

Coaches:

• Jessica Lister, Head Coach

DATE	WEEK DAY TYPE	OPPONENTS	START END TIME TIME	LOCATION	TRANSPORTATION	LEAGUE / NON- LEAGUE
Sep 19, 2023	Tue Regular Season	Thousand Islands @ South Lewis	4:30 PM	South Lewis Cross Country Course		L
Sep 26, 2023	Tue Regular Season	Carthage @ Beaver River	4:30 PM	Beaver River H S		L
Oct 3, 2023	Tue Regular Season	Indian River @ South Jefferson	4:30 PM	SJ HS/MS - Cross Country Course		L
Oct 10, 2023	Regular Season Tue (League Championships)	Carthage, Indian River, Beaver River, Thousand Islands, General Brown, South Lewis, Sandy Creek @ South Jefferson	4:30 PM	SJ HS/MS - Cross Country Course		L
Oct 14, 2023	Regular Season (E Sat Cross Country Invitational)	R Indian River, Carthage, Pulaski, Phoenix, Tully @ Beaver River	10:00 AM	Beaver River H S		NL

Date: 2024-04-20