## Coaches:

Westhill
(G) V Cross Country

Dan Reid

| DATE         | WEEK<br>DAY | ТҮРЕ  | OPPONENTS  | START<br>TIME | END<br>TIME | LOCATION                                   | TRANSPORTATION   | LEAGUE<br>/ NON-<br>LEAGUE |
|--------------|-------------|---|--|---------------|-------------|--|--|----------------------------|
| Sep 16, 2023 | Sat         | Regular Season<br>(ESM<br>INVITATIONAL)                   | @ TBD  | TBD           |             | East Syracuse<br>Minoa HS                  | Departure Point:<br>WHS<br>Departure Time:<br>8:00 AM              | NL                         |
| Sep 20, 2023 | Wed         | Regular Season  | Homer  | 4:30<br>PM    | 5:30<br>PM  | Santaro Park                               |  | L                          |
| Sep 27, 2023 | Wed         | Regular Season  | @ Mexico   | 4:30<br>PM    | 5:30<br>PM  | Mexico MS-<br>XC Trail                     | Departure Point:<br>WHS<br>Departure Time:<br>3:00 PM              | L                          |
| Sep 30, 2023 | Sat         | Regular Season (EJ<br>HERMANN<br>INVITATIONAL)            | @ TBD  | TBD           |             | PROCTOR<br>PARK, UTICA                     | Departure Point:<br>WHS<br>Departure Time:<br>8:00 AM              | L                          |
| Oct 4, 2023  | Wed         | Regular Season  | @ Cortland   | 4:30<br>PM    | 5:30<br>PM  | Cortland Jr-Sr<br>High School<br>CC Course | Departure Point:<br>WHS<br>Departure Time:<br>3:00 PM              | L                          |
| Oct 7, 2023  | Sat         | Regular Season<br>(Tully Co-Ed<br>Invitational)           | Chittenango, Cortland, Fulton, Homer, Liverpool, Nottingham (Nottingham), Bishop Grimes, Bishop Ludden, Cincinnatus, Christian Brothers Academy, Dewitt, Faith Heritage, Livingston Manor, Manlius Pebble Hill, Marcellus, Mexico, Notre Dame, Utica, Pulaski, South Jefferson @ Tully | 9:00<br>AM    |             | Tully XC<br>Course                         |  | NL                         |
| Oct 11, 2023 | Wed         | Regular Season  | @ Chittenango  | 4:30<br>PM    | 5:30<br>PM  | Chittenango<br>HS- XC<br>Course            | Departure Point:<br>WHS<br>Departure Time:<br>3:00 PM              | L                          |
| Oct 14, 2023 | Sat         | Regular Season<br>(Manhattan<br>Invitational)             | @ TBD  | TBD           |             | VAN<br>CORTLAND<br>PARK,<br>BRONX NY       | Departure Point:<br>WHS<br>Departure Time:<br>3:00 PM              | NL                         |
| Oct 18, 2023 | Wed         | Regular Season  | Christian Brothers<br>Academy, Dewitt  | 4:30<br>PM    | 5:30<br>PM  | Santaro Park                               |  | L                          |
| Oct 25, 2023 | Wed         | Meet (OHSL Liberty<br>Girls Cross Country<br>League Meet) | Vs. Multiple   | 4:00<br>PM    | 6:30<br>PM  | Marcellus<br>Park                          | Departure Point:<br>WHS<br>Return Date:<br>Return Time: 2:30<br>PM | NL                         |
| Nov 4, 2023  | Sat         | Post-Season<br>(SECTION 3<br>CHAMPIONSHIP)                | @ TBD  | TBD           |             | VVS  | Departure Point:<br>WHS<br>Departure Time:<br>7:00 AM              | NL                         |

Date: 2024-04-27