

Coaches:

- Greg Williams
- Jason Livingston

DATE	WEEK DAY	ТҮРЕ	OPPONENTS	START TIME	END TIME	LOCATION	LEAGUE TRANSPORTATION / NON- LEAGUE
Mar 12, 2024	Tue	Practice (Outdoor Track (Girls) Practice)	N/A	2:30 PM	4:00 PM	HS Gym	
Mar 13, 2024	Wed	Practice (Outdoor Track (Girls) Practice)	N/A	2:30 PM	4:00 PM	HS Gym	
Mar 14, 2024	Thu	Practice (Outdoor Track (Girls) Practice)	N/A	2:30 PM	4:00 PM	HS Gym	
Mar 18, 2024	Mon	Practice (Outdoor Track (Girls) Practice)	N/A	2:30 PM	4:00 PM	HS Gym	
Mar 19, 2024	Tue	Practice (Outdoor Track (Girls) Practice)	N/A	2:30 PM	4:00 PM	Accelerate Sports Complex	
Mar 20, 2024	Wed	Practice (Outdoor Track (Girls) Practice)	N/A	2:30 PM	4:00 PM	Accelerate Sports Complex	
Mar 21, 2024	Thu	Practice (Outdoor Track (Girls) Practice)	N/A	2:30 PM	4:00 PM	Accelerate Sports Complex	
Mar 22, 2024	Fri	Practice (Outdoor Track (Girls) Practice)	N/A	2:30 PM	3:30 PM	weight room	
Mar 25, 2024	Mon	Practice (Outdoor Track (Girls) Practice)	N/A	2:30 PM	4:00 PM	Upper Elem/MS Gym	
Mar 26, 2024	Tue	Practice (Outdoor Track (Girls) Practice)	N/A	2:30 PM	4:00 PM	Upper Elem/MS Gym	
Mar 27, 2024	Wed	Practice (Outdoor Track (Girls) Practice)	N/A	2:30 PM	4:00 PM	HS Gym	
Mar 28, 2024	Thu	Practice (Outdoor Track (Girls) Practice)	N/A	2:30 PM	4:00 PM	Upper Elem/MS Gym	
Mar 29, 2024	Fri	Practice (Outdoor Track (Girls) Practice)	N/A	2:30 PM	4:00 PM	Upper Elem/MS Gym	
Apr 9, 2024	Tue	Regular Season	Oriskany, Remsen	4:30 PM		Westmoreland H S	L
Apr 18, 2024	Thu	Regular Season	Waterville, Town of Webb UFSD (Varsity Girls Track), Living Word Academy	4:30 PM		Westmoreland H S	L
May 7, 2024	Tue	Regular Season	Poland, Town of Webb UFSD (Varsity Girls Track)	4:30 PM		Westmoreland H S	L

Date: 2024-04-20