



# Watertown

## (B) 7/8TH Swimming/Diving

### Coaches:

- Rebecca Wright, Asst Coach
- Kathryn DeFoe

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Oct 29, 2025	Wed	Practice (Practice)	N/A	4:00 PM	6:00 PM	Watertown High School Pool		
Oct 30, 2025	Thu	Practice (Practice)	N/A	4:00 PM	6:00 PM	Watertown High School Pool		
Nov 3, 2025	Mon	Practice (Practice)	N/A	4:00 PM	6:00 PM	Watertown High School Pool		
Nov 4, 2025	Tue	Practice (Practice)	N/A	4:00 PM	6:00 PM	Watertown High School Pool		
Nov 6, 2025	Thu	Practice (Practice)	N/A	4:00 PM	6:00 PM	Watertown High School Pool		
Nov 12, 2025	Wed	Regular Season	@ Indian River	5:00 PM	6:30 PM	Middle School Pool		L
POSTPONED Nov 14, 2025	Fri	Regular Season	Lowville, South Jefferson, Indian River	5:00 PM		Watertown High School Pool		L
Nov 17, 2025	Mon	Practice (Modified Swim Practice)	N/A	4:00 PM	6:00 PM	TBD		
Nov 17, 2025	Mon	Practice (Modified Swim Practice)	N/A	4:00 PM	6:00 PM	TBD		
Nov 18, 2025	Tue	Practice (Modified Swim Practice)	N/A	4:00 PM	6:00 PM	TBD		
Nov 19, 2025	Wed	Practice (Modified Swim Practice)	N/A	4:00 PM	6:00 PM	TBD		
Nov 20, 2025	Thu	Practice (Mod Swim Practice)	N/A	2:30 PM	4:30 PM	TBD		
Nov 21, 2025	Fri	Practice (Mod Swim Practice)	N/A	2:30 PM	4:30 PM	TBD		
Dec 1, 2025	Mon	Regular Season	South Jefferson	5:00 PM	8:00 PM	Watertown H S		L
Dec 2, 2025	Tue	Practice (Swim Practice)	N/A	4:00 PM	6:00 PM	TBD		
Dec 3, 2025	Wed	Regular Season	Lowville	5:00 PM	8:00 PM	Watertown H S		L
Dec 4, 2025	Thu	Regular Season	Indian River, Lowville @ South Jefferson	5:00 PM	8:00 PM	SJ HS/MS - Pool		L
Dec 5, 2025	Fri	Practice (Swim Practice)	N/A	4:00 PM	6:00 PM	TBD		
Dec 8, 2025	Mon	Regular Season	Indian River	5:00 PM	8:00 PM	Watertown H S		L
Dec 10, 2025	Wed	Practice (Practice)	N/A	4:00 PM	6:00 PM	TBD		
Dec 10, 2025	Wed	Regular Season	@ Gouverneur	5:00 PM		Gouverneur HS		L
Dec 11, 2025	Thu	Practice (No mandatory Practice)	N/A	2:30 PM	4:00 PM	TBD		
Dec 12, 2025	Fri	Regular Season (Modified Play Day )	South Jefferson, Lowville @ Indian River	5:00 PM	8:00 PM	Middle School Pool		L
POSTPONED Dec 15, 2025	Mon	Regular Season	@ South Jefferson	5:00 PM		SJ HS/MS - Pool		L

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON- LEAGUE
Dec 17, 2025	Wed	Regular Season	@ Lowville	5:00 PM		Lowville High School Main Gym		L

Date: 2025-12-17