



Westmoreland (G) V Cross Country

Coaches:

- Neal Bartlett, Head Coach

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Aug 22, 2022	Mon	Practice	N/A	7:00 AM	8:30 AM	Bernie Block Field @ Walbran Elementary		
Aug 23, 2022	Tue	Practice	N/A	8:00 AM	10:00 AM	Bernie Block Field @ Walbran Elementary		
Aug 24, 2022	Wed	Practice	N/A	7:00 AM	8:30 AM	Bernie Block Field @ Walbran Elementary		
Aug 25, 2022	Thu	Practice	N/A	8:00 AM	10:00 AM	Bernie Block Field @ Walbran Elementary		
Aug 26, 2022	Fri	Practice	N/A	5:00 PM	6:30 PM	Bernie Block Field @ Walbran Elementary		
Aug 27, 2022	Sat	Practice	N/A	8:00 AM	10:00 PM	Bernie Block Field @ Walbran Elementary		
Sep 10, 2022	Sat	Regular Season (VVS meet)	@ TBD	8:00 AM		OFF SITE		L
Sep 10, 2022	Sat	Regular Season (VVS Invitational)	@ Vernon-Verona-Sherrill	9:00 AM	3:30 PM	Cross Country Course	Departure Time: 7:30 AM	L
Sep 14, 2022	Wed	Regular Season	Mount Markham, Owen D. Young (Richfield/ODY) @ Clinton	4:30 PM		Clinton HS		L
Sep 14, 2022	Wed	Regular Season	Little Falls, Sherburne-Earlville, Hamilton, Cooperstown @ Dolgeville	4:30 PM		Dolgeville HS		L
Sep 17, 2022	Sat	Regular Season (New hartford CC)	@ TBD	8:00 AM		OFF SITE		L
Sep 20, 2022	Tue	Regular Season	West Canada Valley, Mount Markham, Herkimer @ Poland	4:30 PM		TBD		L
Sep 21, 2022	Wed	Regular Season	Dolgeville, Little Falls, Waterville, Canastota	4:30 PM		Westmoreland H S		L
Sep 24, 2022	Sat	Regular Season (EJ HERMAN)	@ TBD	9:30 AM		Proctor Park , Utica	Departure Time: 7:45 AM	L
Sep 28, 2022	Wed	Regular Season	Remsen (Remsen/Town of Webb), Sauquoit Valley @ Oriskany	4:30 PM		Bernie Block Field @ Walbran Elementary	Departure Time: 3:00 PM	L

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Oct 1, 2022	Sat	Regular Season (Whitesboro Cross country invitational)	Oneonta, Watertown, Notre Dame, Utica, Corcoran (Syracuse West), New York Mills, New Hartford, Adirondack, Hamilton, Cooperstown, Central Valley Academy, Oriskany, West Canada Valley, Fulton, Utica Proctor, Oneida, Herkimer, Holland Patent, Clinton @ Whitesboro	9:00 AM		Deerfield Town Wilderness Park	Departure Time: 7:15 AM	NL
Oct 5, 2022	Wed	Regular Season	New York Mills, West Canada Valley, Poland, Cooperstown	4:30 PM		Westmoreland H S		L
Oct 5, 2022	Wed	Regular Season	Clinton, Waterville @ Adirondack	4:30 PM	7:30 PM	Adirondack HS		L
Oct 8, 2022	Sat	Regular Season (Rome CC)	@ TBD	8:30 AM		OFF SITE		L
Oct 8, 2022	Sat	Regular Season (Coughlin Invitational)	@ Rome Free Academy	11:00 AM		Rome Free Academy H S	Departure Time: 9:30 AM	L
Oct 12, 2022	Wed	Regular Season	New York Mills, Owen D. Young (Richfield/ODY), Canastota	4:30 PM		Bernie Block Field @ Walbran Elementary		L
Oct 12, 2022	Wed	Regular Season	Adirondack, Sherburne-Earlville, Hamilton @ Herkimer	4:30 PM		Herkimer County CC	Departure Time: 2:30 PM	L
Oct 22, 2022	Sat	Regular Season (CSC League Championship at HCCC)	Mount Markham, Clinton, Owen D. Young (Richfield/ODY), New York Mills, Herkimer, Waterville, Sauquoit Valley, West Canada Valley, Remsen (Remsen/Town of Webb), Canastota, Adirondack, Poland, Dolgeville, Oriskany, Little Falls, Sherburne-Earlville, Hamilton @ Cooperstown	11:00 AM		Herkimer County CC	Departure Time: 9:00 AM	L

Date: 2024-04-23