



West Canada Valley

(G) V Swimming/Diving

Coaches:

- Alyson Good, Head Coach
- Les Dalmata, Asst Coach

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	TRANSPORTATION	LEAGUE / NON-LEAGUE
Sep 5, 2019	Thu	Regular Season	Holland Patent	4:30 PM		WCV Pool			L
Sep 10, 2019	Tue	Regular Season	@ Adirondack	4:30 PM		Pool	Bus/Driver: West Canada Valley CSD	Departure Time: 2:45 PM	L
Sep 12, 2019	Thu	Regular Season	Rome Free Academy	4:30 PM		WCV Pool			L
Sep 19, 2019	Thu	Regular Season	Cooperstown (Cooperstown/Milford)	4:30 PM		WCV Pool			L
Sep 20, 2019	Fri	Regular Season (B Invitational)	South Lewis, Beaver River, Carthage, Adirondack @ Lowville	5:00 PM		Lowville High School Main Gym			NL
Sep 24, 2019	Tue	Regular Season 80-94 L	@ Utica Proctor	TBD		PHS Swimming Pool	Bus/Driver: West Canada Valley CSD	Departure Time: 3:00 PM	L
Sep 26, 2019	Thu	Regular Season	@ Whitesboro	5:00 PM		Utica University	Bus/Driver: West Canada Valley CSD	Departure Time: 3:15 PM	L
Oct 1, 2019	Tue	Regular Season	@ Holland Patent	4:30 PM		TBD	Bus/Driver: West Canada Valley CSD	Departure Time: 2:45 PM	L
Oct 3, 2019	Thu	Regular Season	Adirondack	4:30 PM		Pool			L
Oct 8, 2019	Tue	Regular Season (League Game)	Skaneateles @ Rome Free Academy	5:00 PM		RFA Pool	Bus/Driver: West Canada Valley CSD	Departure Time: 3:15 PM	L
Oct 15, 2019	Tue	Regular Season	@ Cooperstown (Cooperstown/Milford)	5:00 PM		Clark's Sports Center	Bus/Driver: West Canada Valley CSD	Departure Time: 2:45 PM	L
Oct 17, 2019	Thu	Regular Season 95-79 W	Utica Proctor	4:30 PM		WCV Pool			L
Oct 18, 2019	Fri	Regular Season (League Diving Championships)	Rome Free Academy, Whitesboro, Adirondack, Cooperstown (Cooperstown/Milford), Holland Patent @ Utica Proctor	5:00 PM		PHS Swimming Pool	Bus/Driver: West Canada Valley CSD	Return Date: Return Time: 2:30 PM	L
Oct 18, 2019	Fri	Regular Season	@ South Lewis	5:00 PM		South Lewis High School Pool	Bus/Driver: West Canada Valley CSD	Departure Time: 2:30 PM	NL
Oct 22, 2019	Tue	Regular Season	Whitesboro	5:30 PM		TBD			L
Oct 25, 2019	Fri	Regular Season (Swim Championships)	@ TBD	TBD		TBD	Bus/Driver: West Canada Valley CSD		L

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	TRANSPORTATION	LEAGUE / NON- LEAGUE
Oct 30, 2019	Wed	Regular Season (Pink Meet)	Holland Patent, Rome Free Academy, Adirondack, Whitesboro, Cooperstown (Cooperstown/Milford), Utica Proctor @ New Hartford	5:00 PM		New Hartford HS Pool			L

Date: 2026-01-20