



# Bainbridge Guilford

## (B) V Cross Country

**Coaches:**

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Sep 6, 2025	Sat	Regular Season (Dave Forbes Invite)	@ TBD	11:15 AM	1:15 PM	Dave Forbes Invite		NL
Sep 13, 2025	Sat	Regular Season (QBY INVY)	Auburn, Shaker High School, Greenville, Lake George, Schenectady High School, Monticello, Niskayuna High School, Vernon-Verona-Sherrill, Our Lady of Lourdes, Christian Brothers Academy, Albany, Colonie High School, Roy C Ketcham/Wappingers JHS, Phoenix, Central Valley Academy, Gloversville, Broadalbin-Perth, Watervliet, Chatham, Amsterdam, Shenendehowa High School, South Lewis, Hudson Falls, TBD @ Queensbury	9:00 AM		Queensbury HS, Trails @ Elem. School		NL
Sep 16, 2025	Tue	Regular Season (MAC Meet #1)	@ Unadilla Valley (UV/GMU)	5:35 PM	6:10 PM	TBD		L
Sep 19, 2025	Fri	Regular Season (Owego Dash in the Dark (4K/2K))	@ Owego Apalachin	6:00 PM		Owego Free Academy		L
Sep 23, 2025	Tue	Regular Season (Meghan Sorbera Invite (4k/2k))	@ Edmeston (Edmeston/Morris)	5:15 PM	6:00 PM	Pathfinder Village		L
Sep 27, 2025	Sat	Regular Season (McQuaid Invitational (Genesee Valley Park 840 e River Rd. Rochester, NY 14623) Varsity Only)	@ Genesee Valley	12:40 PM	1:30 PM	Genesee Valley Park 840 E River Rd, Rochester, NY 14623		NL
Sep 30, 2025	Tue	Regular Season (Mac Meet #2 (General Clinton Park) 2518 NY-7, Bainbridge, NY 13733)	TBD	4:00 PM	6:30 PM	General Clinton Park		L
Sep 30, 2025	Tue	Regular Season (MAC Meet)	Sidney	4:45 PM		General Clinton Park		L
Sep 30, 2025	Tue	Regular Season (General Clinton Park)	Unadilla Valley (UV/GMU)	4:45 PM		General Clinton Park		L
Sep 30, 2025	Tue	Regular Season (MAC League Invite)	Morris (Morris/Edmeston)	5:00 PM		General Clinton Park		L

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Oct 4, 2025	Sat	Regular Season (BGAH Invite)	TBD	8:00 AM	2:00 PM	General Clinton Park		L
Oct 4, 2025	Sat	Regular Season (Bainbridge Invite )	Edmeston (Edmeston/Morris)	10:30 AM		General Clinton Park		NL
Oct 8, 2025	Wed	Regular Season	@ Delaware Academy	4:30 AM		SUNY DELHI Golf Course		L
Oct 11, 2025	Sat	Regular Season	@ Norwich	10:20 AM		NHS Cross Country Field		L
Oct 15, 2025	Wed	Regular Season	@ TBD	4:00 PM	7:00 PM	Bill McCann Relays		L
Oct 29, 2025	Wed	Regular Season (MAC Cross Country Championships)	TBD	4:00 PM	7:00 PM	General Clinton Park		L
Nov 6, 2025	Thu	Regular Season (Section 4 Championships)	@ TBD	12:30 PM	2:00 PM	Chenango Valley State Park		L
Nov 15, 2025	Sat	Post-Season	South Lewis, Phoenix, Nottingham (Nottingham) @ Queensbury	9:00 AM		Queensbury HS, Trails @ Elem. School		NL

Date: 2025-12-14