



Westhill

(G) V Winter Track

Coaches:

- Dan Reid, Head Coach
- Isabella Sterly, Asst Coach

| DATE | WEEK DAY | TYPE | OPPONENTS | START TIME | END TIME | LOCATION | TRANSPORTATION | LEAGUE / NON-LEAGUE |
|--------------|----------|---|-----------|------------|----------|----------------------------|---|---------------------|
| Dec 2, 2022 | Fri | Regular Season (MOHAWK VALLEY KICKOFF MEET) | TBD | 4:30 PM | 10:00 PM | Utica College | Departure Point: WHS Departure Time: 3:00 PM | L |
| Dec 11, 2022 | Sun | Regular Season (Jensen Relays) | TBD | 9:00 AM | 2:00 PM | OCC SRC Arena | Departure Point: WHS Departure Time: 7:45 AM | L |
| Dec 17, 2022 | Sat | Regular Season (Constantino Meet) | TBD | 9:00 AM | 2:00 PM | OCC SRC Arena | Departure Point: WHS Departure Time: 7:45 AM | L |
| Dec 28, 2022 | Wed | Regular Season (Westhill Invitational) | TBD | 9:00 AM | 2:00 PM | OCC SRC Arena | Departure Point: WHS Departure Time: 7:45 AM | NL |
| Dec 28, 2022 | Wed | Regular Season (Westhill Invitational) | Fowler | 10:00 AM | 2:00 PM | SRC Arena | | NL |
| Jan 7, 2023 | Sat | Regular Season (Arcaro Meet) | TBD | 9:00 AM | 2:00 PM | OCC SRC Arena | Departure Point: WHS Departure Time: 7:45 AM | L |
| Jan 14, 2023 | Sat | Regular Season (Kischenheiter) | TBD | 3:00 PM | 7:00 PM | OCC SRC Arena | Departure Point: WHS Departure Time: 2:00 PM | L |
| Jan 21, 2023 | Sat | Regular Season (Grieve Meet) | TBD | 9:00 AM | 2:00 PM | OCC SRC Arena | Departure Point: WHS Departure Time: 7:45 AM | L |
| Feb 1, 2023 | Wed | Post-Season (OHSL League Championship) | TBD | 4:30 PM | 9:30 PM | OCC SRC Arena | Departure Point: WHS Departure Time: 3:00 PM | NL |
| Feb 8, 2023 | Wed | Post-Season (Section 3 Championships) | TBD | 4:30 PM | 8:30 PM | OCC SRC Arena | Departure Point: WHS Departure Time: 3:00 PM | NL |
| Feb 15, 2023 | Wed | Post-Season (NYSPHSAA State Qualifiers) | TBD | 4:30 PM | 8:30 PM | OCC SRC Arena | Departure Point: WHS Departure Time: 3:00 PM | NL |
| Mar 4, 2023 | Sat | Post-Season (NYSPHSAA State Championships) | TBD | 9:00 AM | 8:30 PM | Ocean Breeze Staten Island | | NL |

Date: 2024-05-17