Harpursville (Afton/Harpur), Whitney Point, Cooperstown, Schenevus (Schenevus/Worcester), Oxford (Greene/Oxford), Unadilla Valley (UV), Deposit (Deposit-Hancock), Delaware Academy, Edmeston (Morris/Edmeston), Walton, Chenango Valley, Norwich, Oneonta, Newark Valley, Unatego, Greene (Greene/Oxford), Laurens (Laurens/Milford) @ Sidney	10:00 AM		Sidney HS Track	Departure Point: Fitness Center Exit Departure Date: Apr 22, 2023 Departure Time: 8:45 AM	NL
Apr 24, 2023	Mon	Regular Season (MAC Meet #1)	Sidney, Oxford (Greene/Oxford), Unadilla Valley (UV) @ Greene (Greene/Oxford)	4:30 PM		Greene High School Track	Departure Point: Fitness Center Exit Departure Date: Apr 24, 2023 Departure Time: 3:15 PM	L
Apr 26, 2023	Wed	Regular Season (MAC Meet #4)	Sidney, Oxford (Greene/Oxford), Unadilla Valley (UV) @ Walton	4:30 PM		Walton Track	Departure Point: Fitness Center Exit Departure Date: Apr 26, 2023 Departure Time: 3:15 PM	L
Apr 28, 2023	Fri	Regular Season (Gerry-O)	@ TBD	5:00 PM		TBD	Departure Point: Fitness Center Exit Departure Date: Apr 28, 2023 Departure Time: 3:15 PM	NL

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
May 5, 2023	Fri	Regular Season (REK)	Unatego, Oxford (Greene/Oxford), DeRuyter, Edmeston (Morris/Edmeston), Sherburne-Earlville, Cincinnatus, Deposit (Deposit-Hancock), Morrisville-Eaton, Unadilla Valley (UV), Sidney @ Norwich	4:00 PM	9:00 PM	NHS Stadium (Turf Field)	Departure Point: Fitness Center Exit Departure Date: May 5, 2023 Departure Time: 2:30 PM	NL
May 8, 2023	Mon	Regular Season (MAC Relays)	Walton, Delaware Academy, Deposit (Deposit-Hancock), Greene (Greene/Oxford), Oxford (Greene/Oxford), Unadilla Valley (UV), Harpursville (Afton/Harpur), Unatego @ Sidney	4:15 PM		Sidney HS Track	Departure Point: Fitness Center Exit Departure Date: May 2, 2023 Departure Time: 2:45 PM	L
May 10, 2023	Wed	Regular Season (Harbaugh Invitational)	Edmeston (Morris/Edmeston), Stamford, Franklin, Milford (Laurens/Milford Boys and Girls), Unatego, Harpursville (Afton/Harpur), Unadilla Valley (UV), Deposit (Deposit-Hancock), South Kortright, Charlotte Valley, Cherry Valley-Springfield (CVS-SS), Schenevus (Schenevus/Worcester) @ Delaware Academy	4:00 PM		Track and Field Complex	Departure Point: Fitness Center Exit Departure Date: May 10, 2023 Departure Time: 2:30 PM	NL
May 12, 2023	Fri	Regular Season (Oneonta Yellowjacket Invite)	@ TBD	4:30 PM		TBD	Departure Point: Fitness Center Exit	L
May 13, 2023	Sat	Regular Season (Parkhurst Invite @ U-E)	@ TBD	12:00 PM		TBD	Departure Point: Fitness Center Exit	L
May 17, 2023	Wed	Regular Season (MAC Championships)	Delaware Academy, Deposit (Deposit-Hancock), Greene (Greene/Oxford), Oxford (Greene/Oxford), Unadilla Valley (UV), Harpursville (Afton/Harpur), Unatego, Walton @ Sidney	4:15 PM		Sidney HS Track	Departure Point: Fitness Center Exit Departure Date: May 17, 2023 Departure Time: 2:45 PM	L
May 22, 2023	Mon	Post-Season (Class D Championship at Marathon)	@ TBD	4:00 PM		TBD	Departure Point: Fitness Center Exit	NL
May 23, 2023	Tue	Post-Season (Class D Championship at Marathon)	@ TBD	2:00 PM		TBD	Departure Point: Fitness Center Exit	NL
May 31, 2023	Wed	Post-Season (State Qualifer @ Union-Endicott)	@ TBD	5:00 PM		TBD	Departure Point: Fitness Center Exit	NL

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON- LEAGUE
Jun 1, 2023	Thu	Post-Season (State Qualifier @ Union-Endicott)	@ TBD	5:00 PM		TBD	Departure Point: Fitness Center Exit	NL

Date: 2025-12-05