Coaches:

• Natalie Lyons, Head Coach

DATE	WEEK DAY	⁽ ТҮРЕ	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON- LEAGUE
Sep 18, 2024	Wed	Regular Season	Phoenix, Homer @ Marcellus	4:30 PM	6:30 PM	Marcellus Park	Departure Point: OHMS Departure Time: 3:30 PM	L
Sep 21, 2024	Sat	Regular Season (Baldwinsville XC Invitational)	@ TBD	TBD		TBD	Departure Point: OHMS Departure Time: 8:00 AM	NL
Sep 25, 2024	Wed	Regular Season	Christian Brothers Academy, Dewitt, Marcellus, Skaneateles	4:30 PM		Santaro Park		L
Oct 2, 2024	Wed	Regular Season	Jordan-Elbridge, Chittenango @ Phoenix	4:30 PM	6:30 PM	EJD XC Course	Departure Point: OHMS Departure Time: 3:15 PM	L
Oct 9, 2024	Wed	Regular Season	Mexico, Skaneateles, Phoenix	4:30 PM		Santaro Park		L
Oct 13, 2024	Sun	Regular Season (Manhattan Invitational)	@ TBD	TBD		Van Cortlandt Park, Bronx NY	Departure Point: WHS Departure Date: Oct 12, 2024 Departure Time: 8:00 AM Return Date: Oct 13, 2024 Return Time: 11:00 PM	NL
Oct 16, 2024	Wed	Meet (OHSL Modified Meet)	Vs. Multiple	4:00 PM	6:30 PM	JE HS Cross Country Course	Departure Point: OHMS Departure Time: 3:00 PM	NL
Oct 23, 2024	Wed	Regular Season (Skan/JE scoring)	Jordan-Elbridge, Cortland @ Skaneateles	4:30 PM		Skaneateles Polo Grounds	Departure Point: OHMS Departure Time: 3:15 PM	L

Date: 2025-12-06