



Westmoreland (G) V Basketball

Coaches:

- Jessica Medicis, Head Coach

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Nov 14, 2022	Mon	Practice (practice)	N/A	5:30 AM	7:30 AM	HS Gym		
Nov 15, 2022	Tue	Practice (practice)	N/A	5:30 AM	7:30 AM	HS Gym		
Nov 16, 2022	Wed	Practice (practice)	N/A	5:30 AM	7:30 AM	HS Gym		
Nov 17, 2022	Thu	Practice (practice)	N/A	5:30 AM	7:30 AM	HS Gym		
Nov 18, 2022	Fri	Practice (practice)	N/A	5:30 AM	7:30 AM	HS Gym		
Nov 19, 2022	Sat	Practice (practice)	N/A	6:00 AM	8:00 AM	HS Gym		
Nov 21, 2022	Mon	Practice (practice)	N/A	3:30 PM	5:00 PM	HS Gym		
Nov 22, 2022	Tue	Scrimmage	@ Oneida	5:00 PM	8:45 PM	Fariel Gym	Departure Date: Nov 22, 2022 Departure Time: 4:00 PM	L
Nov 23, 2022	Wed	Scrimmage	Whitesboro	10:00 AM		HS Gym		L
Nov 25, 2022	Fri	Practice (practice)	N/A	8:00 AM	9:00 AM	Upper Elem/MS Gym		
Nov 26, 2022	Sat	Regular Season	@ West Canada Valley	12:00 PM		HS Gym	Departure Date: Nov 26, 2022 Departure Time: 10:15 AM	L
CANCELLED Nov 26, 2022	Sat	Regular Season	@ West Canada Valley	1:30 PM		HS Gym		NL
CANCELLED Nov 27, 2022	Sun	Regular Season (Tip-off tournament)	@ West Canada Valley	TBD		HS Gym	Departure Date: Nov 27, 2022	NL
Nov 28, 2022	Mon	Practice (practice)	N/A	4:00 PM	5:30 PM	HS Gym		
Nov 29, 2022	Tue	Practice (practice)	N/A	6:00 AM	7:30 AM	HS Gym		
Nov 30, 2022	Wed	Regular Season	Herkimer	7:00 PM		HS Gym		NL
Dec 2, 2022	Fri	Practice (practice)	N/A	4:00 PM	5:30 PM	Upper Elem/MS Gym		
Dec 3, 2022	Sat	Practice (practice)	N/A	6:30 AM	8:00 AM	HS Gym		
Dec 5, 2022	Mon	Practice (practice)	N/A	4:00 PM	5:30 PM	HS Gym		
Dec 7, 2022	Wed	Practice (practice)	N/A	4:00 PM	5:30 PM	HS Gym		
Dec 8, 2022	Thu	Practice (practice)	N/A	3:30 PM	5:00 PM	HS Gym		
Dec 9, 2022	Fri	Regular Season	Sauquoit Valley	7:00 PM	8:30 PM	HS Gym		L
Dec 11, 2022	Sun	Practice (practice)	N/A	11:00 AM	12:00 PM	Upper Elem/MS Gym		
Dec 12, 2022	Mon	Practice (practice)	N/A	6:00 AM	7:30 AM	HS Gym		

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Dec 13, 2022	Tue	Practice	N/A	4:00 PM	5:30 PM	Upper Elem/MS Gym		
CANCELLED Dec 13, 2022	Tue	Regular Season	Sherburne-Earlville	7:00 PM	8:30 PM	HS Gym		L
Dec 15, 2022	Thu	Practice (practice)	N/A	5:30 PM	7:00 PM	HS Gym		
Dec 17, 2022	Sat	Regular Season	@ Sherburne-Earlville	2:00 PM		Upper Gym	Departure Date: Dec 17, 2022 Departure Time: 12:15 PM	L
Dec 19, 2022	Mon	Practice (practice)	N/A	6:00 AM	7:30 AM	HS Gym		
Dec 20, 2022	Tue	Practice (practice)	N/A	4:00 PM	5:30 PM	HS Gym		
Dec 21, 2022	Wed	Regular Season	Waterville	7:00 PM		HS Gym		L
Dec 22, 2022	Thu	Practice (practice)	N/A	3:30 PM	4:30 PM	HS Gym		
Dec 26, 2022	Mon	Practice (practice)	N/A	8:00 AM	10:00 AM	HS Gym		
Dec 27, 2022	Tue	Regular Season	@ Frankfort-Schuyler	3:45 PM	5:00 PM	Davis Gym @ High School		NL
Jan 2, 2023	Mon	Practice (practice)	N/A	8:00 AM	10:00 PM	HS Gym		
Jan 3, 2023	Tue	Practice (practice)	N/A	3:30 PM	4:30 PM	HS Gym		
Jan 3, 2023	Tue	Practice	N/A	4:30 PM	5:30 PM	HS Gym		
Jan 4, 2023	Wed	Regular Season	@ Mount Markham	7:00 PM	8:30 PM	HS Gym	Departure Date: Jan 4, 2023 Departure Time: 5:45 PM	L
Jan 6, 2023	Fri	Regular Season	@ Clinton	7:00 PM	8:30 PM	HS Gym	Departure Date: Jan 6, 2023 Departure Time: 6:00 PM	L
Jan 9, 2023	Mon	Regular Season	@ Herkimer	7:00 PM		HS Gym	Departure Time: 5:45 PM	NL
Jan 10, 2023	Tue	Practice	N/A	6:00 AM	7:30 AM	HS Gym		
Jan 11, 2023	Wed	Practice	N/A	4:00 PM	5:30 PM	HS Gym		
Jan 12, 2023	Thu	Practice	N/A	6:00 AM	7:30 AM	HS Gym		
Jan 13, 2023	Fri	Practice	N/A	6:00 AM	7:30 AM	HS Gym		
Jan 14, 2023	Sat	Regular Season	@ Hamilton	1:00 PM		HS Gym	Departure Time: 11:45 AM	NL
Jan 16, 2023	Mon	Practice	N/A	8:00 AM	10:00 AM	HS Gym		
Jan 17, 2023	Tue	Practice	N/A	6:00 AM	7:30 AM	HS Gym		
Jan 20, 2023	Fri	Practice	N/A	6:00 AM	7:30 AM	HS Gym		
Jan 21, 2023	Sat	Regular Season	@ Sauquoit Valley	12:00 PM	2:00 PM	HS Gym	Departure Date: Jan 21, 2023 Departure Time: 10:40 AM	L
Jan 24, 2023	Tue	Regular Season	Sherburne-Earlville	6:00 PM		HS Gym		L

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Jan 25, 2023	Wed	Practice	N/A	3:30 PM	4:30 PM	HS Gym		
Jan 26, 2023	Thu	Regular Season	@ Waterville	7:00 PM	8:30 PM	HS Gym	Departure Time: 6:00 PM	L
Jan 28, 2023	Sat	Practice	N/A	7:00 AM	10:00 AM	HS Gym		
Jan 29, 2023	Sun	Regular Season (cancer tournament)	Clinton	5:00 PM		HCCC		L
Jan 31, 2023	Tue	Practice	N/A	6:00 AM	7:30 AM	HS Gym		
Feb 1, 2023	Wed	Practice	N/A	4:00 PM	5:30 PM	HS Gym		
Feb 2, 2023	Thu	Regular Season	Cooperstown	7:00 PM	8:30 PM	HS Gym		L
Feb 4, 2023	Sat	Regular Season	Hamilton	11:30 AM		HS Gym		NL
Feb 6, 2023	Mon	Regular Season	Mount Markham	7:00 PM	8:30 PM	Westmoreland HS		L
CANCELLED Feb 7, 2023	Tue	Practice	N/A	7:00 PM	8:30 PM	HS Gym		
Feb 8, 2023	Wed	Regular Season	@ Cooperstown	7:00 PM		Bursey Gymnasium	Departure Date: Feb 8, 2023 Departure Time: 5:30 PM	L
Feb 10, 2023	Fri	Practice	N/A	4:00 PM	5:30 PM	HS Gym		
Feb 11, 2023	Sat	Regular Season	Mount Markham	10:00 AM		HS Gym		L
CANCELLED Feb 13, 2023	Mon	Practice	N/A	4:00 PM	5:30 PM	HS Gym		
Feb 13, 2023	Mon	Regular Season	Baldwinsville	5:30 PM	7:00 PM	HS Gym		NL
Feb 14, 2023	Tue	Practice	N/A	6:00 AM	7:30 AM	HS Gym		
Feb 15, 2023	Wed	Practice	N/A	4:00 PM	5:30 PM	HS Gym		
Feb 16, 2023	Thu	Practice	N/A	4:00 PM	5:30 PM	HS Gym		
Feb 17, 2023	Fri	Post-Season	Thousand Islands	7:00 PM		HS Gym		L
Feb 19, 2023	Sun	Practice	N/A	8:00 AM	10:00 AM	HS Gym		
Feb 20, 2023	Mon	Practice	N/A	9:00 AM	11:00 AM	HS Gym		
Feb 21, 2023	Tue	Post-Season	Waterville	7:00 PM		HS Gym		L
Feb 23, 2023	Thu	Practice	N/A	9:00 AM	11:00 AM	HS Gym		
Feb 24, 2023	Fri	Practice	N/A	9:00 AM	11:00 AM	HS Gym		
Feb 25, 2023	Sat	Practice	N/A	9:00 AM	11:00 AM	HS Gym		
Feb 26, 2023	Sun	Post-Season	@ Cooperstown	2:45 PM		Onondaga Community College	Departure Date: Feb 26, 2023 Departure Time: 12:30 PM	L
TBD		Practice	N/A	7:00 AM	9:00 AM	HS Gym		

Date: 2024-05-19