

## Coaches:

• Jessica Lister, Head Coach

DATE	WEEK DAY	ТҮРЕ	OPPONENTS	START TIME	END TIME	LOCATION	LEAGUE TRANSPORTATION / NON- LEAGUE
Aug 26, 2024	Mon	Practice	N/A	3:30 PM	5:00 PM	Watertown H S	
Aug 27, 2024	Tue	Practice	N/A	3:30 PM	5:00 PM	Wiley Intermediate School Wiley Trails	
Aug 28, 2024	Wed	Practice	N/A	3:30 PM	5:00 PM	Wiley Intermediate School Wiley Trails	
Aug 29, 2024	Thu	Practice	N/A	3:30 PM	5:00 PM	Wiley Intermediate School Wiley Trails	
Aug 30, 2024	Fri	Practice	N/A	3:30 PM	5:00 PM	Wiley Intermediate School Wiley Trails	
Aug 31, 2024	Sat	Practice	N/A	8:30 AM	2:30 PM	TBD	Departure Date: Aug 31, 2024 Departure Time: 8:30 AM Return Date: Aug 31, 2024 Return Time: 2:30 PM
Sep 3, 2024	Tue	Practice	N/A	3:30 PM	5:00 PM	Wiley Intermediate School Wiley Trails	
Sep 4, 2024	Wed	Practice	N/A	3:30 PM	5:00 PM	Wiley Intermediate School Wiley Trails	
Sep 5, 2024	Thu	Practice	N/A	3:30 PM	5:00 PM	Wiley Intermediate School Wiley Trails	
Sep 6, 2024	Fri	Practice	N/A	3:30 PM	5:00 PM	Wiley Intermediate School Wiley Trails	

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON- LEAGUE
Sep 7, 2024	Sat	Regular Season (Mustang Invitational)	TBD, Adirondack, Auburn, Beaver River, Canastota, Cato- Meridian (Blue Devils), Cazenovia, Christian Brothers Academy, Dewitt, Central Square, Central Valley Academy, Chittenango, Clinton, Cicero-North Syracuse, DeRuyter, Dolgeville, Fabius- Pompey, Fayetteville- Manlius, Holland Patent, Homer, Indian River, Jamesville- Dewitt, Jordan- Elbridge, Liverpool, Marcellus, Mexico, New Hartford, Notre Dame, Utica, Nottingham (Nottingham), Oneida, Onondaga Central, Phoenix, Utica Proctor, Pulaski, Remsen, Rome Free Academy, Skaneateles, South Lewis, South Jefferson, Tully, Vernon-Verona- Sherrill, Whitesboro, Waterville, Weedsport, West Genesee, Westmoreland @ Mount Markham	8:00 AM	12:00 PM	HS Track		NL
Sep 17, 2024	Tue	Regular Season	Sandy Creek @ Indian River	5:00 PM	7:00 PM	Indian River M.S. Cross Country Course		L
Sep 24, 2024	Tue	Regular Season	Beaver River	5:00 PM		TBD		L
Oct 1, 2024	Tue	Regular Season	South Lewis @ South Jefferson	5:00 PM		SJ HS/MS - Cross Country Course		L
Oct 8, 2024	Tue	Regular Season	Carthage @ General Brown	5:00 PM	6:30 PM	General Brown High School		L
Oct 15, 2024	Tue	Regular Season	South Jefferson, Beaver River, Sandy Creek, Indian River, General Brown, South Lewis, Thousand Islands @ Carthage	3:30 PM	6:30 PM	Carthage High School		L

Date: 2025-12-05