



# Westmoreland (G) V Basketball

## Coaches:

- Jessica Medicis, Head Coach

| DATE                   | WEEK DAY | TYPE                                | OPPONENTS            | START TIME | END TIME | LOCATION          | TRANSPORTATION   | LEAGUE / NON-LEAGUE |
|------------------------|----------|-------------------------------------|----------------------|------------|----------|-------------------|--|---------------------|
| Nov 14, 2022           | Mon      | Practice (practice)                 | N/A                  | 5:30 AM    | 7:30 AM  | HS Gym            |  |                     |
| Nov 15, 2022           | Tue      | Practice (practice)                 | N/A                  | 5:30 AM    | 7:30 AM  | HS Gym            |  |                     |
| Nov 16, 2022           | Wed      | Practice (practice)                 | N/A                  | 5:30 AM    | 7:30 AM  | HS Gym            |  |                     |
| Nov 17, 2022           | Thu      | Practice (practice)                 | N/A                  | 5:30 AM    | 7:30 AM  | HS Gym            |  |                     |
| Nov 18, 2022           | Fri      | Practice (practice)                 | N/A                  | 5:30 AM    | 7:30 AM  | HS Gym            |  |                     |
| Nov 19, 2022           | Sat      | Practice (practice)                 | N/A                  | 6:00 AM    | 8:00 AM  | HS Gym            |  |                     |
| Nov 21, 2022           | Mon      | Practice (practice)                 | N/A                  | 3:30 PM    | 5:00 PM  | HS Gym            |  |                     |
| Nov 22, 2022           | Tue      | Scrimmage                           | @ Oneida             | 5:00 PM    | 8:45 PM  | Fariel Gym        | <b>Departure Date:</b><br>Nov 22, 2022<br><b>Departure Time:</b><br>4:00 PM  | L                   |
| Nov 23, 2022           | Wed      | Scrimmage                           | Whitesboro           | 10:00 AM   |          | HS Gym            |  | L                   |
| Nov 25, 2022           | Fri      | Practice (practice)                 | N/A                  | 8:00 AM    | 9:00 AM  | Upper Elem/MS Gym |  |                     |
| Nov 26, 2022           | Sat      | Regular Season                      | @ West Canada Valley | 12:00 PM   |          | HS Gym            | <b>Departure Date:</b><br>Nov 26, 2022<br><b>Departure Time:</b><br>10:15 AM | L                   |
| CANCELLED Nov 26, 2022 | Sat      | Regular Season                      | @ West Canada Valley | 1:30 PM    |          | HS Gym            |  | NL                  |
| CANCELLED Nov 27, 2022 | Sun      | Regular Season (Tip-off tournament) | @ West Canada Valley | TBD        |          | HS Gym            | <b>Departure Date:</b><br>Nov 27, 2022                                       | NL                  |
| Nov 28, 2022           | Mon      | Practice (practice)                 | N/A                  | 4:00 PM    | 5:30 PM  | HS Gym            |  |                     |
| Nov 29, 2022           | Tue      | Practice (practice)                 | N/A                  | 6:00 AM    | 7:30 AM  | HS Gym            |  |                     |
| Nov 30, 2022           | Wed      | Regular Season                      | Herkimer             | 7:00 PM    |          | HS Gym            |  | NL                  |
| Dec 2, 2022            | Fri      | Practice (practice)                 | N/A                  | 4:00 PM    | 5:30 PM  | Upper Elem/MS Gym |  |                     |
| Dec 3, 2022            | Sat      | Practice (practice)                 | N/A                  | 6:30 AM    | 8:00 AM  | HS Gym            |  |                     |
| Dec 5, 2022            | Mon      | Practice (practice)                 | N/A                  | 4:00 PM    | 5:30 PM  | HS Gym            |  |                     |
| Dec 7, 2022            | Wed      | Practice (practice)                 | N/A                  | 4:00 PM    | 5:30 PM  | HS Gym            |  |                     |
| Dec 8, 2022            | Thu      | Practice (practice)                 | N/A                  | 3:30 PM    | 5:00 PM  | HS Gym            |  |                     |
| Dec 9, 2022            | Fri      | Regular Season                      | Sauquoit Valley      | 7:00 PM    | 8:30 PM  | HS Gym            |  | L                   |
| Dec 11, 2022           | Sun      | Practice (practice)                 | N/A                  | 11:00 AM   | 12:00 PM | Upper Elem/MS Gym |  |                     |
| Dec 12, 2022           | Mon      | Practice (practice)                 | N/A                  | 6:00 AM    | 7:30 AM  | HS Gym            |  |                     |

| DATE                   | WEEK DAY | TYPE                | OPPONENTS             | START TIME | END TIME | LOCATION                | TRANSPORTATION   | LEAGUE / NON-LEAGUE |
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| Dec 13, 2022           | Tue      | Practice            | N/A                   | 4:00 PM    | 5:30 PM  | Upper Elem/MS Gym       |  |                     |
| CANCELLED Dec 13, 2022 | Tue      | Regular Season      | Sherburne-Earlville   | 7:00 PM    | 8:30 PM  | HS Gym                  |  | L                   |
| Dec 15, 2022           | Thu      | Practice (practice) | N/A                   | 5:30 PM    | 7:00 PM  | HS Gym                  |  |                     |
| Dec 17, 2022           | Sat      | Regular Season      | @ Sherburne-Earlville | 2:00 PM    |          | Upper Gym               | <b>Departure Date:</b><br>Dec 17, 2022<br><b>Departure Time:</b><br>12:15 PM | L                   |
| Dec 19, 2022           | Mon      | Practice (practice) | N/A                   | 6:00 AM    | 7:30 AM  | HS Gym                  |  |                     |
| Dec 20, 2022           | Tue      | Practice (practice) | N/A                   | 4:00 PM    | 5:30 PM  | HS Gym                  |  |                     |
| Dec 21, 2022           | Wed      | Regular Season      | Waterville            | 7:00 PM    |          | HS Gym                  |  | L                   |
| Dec 22, 2022           | Thu      | Practice (practice) | N/A                   | 3:30 PM    | 4:30 PM  | HS Gym                  |  |                     |
| Dec 26, 2022           | Mon      | Practice (practice) | N/A                   | 8:00 AM    | 10:00 AM | HS Gym                  |  |                     |
| Dec 27, 2022           | Tue      | Regular Season      | @ Frankfort-Schuyler  | 3:45 PM    | 5:00 PM  | Davis Gym @ High School |  | NL                  |
| Jan 2, 2023            | Mon      | Practice (practice) | N/A                   | 8:00 AM    | 10:00 PM | HS Gym                  |  |                     |
| Jan 3, 2023            | Tue      | Practice (practice) | N/A                   | 3:30 PM    | 4:30 PM  | HS Gym                  |  |                     |
| Jan 3, 2023            | Tue      | Practice            | N/A                   | 4:30 PM    | 5:30 PM  | HS Gym                  |  |                     |
| Jan 4, 2023            | Wed      | Regular Season      | @ Mount Markham       | 7:00 PM    | 8:30 PM  | HS Gym                  | <b>Departure Date:</b><br>Jan 4, 2023<br><b>Departure Time:</b><br>5:45 PM   | L                   |
| Jan 6, 2023            | Fri      | Regular Season      | @ Clinton             | 7:00 PM    | 8:30 PM  | HS Gym                  | <b>Departure Date:</b><br>Jan 6, 2023<br><b>Departure Time:</b><br>6:00 PM   | L                   |
| Jan 9, 2023            | Mon      | Regular Season      | @ Herkimer            | 7:00 PM    |          | HS Gym                  | <b>Departure Time:</b><br>5:45 PM  | NL                  |
| Jan 10, 2023           | Tue      | Practice            | N/A                   | 6:00 AM    | 7:30 AM  | HS Gym                  |  |                     |
| Jan 11, 2023           | Wed      | Practice            | N/A                   | 4:00 PM    | 5:30 PM  | HS Gym                  |  |                     |
| Jan 12, 2023           | Thu      | Practice            | N/A                   | 6:00 AM    | 7:30 AM  | HS Gym                  |  |                     |
| Jan 13, 2023           | Fri      | Practice            | N/A                   | 6:00 AM    | 7:30 AM  | HS Gym                  |  |                     |
| Jan 14, 2023           | Sat      | Regular Season      | @ Hamilton            | 1:00 PM    |          | HS Gym                  | <b>Departure Time:</b><br>11:45 AM   | NL                  |
| Jan 16, 2023           | Mon      | Practice            | N/A                   | 8:00 AM    | 10:00 AM | HS Gym                  |  |                     |
| Jan 17, 2023           | Tue      | Practice            | N/A                   | 6:00 AM    | 7:30 AM  | HS Gym                  |  |                     |
| Jan 20, 2023           | Fri      | Practice            | N/A                   | 6:00 AM    | 7:30 AM  | HS Gym                  |  |                     |
| Jan 21, 2023           | Sat      | Regular Season      | @ Sauquoit Valley     | 12:00 PM   | 2:00 PM  | HS Gym                  | <b>Departure Date:</b><br>Jan 21, 2023<br><b>Departure Time:</b><br>10:40 AM | L                   |
| Jan 24, 2023           | Tue      | Regular Season      | Sherburne-Earlville   | 6:00 PM    |          | HS Gym                  |  | L                   |

| DATE                   | WEEK DAY | TYPE                               | OPPONENTS        | START TIME | END TIME | LOCATION                   | TRANSPORTATION   | LEAGUE / NON-LEAGUE |
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| Jan 25, 2023           | Wed      | Practice                           | N/A              | 3:30 PM    | 4:30 PM  | HS Gym                     |  |                     |
| Jan 26, 2023           | Thu      | Regular Season                     | @ Waterville     | 7:00 PM    | 8:30 PM  | HS Gym                     | <b>Departure Time:</b><br>6:00 PM  | L                   |
| Jan 28, 2023           | Sat      | Practice                           | N/A              | 7:00 AM    | 10:00 AM | HS Gym                     |  |                     |
| Jan 29, 2023           | Sun      | Regular Season (cancer tournament) | Clinton          | 5:00 PM    |          | HCCC                       |  | L                   |
| Jan 31, 2023           | Tue      | Practice                           | N/A              | 6:00 AM    | 7:30 AM  | HS Gym                     |  |                     |
| Feb 1, 2023            | Wed      | Practice                           | N/A              | 4:00 PM    | 5:30 PM  | HS Gym                     |  |                     |
| Feb 2, 2023            | Thu      | Regular Season                     | Cooperstown      | 7:00 PM    | 8:30 PM  | HS Gym                     |  | L                   |
| Feb 4, 2023            | Sat      | Regular Season                     | Hamilton         | 11:30 AM   |          | HS Gym                     |  | NL                  |
| Feb 6, 2023            | Mon      | Regular Season                     | Mount Markham    | 7:00 PM    | 8:30 PM  | Westmoreland H S           |  | L                   |
| CANCELLED Feb 7, 2023  | Tue      | Practice                           | N/A              | 7:00 PM    | 8:30 PM  | HS Gym                     |  |                     |
| Feb 8, 2023            | Wed      | Regular Season                     | @ Cooperstown    | 7:00 PM    |          | Bursey Gymnasium           | <b>Departure Date:</b><br>Feb 8, 2023<br><b>Departure Time:</b><br>5:30 PM   | L                   |
| Feb 10, 2023           | Fri      | Practice                           | N/A              | 4:00 PM    | 5:30 PM  | HS Gym                     |  |                     |
| Feb 11, 2023           | Sat      | Regular Season                     | Mount Markham    | 10:00 AM   |          | HS Gym                     |  | L                   |
| CANCELLED Feb 13, 2023 | Mon      | Practice                           | N/A              | 4:00 PM    | 5:30 PM  | HS Gym                     |  |                     |
| Feb 13, 2023           | Mon      | Regular Season                     | Baldwinsville    | 5:30 PM    | 7:00 PM  | HS Gym                     |  | NL                  |
| Feb 14, 2023           | Tue      | Practice                           | N/A              | 6:00 AM    | 7:30 AM  | HS Gym                     |  |                     |
| Feb 15, 2023           | Wed      | Practice                           | N/A              | 4:00 PM    | 5:30 PM  | HS Gym                     |  |                     |
| Feb 16, 2023           | Thu      | Practice                           | N/A              | 4:00 PM    | 5:30 PM  | HS Gym                     |  |                     |
| Feb 17, 2023           | Fri      | Post-Season                        | Thousand Islands | 7:00 PM    |          | HS Gym                     |  | L                   |
| Feb 19, 2023           | Sun      | Practice                           | N/A              | 8:00 AM    | 10:00 AM | HS Gym                     |  |                     |
| Feb 20, 2023           | Mon      | Practice                           | N/A              | 9:00 AM    | 11:00 AM | HS Gym                     |  |                     |
| Feb 21, 2023           | Tue      | Post-Season                        | Waterville       | 7:00 PM    |          | HS Gym                     |  | L                   |
| Feb 23, 2023           | Thu      | Practice                           | N/A              | 9:00 AM    | 11:00 AM | HS Gym                     |  |                     |
| Feb 24, 2023           | Fri      | Practice                           | N/A              | 9:00 AM    | 11:00 AM | HS Gym                     |  |                     |
| Feb 25, 2023           | Sat      | Practice                           | N/A              | 9:00 AM    | 11:00 AM | HS Gym                     |  |                     |
| Feb 26, 2023           | Sun      | Post-Season                        | @ Cooperstown    | 2:45 PM    |          | Onondaga Community College | <b>Departure Date:</b><br>Feb 26, 2023<br><b>Departure Time:</b><br>12:30 PM | L                   |
| TBD                    |          | Practice                           | N/A              | 7:00 AM    | 9:00 AM  | HS Gym                     |  |                     |

Date: 2024-06-02