

## Coaches:

- Matthew Cucci, Head Coach
- Mike Wessing

DATE	WEEK DAY	ТҮРЕ	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON- LEAGUE
Mar 11, 2024	Mon	Practice	N/A	2:30 PM	3:15 PM	HS Gym		
Mar 12, 2024	Tue	Practice	N/A	2:30 PM	4:00 PM	weight room		
Mar 13, 2024	Wed	Practice	N/A	2:30 PM	4:00 PM	weight room		
Mar 14, 2024	Thu	Practice	N/A	2:30 PM	4:00 PM	weight room		
Mar 18, 2024	Mon	Practice	N/A	2:30 PM	4:00 PM	weight room		
Mar 19, 2024	Tue	Practice	N/A	2:30 PM	4:00 PM	weight room		
Mar 20, 2024	Wed	Practice	N/A	2:30 PM	4:00 PM	weight room		
Mar 21, 2024	Thu	Practice	N/A	2:30 PM	4:00 PM	weight room		
Mar 22, 2024	Fri	Practice	N/A	2:30 PM	4:00 PM	weight room		
Mar 25, 2024	Mon	Practice	N/A	2:30 PM	4:00 PM	weight room		
Mar 26, 2024	Tue	Practice	N/A	2:30 PM	4:00 PM	weight room		
Mar 27, 2024	Wed	Practice	N/A	2:30 PM	4:00 PM	weight room		
Mar 28, 2024	Thu	Practice	N/A	2:30 PM	4:00 PM	weight room		
Mar 29, 2024	Fri	Practice	N/A	2:30 PM	4:00 PM	weight room		
Apr 9, 2024	Tue	Regular Season	Oriskany, Remsen	4:30 PM		Westmoreland H S		L
Apr 16, 2024	Tue	Regular Season	Mount Markham @ Sauquoit Valley	4:30 PM		Stadium Field	<b>Departure Time:</b> 3:15 PM	L
Apr 18, 2024	Thu	Regular Season	Waterville, Living Word Academy, Town of Webb UFSD (Varsity Boys Track)	4:30 PM		Westmoreland H S		L
Apr 19, 2024	Fri	Regular Season (cook destefano @ proctor)	@ TBD	4:00 PM		TBD		L
Apr 30, 2024	Tue	Regular Season	Sauquoit Valley @ Morrisville-Eaton	4:30 PM		Middle/High School Track Stadium		L
May 2, 2024	Thu	Regular Season	@ Cooperstown	4:30 PM		Lambert Field		L
May 7, 2024	Tue	Regular Season	Poland, Town of Webb UFSD (Varsity Boys Track)	, 4:30 PM		Westmoreland H S		L
May 11, 2024	Sat	Regular Season (queensbury invitational)	@ TBD	9:30 AM		TBD		L

DATE	WEE	ТҮРЕ	OPPONENTS	STAR1 TIME	TEND LOCATION	LEAGUE TRANSPORTATION / NON- LEAGUE
May 14, 2024	Tue	Regular Season (CSC Division III and IV Championships)	Morrisville-Eaton, Mount Markham, Cooperstown, Sauquoit Valley, Waterville, Hamilton, Poland, New York Mills, Town of Webb UFSD (Varsity Boys Track), Oriskany, Remsen @ TBD		TBD	Ļ

Date: 2024-04-10