



# Westhill

## (B) 7/8TH Cross Country

### Coaches:

- Natalie Lyons, Head Coach

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION / NON-LEAGUE
Sep 18, 2019	Wed	Regular Season (@ Long Branch Park)	@ Christian Brothers Academy, Dewitt	4:30 PM	TBD		<b>Departure Point:</b> OHMS <b>Departure Time:</b> 3:15 PM L
Sep 21, 2019	Sat	Regular Season (B'ville Invitational)	@ TBD	TBD	TBD		<b>Departure Point:</b> WHS <b>Departure Time:</b> 8:00 AM NL
Sep 25, 2019	Wed	Regular Season	@ Chittenango	4:30 PM	6:30 PM	Chittenango HS- XC Course	<b>Departure Point:</b> OHMS <b>Departure Time:</b> 3:30 PM L
Oct 2, 2019	Wed	Regular Season	@ Mexico	4:30 PM	Mexico MS-XC Trail		<b>Departure Point:</b> OHMS <b>Departure Time:</b> 3:00 PM L
Oct 5, 2019	Sat	Regular Season (Tully Invite)	@ TBD	TBD	TBD		<b>Departure Point:</b> WHS NL
Oct 9, 2019	Wed	Regular Season	Homer	4:30 PM	Santaro Park		L
Oct 9, 2019	Wed	Regular Season (Baldwinsville Invitational)	@ TBD	TBD	TBD		<b>Departure Point:</b> WHS <b>Departure Time:</b> 9:00 AM NL
Oct 16, 2019	Wed	Regular Season	Phoenix	4:30 PM	Santaro Park		L
Oct 23, 2019	Wed	Meet (OHSLL Modified Meet)	Vs. Multiple	4:00 PM	6:45 PM	Marcellus Park	<b>Departure Point:</b> OHMS <b>Departure Time:</b> 2:45 PM NL

Date: 2026-01-20