

Coaches:

• Jessica Lister, Head Coach

DATE	WEEK DAY	ТҮРЕ	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON- LEAGUE
Sep 10, 2022	Sat	Regular Season (Vernon-Verona HS)	@ TBD	1:50 PM		Cross Country Course		L
Sep 10, 2022	Sat	Regular Season	@ Vernon-Verona- Sherrill	1:50 PM	3:30 PM	Cross Country Course	Departure Date: Sep 10, 2022 Departure Time: 11:00 AM	L
Sep 14, 2022	Wed	Regular Season	Indian River @ Beaver River	5:00 PM		Beaver River H S		L
Sep 20, 2022	Tue	Regular Season	South Lewis @ Carthage	5:00 PM		Carthage High School		L
Sep 24, 2022	Sat	Regular Season	@ TBD	2:50 PM		Bville - Durgee Cross Country Trail	Departure Date: Sep 10, 2022 Departure Time: 11:00 AM	L
Sep 24, 2022	Sat	Regular Season	TBD	2:50 PM		Bville - Durgee Jr. High School	<b>Departure Time:</b> 11:00 AM	L
Sep 27, 2022	Tue	Regular Season	Thousand Islands	5:00 PM		Watertown H S		L
Oct 1, 2022	Sat	Regular Season (Whitesboro Cross country invitational)	Oneonta, Notre Dame, Utica, Corcoran (Syracuse West), Westmoreland, New York Mills, New Hartford, Adirondack, Hamilton, Cooperstown, Central Valley Academy, Oriskany, West Canada Valley, Fulton, Utica Proctor, Oneida, Herkimer, Holland Patent, Clinton @ Whitesboro			Deerfield Town Wilderness Park		NL
Oct 4, 2022	Tue	Regular Season	South Jefferson, Sandy Creek	5:00 PM		Watertown H S		L
Oct 11, 2022	Tue	Regular Season (Frontier League Championships)	South Jefferson, Thousand Islands, Carthage, Sandy Creek, Indian River, Beaver River @ South Lewis	5:00 PM		South Lewis Cross Country Course		L
Oct 15, 2022	Sat	Regular Season (BR Invite)	Beaver River, Adirondack, Pulaski, Potsdam, Ogdensburg, Phoenix, Indian River, Carthage, Thousand Islands, Canton, Norwood- Norfolk, TBD @ TBD	10:00 AM		Beaver River H S		NL
Oct 15, 2022	Sat	Regular Season	TBD	10:50 AM		Beaver River H S	Departure Time: 8:00 AM	L

Date: 2024-04-28