



Westhill

(B) 7/8TH Cross Country

Coaches:

- Natalie Lyons, Head Coach

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Sep 20, 2023	Wed	Regular Season	Homer	4:30 PM	5:30 PM	Santaro Park		L
Sep 23, 2023	Sat	Regular Season (Baldwinsville XC Invitational)	@ TBD	TBD		TBD		NL
Sep 27, 2023	Wed	Regular Season	@ Mexico	4:30 PM	5:30 PM	Mexico MS-XC Trail	Departure Point: OHMS Departure Time: 3:00 PM	L
Oct 4, 2023	Wed	Regular Season	@ Cortland	4:30 PM	5:30 PM	Cortland Jr-Sr High School CC Course	Departure Point: OHMS Departure Time: 3:00 PM	L
Oct 7, 2023	Sat	Regular Season (Tully Invitational)	@ TBD	TBD		TBD		NL
Oct 11, 2023	Wed	Regular Season	@ Chittenango	4:30 PM	5:30 PM	Chittenango HS-XC Course	Departure Point: OHMS Departure Time: 3:00 PM	L
Oct 18, 2023	Wed	Regular Season	Christian Brothers Academy, Dewitt	4:30 PM	5:30 PM	Santaro Park		L
Oct 24, 2023	Tue	Meet (OHSL MODIFIED END OF SEASON XC MEET)	Vs. Multiple	4:30 PM		Marcellus Park		NL

Date: 2025-12-05