



Westmoreland (G) V Outdoor Track

Coaches:

- Greg Williams
- Jason Livingston

| DATE | WEEK DAY | TYPE | OPPONENTS | START TIME | END TIME | LOCATION | TRANSPORTATION | LEAGUE / NON-LEAGUE |
|--------------|----------|---|--|------------|----------|----------------------------------|-----------------------------------|---------------------|
| Mar 12, 2024 | Tue | Practice (Outdoor Track (Girls) Practice) | N/A | 2:30 PM | 4:00 PM | HS Gym | | |
| Mar 13, 2024 | Wed | Practice (Outdoor Track (Girls) Practice) | N/A | 2:30 PM | 4:00 PM | HS Gym | | |
| Mar 14, 2024 | Thu | Practice (Outdoor Track (Girls) Practice) | N/A | 2:30 PM | 4:00 PM | HS Gym | | |
| Mar 18, 2024 | Mon | Practice (Outdoor Track (Girls) Practice) | N/A | 2:30 PM | 4:00 PM | HS Gym | | |
| Mar 19, 2024 | Tue | Practice (Outdoor Track (Girls) Practice) | N/A | 2:30 PM | 4:00 PM | Accelerate Sports Complex | | |
| Mar 20, 2024 | Wed | Practice (Outdoor Track (Girls) Practice) | N/A | 2:30 PM | 4:00 PM | Accelerate Sports Complex | | |
| Mar 21, 2024 | Thu | Practice (Outdoor Track (Girls) Practice) | N/A | 2:30 PM | 4:00 PM | Accelerate Sports Complex | | |
| Mar 22, 2024 | Fri | Practice (Outdoor Track (Girls) Practice) | N/A | 2:30 PM | 3:30 PM | weight room | | |
| Mar 25, 2024 | Mon | Practice (Outdoor Track (Girls) Practice) | N/A | 2:30 PM | 4:00 PM | Upper Elem/MS Gym | | |
| Mar 26, 2024 | Tue | Practice (Outdoor Track (Girls) Practice) | N/A | 2:30 PM | 4:00 PM | Upper Elem/MS Gym | | |
| Mar 27, 2024 | Wed | Practice (Outdoor Track (Girls) Practice) | N/A | 2:30 PM | 4:00 PM | HS Gym | | |
| Mar 28, 2024 | Thu | Practice (Outdoor Track (Girls) Practice) | N/A | 2:30 PM | 4:00 PM | Upper Elem/MS Gym | | |
| Mar 29, 2024 | Fri | Practice (Outdoor Track (Girls) Practice) | N/A | 2:30 PM | 4:00 PM | Upper Elem/MS Gym | | |
| Apr 9, 2024 | Tue | Regular Season | Oriskany, Remsen | 4:30 PM | | Westmoreland H S | | L |
| Apr 16, 2024 | Tue | Regular Season | Mount Markham @ Sauquoit Valley | 4:30 PM | | Stadium Field | Departure Time: 3:15 PM | L |
| Apr 18, 2024 | Thu | Regular Season | Waterville, Town of Webb UFSD (Varsity Girls Track), Living Word Academy | 4:30 PM | | Westmoreland H S | | L |
| Apr 30, 2024 | Tue | Regular Season | Sauquoit Valley, Cazenovia @ Morrisville-Eaton | 4:30 PM | | Middle/High School Track Stadium | Departure Time: 3:00 PM | L |
| May 2, 2024 | Thu | Regular Season | @ Cooperstown | 4:30 PM | | Lambert Field | Departure Time: 3:00 PM | L |
| May 7, 2024 | Tue | Regular Season | Poland, Town of Webb UFSD (Varsity Girls Track) | 4:30 PM | | Westmoreland H S | | L |

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|--------------|----------|---|---|------------|----------|---|--------------------------------|---------------------|
| May 11, 2024 | Sat | Regular Season (queensbury invitational) | @ TBD | 9:30 AM | | TBD | Departure Time: 6:30 AM | L |
| May 13, 2024 | Mon | Post-Season (CSC Steeple event scoring) | Morrisville-Eaton, Mount Markham, Cooperstown, Sauquoit Valley, Waterville, Hamilton, Poland, New York Mills, Town of Webb UFSD (Varsity Girls Track), Remsen @ Oriskany | 5:00 PM | | Bernie Block Field @ Walbran Elementary | | L |
| May 14, 2024 | Tue | Regular Season (CSC Division III and IV Championships. Coaches Meeting at 3:00) | Morrisville-Eaton, Mount Markham, Cooperstown, Waterville, Hamilton, Poland, New York Mills, Oriskany, Remsen, Town of Webb UFSD (Varsity Girls Track), TBD @ Sauquoit Valley | 3:30 PM | | Stadium Field | Departure Time: 2:30 PM | L |
| May 17, 2024 | Fri | Regular Season (Deruyter track invitational) | @ TBD | 4:00 PM | | TBD | Departure Time: 2:15 PM | L |

Date: 2024-05-09