

Coaches:

- Jim Vermeulen, Head Coach
- Greg Gangemi, Asst Coach

DATE	WEEK DAY	ТҮРЕ	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON- LEAGUE
Sep 9, 2023	Sat	Meet (Cato- Meridian XC Invitational)	Vs. Multiple	9:00 AM	11:00 AM	Cato-Meridian Cross Country Course		NL
Sep 27, 2023	Wed	Regular Season	Henninger (Henninger) @ Cicero-North Syracuse	5:00 PM	5:20 PM	CNS-Oneida Shores		L
Oct 4, 2023	Wed	Regular Season (Senior Night)	Liverpool @ Auburn	5:00 PM		Auburn - Holland Stadium (Turf)		L
Oct 18, 2023	Wed	Regular Season (SCAC Championships)	Jamesville-Dewitt, Fulton, Oswego, Nottingham (Nottingham), East Syracuse Minoa, Central Square, Auburn, Fayetteville- Manlius, Henninger (Henninger), Fowler (Syracuse West), Liverpool, Cicero- North Syracuse @ Baldwinsville	5:00 PM	5:30 PM	Bville - Durgee Cross Country Trail		L

Date: 2024-05-05