



# West Canada Valley

## (G) V Cross Country

### Coaches:

- Dan Capron

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Sep 11, 2019	Wed	Regular Season	Canastota, Remsen, Poland @ Adirondack	4:30 PM		TBD		L
Sep 18, 2019	Wed	Regular Season	Oriskany, Poland, Sauquoit Valley @ Herkimer	4:30 PM		Bernie Block Field @ Walbran Elementary Campus		L
Sep 25, 2019	Wed	Regular Season	Holland Patent, Hamilton, Waterville, Sherburne-Earlville @ Poland	4:30 PM		TBD		L
Oct 16, 2019	Wed	Regular Season	Clinton, Poland, Little Falls, Dolgeville, Mount Markham	4:30 PM		TBD		L
Oct 19, 2019	Sat	Regular Season (CSC Champion meet )	New York Mills, Poland, Sauquoit Valley, Little Falls, Dolgeville, Remsen, TBD, Clinton, Cooperstown, Herkimer, Westmoreland, Sherburne-Earlville, Hamilton, Mount Markham, Adirondack, Holland Patent, Oriskany, Waterville, Canastota @ TBD	12:00 PM		Kirkland Town Park		L
Oct 26, 2019	Sat	Meet (The John Bernard (Adirondack) XC Invitational)	Vs. Multiple	9:00 AM	1:30 PM	Adirondack HS		NL
Oct 26, 2019	Sat	Regular Season	Clinton, Poland, Dolgeville, Mount Markham @ Little Falls	4:30 PM		Little Falls HS		L
Oct 30, 2019	Wed	Scrimmage	Little Falls	4:15 PM		TBD		NL

Date: 2026-06-06