



Westmoreland (B) V Outdoor Track

Coaches:

- Matthew Cucci, Head Coach
- Mike Wessing

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Mar 13, 2023	Mon	Practice (Team Meeting)	N/A	2:30 PM	3:00 PM	HS Gym		
Mar 14, 2023	Tue	Practice (Practice)	N/A	2:30 PM	4:15 PM	Elevete Sports Complex		
Mar 15, 2023	Wed	Practice (Practice)	N/A	2:30 PM	4:15 PM	Elevete Sports Complex		
Mar 16, 2023	Thu	Practice (Practice)	N/A	2:30 PM	4:15 PM	Elevete Sports Complex		
Mar 17, 2023	Fri	Practice (Practice)	N/A	2:30 PM	4:15 PM	Elevete Sports Complex		
Mar 20, 2023	Mon	Practice (Practice)	N/A	2:30 PM	4:15 PM	Elevete Sports Complex		
Mar 21, 2023	Tue	Practice (Practice)	N/A	2:30 PM	4:15 PM	Elevete Sports Complex		
Mar 22, 2023	Wed	Practice (Practice)	N/A	2:30 PM	4:15 PM	Elevete Sports Complex		
Mar 23, 2023	Thu	Practice (Practice)	N/A	2:30 PM	4:15 PM	Elevete Sports Complex		
Mar 24, 2023	Fri	Practice (Practice)	N/A	2:30 PM	4:15 PM	Elevete Sports Complex		
Mar 27, 2023	Mon	Practice (Practice)	N/A	2:30 PM	4:15 PM	Elevete Sports Complex		
Mar 28, 2023	Tue	Practice (Practice)	N/A	2:30 PM	4:15 PM	Track		
Mar 29, 2023	Wed	Practice (Practice)	N/A	2:30 PM	4:15 PM	Elevete Sports Complex		
Mar 30, 2023	Thu	Practice (Practice)	N/A	2:30 PM	4:15 PM	Accelerate Sports Complex		
POSTPONED Mar 31, 2023	Fri	Regular Season	Oriskany @ Clinton	TBD		Stadium Field	Departure Date: Mar 31, 2023 Departure Time: 3:30 PM	L
Apr 3, 2023	Mon	Practice (Practice)	N/A	2:30 PM		Track		
Apr 4, 2023	Tue	Regular Season	Mount Markham	4:30 PM		Westmoreland H S		L
Apr 7, 2023	Fri	Practice (Practice)	N/A	2:30 PM		Track		
Apr 17, 2023	Mon	Practice	N/A	2:30 PM	4:00 PM	Track		
Apr 19, 2023	Wed	Practice	N/A	2:30 PM	4:00 PM	Track		
Apr 20, 2023	Thu	Regular Season	Town of Webb UFSD (Varsity Boys Track), Waterville	4:30 PM		Westmoreland H S		L
Apr 21, 2023	Fri	Practice	N/A	2:30 PM	4:00 PM	Track		
Apr 24, 2023	Mon	Practice	N/A	2:30 PM	4:00 PM	Track		
Apr 25, 2023	Tue	Regular Season (Senior night)	Poland	4:30 PM		Westmoreland H S		L

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Apr 26, 2023	Wed	Practice	N/A	2:30 PM	4:00 PM	Track		
Apr 27, 2023	Thu	Practice	N/A	2:30 PM	4:00 PM	Track		
Apr 28, 2023	Fri	Regular Season (The Cahill Classic)	@ Sauquoit Valley	4:30 PM		Stadium Field	Departure Date: Apr 28, 2023 Departure Time: 3:15 PM	L
May 1, 2023	Mon	Practice	N/A	2:30 PM	4:00 PM	Track		
May 2, 2023	Tue	Regular Season	Morrisville-Eaton, Sauquoit Valley	4:30 PM		Westmoreland H S		L
May 3, 2023	Wed	Practice	N/A	2:30 PM	4:00 PM	Track		
May 4, 2023	Thu	Practice	N/A	2:30 PM	4:00 PM	Track		
May 5, 2023	Fri	Regular Season (Ed Wadas Track invitational)	Watertown, Chittenango, Dolgeville, Cazenovia, Waterville, Homer, West Canada Valley, Altmar-Parish-Williamstown (APW Rebels), Holland Patent, Henninger, New Hartford, Oneida, Niskayuna High School, Nottingham, Beaver River, West Genesee, Notre Dame, Utica, Town of Webb UFSD (Varsity Boys Track), Rome Free Academy, Vernon-Verona-Sherrill, Skaneateles, Cato-Meridian (Blue Devils), Central Valley Academy, Central Square, New York Mills, Remsen, South Lewis, Clinton, Camden, Saranac Lake, Adirondack, Indian River @ Whitesboro	4:00 PM		Ed Wadas Complex High School	Departure Date: May 5, 2023 Departure Time: 2:30 PM	NL
May 9, 2023	Tue	Regular Season	Town of Webb UFSD (Varsity Boys Track) @ Oriskany	4:30 PM	8:00 PM	Bernie Block Field @ Walbran Elementary	Departure Date: May 9, 2023 Departure Time: 3:15 PM	L
May 11, 2023	Thu	Regular Season	Living Word Academy	4:30 PM		Westmoreland H S		L
May 12, 2023	Fri	Regular Season (Warrior Specialty Events Invite)	@ Clinton	3:45 PM		Stadium Field	Departure Date: May 12, 2023 Departure Time: 2:30 PM	L

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
May 15, 2023	Mon	Regular Season (Steeplechase)	Waterville, Cooperstown, Mount Markham, Owen D. Young (Richfield/ODY), Morrisville-Eaton, New York Mills, Town of Webb UFSD (Varsity Boys Track), Sauquoit Valley, Poland, Remsen @ Oriskany	4:30 PM		Bernie Block Field @ Walbran Elementary		L
May 16, 2023	Tue	Regular Season (CSC Division 3 & 4 Track and Field Championships @ Waterville)	Mount Markham, Sauquoit Valley, Oriskany, Hamilton, Morrisville-Eaton, New York Mills, Town of Webb UFSD (Varsity Boys Track), Poland, Remsen @ Waterville	4:00 PM	10:00 PM	Track	Departure Date: May 16, 2023 Departure Time: 2:30 PM	L
May 19, 2023	Fri	Regular Season (cns invitational)	@ TBD	4:30 PM		CNS HS-Bragman Stadium	Departure Date: May 19, 2023 Departure Time: 3:00 PM	L
May 23, 2023	Tue	Regular Season (Class C-1 Sectionals)	Jordan-Elbridge, Altmar-Parish-Williamstown (APW Rebels), Sherburne-Earlville, Mount Markham, Herkimer, Pulaski, Utica Academy of Science, South Lewis, Living Word Academy, Onondaga Central, LaFayette, Syracuse Academy of Science @ Little Falls	4:30 PM		HS Main Field	Departure Date: May 23, 2023 Departure Time: 3:00 PM	L