



Westmoreland (G) V Basketball

Coaches:

- Jessica Medicis, Head Coach

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Nov 13, 2023	Mon	Practice (Practice)	N/A	3:30 PM	5:30 PM	Upper Elem/MS Gym		
Nov 14, 2023	Tue	Practice (Practice)	N/A	3:30 PM	5:30 PM	HS Gym		
Nov 15, 2023	Wed	Practice (Practice)	N/A	3:30 PM	5:30 PM	HS Gym		
Nov 16, 2023	Thu	Practice (Practice)	N/A	6:00 AM	7:30 AM	HS Gym		
Nov 19, 2023	Sun	Practice (Practice)	N/A	6:00 PM	8:00 PM	HS Gym		
Nov 20, 2023	Mon	Practice (Practice)	N/A	4:00 PM	5:30 PM	Upper Elem/MS Gym		
Nov 21, 2023	Tue	Practice	N/A	5:30 PM		HS Gym		
Nov 22, 2023	Wed	Practice (Practice)	N/A	9:00 AM	11:00 AM	HS Gym		
Nov 24, 2023	Fri	Practice (Practice)	N/A	8:00 AM	10:00 AM	HS Gym		
Nov 26, 2023	Sun	Practice (Practice)	N/A	6:00 PM	8:00 PM	HS Gym		
Nov 28, 2023	Tue	Practice (Practice)	N/A	6:00 AM	7:30 AM	HS Gym		
Nov 29, 2023	Wed	Scrimmage	Oneida	6:30 PM		HS Gym		L
Nov 30, 2023	Thu	Practice (Practice)	N/A	2:30 PM	4:45 PM	HS Gym		
Dec 1, 2023	Fri	Regular Season	@ Hamilton	7:00 PM		HS Gym	Departure Date: Dec 1, 2023 Departure Time: 5:45 PM	NL
Dec 3, 2023	Sun	Practice (Practice)	N/A	2:00 PM	4:00 PM	HS Gym		
Dec 4, 2023	Mon	Practice (Practice)	N/A	4:00 PM	6:00 PM	Upper Elem/MS Gym		
Dec 5, 2023	Tue	Regular Season	Waterville	7:00 PM		HS Gym		NL
Dec 6, 2023	Wed	Practice (Practice)	N/A	7:00 PM	9:00 PM	Upper Elem/MS Gym		
Dec 7, 2023	Thu	Practice (Practice)	N/A	4:00 PM	5:30 PM	HS Gym		
Dec 8, 2023	Fri	Regular Season	Poland	7:00 PM	8:30 PM	HS Gym		L
Dec 11, 2023	Mon	Practice (Practice)	N/A	3:30 PM	5:30 PM	HS Gym		
Dec 12, 2023	Tue	Practice (Practice)	N/A	6:00 AM	7:30 AM	HS Gym		
Dec 13, 2023	Wed	Practice (Practice)	N/A	6:00 AM	7:30 AM	HS Gym		
Dec 14, 2023	Thu	Practice (Practice)	N/A	3:45 PM	4:45 PM	HS Gym		

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Dec 15, 2023	Fri	Regular Season	West Canada Valley	7:00 PM	8:30 PM	HS Gym		L
Dec 17, 2023	Sun	Practice (Practice)	N/A	12:00 PM	2:00 PM	HS Gym		
Dec 18, 2023	Mon	Practice (Practice)	N/A	4:00 PM	6:00 PM	Upper Elem/MS Gym		
Dec 19, 2023	Tue	Regular Season	@ Utica Academy of Science	5:30 PM		Utica Academy High School	Departure Date: Dec 19, 2023 Departure Time: 4:30 PM	L
Dec 20, 2023	Wed	Practice (Practice)	N/A	4:00 PM	5:30 PM	Upper Elem/MS Gym		
Dec 21, 2023	Thu	Practice (Practice)	N/A	6:00 AM	7:30 AM	HS Gym		
Dec 22, 2023	Fri	Regular Season	@ Oriskany	7:00 PM	8:30 PM	Davis Gym @ High School	Departure Date: Dec 22, 2023 Departure Time: 6:15 PM	L
Dec 26, 2023	Tue	Practice (Practice)	N/A	9:00 AM	11:00 AM	HS Gym		
Dec 27, 2023	Wed	Practice (Practice)	N/A	9:00 AM	11:00 AM	HS Gym		
Dec 28, 2023	Thu	Practice (Practice)	N/A	9:00 AM	11:00 AM	HS Gym		
Dec 29, 2023	Fri	Regular Season (2023 Miner Reality BB Invitational)	Herkimer, Rome Free Academy	7:00 PM		RFA Main Gym		NL
Dec 30, 2023	Sat	Regular Season (2023 Miner Reality BB Invitational)	Sandy Creek, Rome Free Academy	12:00 PM		RFA Main Gym		NL
Jan 3, 2024	Wed	Practice	N/A	4:00 PM	5:30 PM	Upper Elem/MS Gym		
Jan 4, 2024	Thu	Practice	N/A	6:00 AM	7:30 AM	HS Gym		
Jan 6, 2024	Sat	Practice	N/A	7:30 AM	9:30 AM	HS Gym		
Jan 7, 2024	Sun	Practice	N/A	12:00 PM	2:00 PM	HS Gym		
Jan 8, 2024	Mon	Regular Season	Dolgeville	7:00 PM	8:30 PM	HS Gym	Departure Date: Jan 8, 2024 Departure Time: 5:45 PM	L
Jan 9, 2024	Tue	Practice	N/A	4:30 PM		HS Gym		
Jan 10, 2024	Wed	Practice	N/A	7:00 PM	9:00 PM	HS Gym		
Jan 11, 2024	Thu	Regular Season	Hamilton	7:00 PM		HS Gym		NL
Jan 13, 2024	Sat	Practice	N/A	7:30 AM	9:30 AM	HS Gym		
Jan 14, 2024	Sun	Practice	N/A	12:00 PM	2:00 PM	HS Gym		
Jan 15, 2024	Mon	Practice	N/A	11:00 AM	1:00 PM	HS Gym		
Jan 15, 2024	Mon	Practice	N/A	TBD		HS Gym		

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Jan 16, 2024	Tue	Regular Season	@ Waterville	7:00 PM		HS Gym	Departure Date: Jan 16, 2024 Departure Time: 6:00 PM	NL
Jan 17, 2024	Wed	Practice	N/A	5:30 PM	7:30 PM	Upper Elem/MS Gym		
Jan 18, 2024	Thu	Regular Season	@ Poland	7:00 PM	8:30 PM	Poland J/S HS	Departure Date: Jan 18, 2024 Departure Time: 5:30 PM	L
Jan 22, 2024	Mon	Practice	N/A	4:30 PM	5:30 PM	HS Gym		
Jan 23, 2024	Tue	Regular Season	@ Sandy Creek	6:30 PM		Sandy Creek MS/HS Gym		NL
Jan 24, 2024	Wed	Practice	N/A	4:30 PM	5:30 PM	HS Gym		
Jan 25, 2024	Thu	Practice	N/A	4:00 PM	6:00 PM	HS Gym		
Jan 26, 2024	Fri	Regular Season	@ West Canada Valley	7:00 PM	8:30 PM	HS Gym		L
Jan 28, 2024	Sun	Practice	N/A	12:00 PM	2:00 PM	HS Gym		
Jan 29, 2024	Mon	Regular Season	Utica Academy of Science	7:00 PM	8:30 PM	HS Gym		L
Jan 31, 2024	Wed	Practice	N/A	4:30 PM	5:30 PM	HS Gym		
Feb 1, 2024	Thu	Regular Season	Oriskany	6:00 PM	8:30 PM	HS Gym		L
Feb 2, 2024	Fri	Practice	N/A	3:30 PM	4:30 PM	HS Gym		
Feb 3, 2024	Sat	Regular Season	@ Herkimer	2:00 PM	3:30 PM	HS Gym	Departure Date: Feb 3, 2024 Departure Time: 12:45 PM	NL
Feb 4, 2024	Sun	Practice	N/A	12:00 PM	2:00 PM	HS Gym		
Feb 5, 2024	Mon	Regular Season (SENIOR NIGHT)	Frankfort-Schuyler	7:00 PM	8:30 PM	HS Gym		L
Feb 6, 2024	Tue	Practice	N/A	4:00 PM	5:30 PM	HS Gym		
Feb 7, 2024	Wed	Practice	N/A	4:00 PM	5:30 PM	HS Gym		
Feb 8, 2024	Thu	Regular Season	@ Dolgeville	6:00 PM		HS Gym #2	Departure Date: Feb 8, 2024 Departure Time: 4:30 PM	L
Feb 10, 2024	Sat	Practice	N/A	7:00 AM	9:00 AM	HS Gym		
Feb 11, 2024	Sun	Practice	N/A	12:00 PM	2:00 PM	HS Gym		
Feb 12, 2024	Mon	Regular Season	@ Frankfort-Schuyler	6:00 PM		FSSHS Main Gym	Departure Date: Feb 12, 2024 Departure Time: 4:45 PM	L
Feb 14, 2024	Wed	Practice	N/A	4:00 PM	5:30 PM	HS Gym		
Feb 15, 2024	Thu	Practice	N/A	3:30 PM	4:45 PM	HS Gym		

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Feb 16, 2024	Fri	Practice (Scrimmage @ RFA)	N/A	5:00 PM	7:00 PM	TBD		Departure Date: Feb 16, 2024 Departure Time: 4:40 PM Return Date: Feb 16, 2024 Return Time: 7:30 PM
Feb 18, 2024	Sun	Practice	N/A	12:00 PM	2:00 PM	HS Gym		
Feb 19, 2024	Mon	Practice	N/A	8:00 AM	10:00 AM	HS Gym		
Feb 20, 2024	Tue	Practice	N/A	8:00 AM	10:00 AM	HS Gym		
Feb 21, 2024	Wed	Practice	N/A	8:00 AM	10:00 AM	HS Gym		
Feb 21, 2024	Wed	Regular Season (Sectional Round #1)	Sandy Creek	7:00 PM		Westmoreland H S		NL
Feb 22, 2024	Thu	Practice	N/A	8:00 AM	10:00 AM	HS Gym		
Feb 23, 2024	Fri	Practice	N/A	8:00 AM	10:00 AM	HS Gym		
Feb 23, 2024	Fri	Post-Season	Dolgeville	7:00 PM		HS Gym		L

Date: 2024-05-06