



Westmoreland (B) V Volleyball

Coaches:

- Michael Sweeney

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Nov 11, 2025	Tue	Practice	N/A	3:00 PM	4:30 PM	HS Gym		
Nov 19, 2025	Wed	Practice	N/A	6:30 PM	8:00 PM	HS Gym		
Nov 26, 2025	Wed	Practice	N/A	1:00 PM	2:30 PM	HS Gym		
Dec 1, 2025	Mon	Practice	N/A	3:00 PM	4:30 PM	Upper Elem/MS Gym		
Dec 2, 2025	Tue	Practice	N/A	4:30 PM	6:00 PM	Upper Elem/MS Gym		
Dec 3, 2025	Wed	Practice	N/A	2:30 PM	4:30 PM	HS Gym		
Dec 4, 2025	Thu	Practice	N/A	2:30 PM	4:30 PM	HS Gym		
Dec 5, 2025	Fri	Practice	N/A	2:30 PM	4:30 PM	HS Gym		
Dec 8, 2025	Mon	Practice	N/A	2:30 PM	4:30 PM	HS Gym		
Dec 9, 2025	Tue	Practice	N/A	3:00 PM	4:30 PM	Upper Elem/MS Gym		
Dec 10, 2025	Wed	Practice	N/A	2:30 PM	4:30 PM	HS Gym		
Dec 11, 2025	Thu	Practice	N/A	6:30 PM	8:00 PM	HS Gym		
Dec 12, 2025	Fri	Practice	N/A	2:30 PM	4:30 PM	HS Gym		
Dec 15, 2025	Mon	Practice	N/A	2:30 PM	4:30 PM	HS Gym		
Dec 16, 2025	Tue	Practice	N/A	4:30 PM	6:00 PM	Upper Elem/MS Gym		
Dec 17, 2025	Wed	Regular Season	@ Chittenango	7:00 PM	8:30 PM	Bolivar Rd Elem- Gym	Departure Time: 4:00 PM	NL
Dec 18, 2025	Thu	Regular Season	Central Valley Academy	6:45 PM		Upper Elem/MS Gym		NL
Dec 19, 2025	Fri	Practice	N/A	3:00 PM	4:30 PM	Upper Elem/MS Gym		
Dec 20, 2025	Sat	Scrimmage (Canastota Boys Volleyball Pre-Season Scrimmage)	Central Valley Academy, Oneida, Catskill, Chittenango, Little Falls, Rome Free Academy, Vernon-Verona-Sherrill, Sauquoit Valley, Utica Proctor, Voorheesville @ Canastota	9:30 AM		Laidlaw Gym		NL
Dec 22, 2025	Mon	Practice	N/A	10:00 AM	12:00 PM	HS Gym		

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Dec 23, 2025	Tue	Regular Season	Rome Free Academy	1:00 PM		HS Gym		NL
Dec 29, 2025	Mon	Practice	N/A	10:00 AM	12:00 PM	HS Gym		
Dec 30, 2025	Tue	Practice	N/A	10:00 AM	12:00 PM	HS Gym		
Jan 2, 2026	Fri	Practice	N/A	10:00 AM	12:00 PM	HS Gym		
Jan 3, 2026	Sat	Practice	N/A	8:00 AM	10:00 AM	Upper Elem/MS Gym		
Jan 5, 2026	Mon	Practice	N/A	4:30 PM	6:30 PM	HS Gym		
Jan 6, 2026	Tue	Regular Season	@ Rome Free Academy	7:00 PM		Buddy Evans Gym (Strough MS)		NL
Jan 7, 2026	Wed	Regular Season	Sauquoit Valley	6:45 PM	8:15 PM	Westmoreland H S		L
Jan 8, 2026	Thu	Practice	N/A	2:30 PM	4:30 PM	HS Gym		
Jan 9, 2026	Fri	Practice	N/A	2:30 PM	4:30 PM	HS Gym		
Jan 12, 2026	Mon	Practice	N/A	2:30 PM	4:30 PM	HS Gym		
Jan 13, 2026	Tue	Regular Season	@ Little Falls	5:30 PM		MS Gym		L
Jan 14, 2026	Wed	Practice	N/A	2:30 PM	4:30 PM	HS Gym		
Jan 15, 2026	Thu	Practice	N/A	4:30 PM	5:30 PM	Upper Elem/MS Gym		
Jan 16, 2026	Fri	Practice	N/A	2:30 PM	4:30 PM	HS Gym		
Jan 19, 2026	Mon	Practice	N/A	2:30 PM	4:30 PM	HS Gym		
Jan 20, 2026	Tue	Regular Season	@ Canastota	6:45 PM	8:15 PM	Laidlaw Gym		L
Jan 21, 2026	Wed	Practice	N/A	2:30 PM	4:30 PM	HS Gym		
Jan 22, 2026	Thu	Regular Season	@ Herkimer	6:00 PM	8:15 PM	Elementary School Gym		L
Jan 23, 2026	Fri	Practice	N/A	4:30 PM	6:30 PM	HS Gym		
Jan 24, 2026	Sat	Regular Season	Utica Proctor	1:00 PM		HS Gym		NL
Jan 26, 2026	Mon	Practice	N/A	2:30 PM	4:30 PM	HS Gym		
Jan 27, 2026	Tue	Regular Season	@ Vernon-Verona-Sherrill	6:45 PM		VVS MS Gym		NL
Jan 28, 2026	Wed	Practice	N/A	2:30 PM	4:30 PM	HS Gym		
Jan 29, 2026	Thu	Regular Season	Oneida	6:45 PM		HS Gym		NL
Jan 30, 2026	Fri	Practice	N/A	2:30 PM	4:30 PM	HS Gym		
Feb 2, 2026	Mon	Practice	N/A	6:30 PM	8:00 PM	HS Gym		
Feb 3, 2026	Tue	Regular Season	@ Sauquoit Valley	6:45 PM	8:15 PM	MS Gym		L

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Feb 4, 2026	Wed	Practice	N/A	2:30 PM	4:30 PM	HS Gym		
Feb 5, 2026	Thu	Regular Season	Little Falls	6:45 PM	8:15 PM	Westmoreland H S		L
Feb 11, 2026	Wed	Regular Season	Canastota	6:45 PM	8:15 PM	Westmoreland H S		L
Feb 13, 2026	Fri	Regular Season	Herkimer	6:45 PM	8:15 PM	Upper Elem/MS Gym		L
TBD		Practice	N/A	2:30 PM	4:30 PM	HS Gym		

Date: 2025-12-14