



West Canada Valley

(G) V Swimming/Diving

Coaches:

- Alyson Good, Head Coach
- Les Dalmata, Asst Coach

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Sep 8, 2015	Tue	Regular Season	@ South Lewis	5:00 PM		South Lewis High School Pool		NL
Oct 24, 2015	Sat	Meet (B Division CHAMPS)	Vs. Multiple	12:00 PM		Thousand Islands Turf Field		NL

Date: 2026-01-20