



# Vernon-Verona-Sherrill

## (B) V Wrestling

### Coaches:

- Tyler Ayers
- Tyler Ayers
- Kevin Wickham

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Nov 17, 2025	Mon	Practice (Practice)	N/A	3:30 PM	5:30 PM	Wrestling Room - High School		
Nov 18, 2025	Tue	Practice (Practice)	N/A	3:30 PM	5:30 PM	Wrestling Room - High School		
Nov 19, 2025	Wed	Practice (Practice)	N/A	3:30 PM	5:30 PM	Wrestling Room - High School		
Nov 20, 2025	Thu	Practice (Practice)	N/A	3:30 PM	5:30 PM	Wrestling Room - High School		
Nov 21, 2025	Fri	Practice (Practice)	N/A	3:30 PM	5:30 PM	Wrestling Room - High School		
Nov 21, 2025	Fri	Practice (Weight Assessments at Central Valley Academy)	N/A	3:45 PM	5:00 PM	Beacon Light Field	<b>Departure Time:</b> 2:30 PM	
Nov 24, 2025	Mon	Practice (Practice)	N/A	3:30 PM	5:30 PM	Wrestling Room - High School		
Nov 25, 2025	Tue	Practice (Practice)	N/A	3:30 PM	5:30 PM	Wrestling Room - High School		
Nov 26, 2025	Wed	Practice (Practice)	N/A	3:30 PM	5:30 PM	Wrestling Room - High School		
Nov 27, 2025	Thu	Practice (Practice)	N/A	3:30 PM	5:30 PM	Wrestling Room - High School		
Nov 28, 2025	Fri	Practice (Practice)	N/A	3:30 PM	5:30 PM	Wrestling Room - High School		
Nov 29, 2025	Sat	Scrimmage (JV CNYWOA Scrimmage)	Cooperstown (Cooperstown/Milford)	9:00 AM	5:00 PM	VVS Main Gym (The Pit)		L
POSTPONED Nov 29, 2025	Sat	Scrimmage (CNYWOA Novice Scrimmage)	Rome Free Academy	9:30 AM		VVS Main Gym (The Pit)		NL
POSTPONED Nov 29, 2025	Sat	Scrimmage (weight ins at CVA)	Central Valley Academy	9:30 AM		VVS Main Gym (The Pit)	<b>Departure Time:</b> 2:45 PM	NL
Dec 1, 2025	Mon	Practice (Practice)	N/A	3:30 PM	5:30 PM	Wrestling Room - High School		
Dec 2, 2025	Tue	Practice (Practice)	N/A	3:30 PM	5:30 PM	Wrestling Room - High School		
Dec 3, 2025	Wed	Practice (Practice)	N/A	3:30 PM	5:30 PM	Wrestling Room - High School		
Dec 3, 2025	Wed	Regular Season	@ Camden	6:00 PM		Camden High School Main Gym	<b>Departure Time:</b> 4:30 PM	L
Dec 4, 2025	Thu	Practice (Practice)	N/A	3:30 PM	5:30 PM	Wrestling Room - High School		
Dec 5, 2025	Fri	Practice (Practice)	N/A	3:30 PM	5:30 PM	Wrestling Room - High School		

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Dec 6, 2025	Sat	Regular Season (Anderson Tournament )	Amsterdam (Amsterdam), Auburn, Chittenango, Kenmore West (Kenmore), Lansing (Co-ed), Little Falls, MILLBROOK HIGH, South Jefferson, Watertown, West Genesee, Windsor, Fairport, Honeoye Falls-Lima @ Cicero-North Syracuse	7:00 AM	7:00 PM	CNS HS-Main Gym	<b>Departure Time:</b> 6:45 AM	NL
Dec 8, 2025	Mon	Practice (Practice)	N/A	3:30 PM	5:30 PM	Wrestling Room - High School		
Dec 9, 2025	Tue	Practice (Practice)	N/A	3:30 PM	5:30 PM	Wrestling Room - High School		
Dec 10, 2025	Wed	Practice (Practice)	N/A	3:30 PM	5:30 PM	Wrestling Room - High School		
Dec 11, 2025	Thu	Practice (Practice)	N/A	3:30 PM	5:30 PM	Wrestling Room - High School		
Dec 12, 2025	Fri	Practice (Practice)	N/A	3:30 PM	5:30 PM	Wrestling Room - High School		
Dec 13, 2025	Sat	Regular Season (PHX Round Robin Tournament ) 57-204-0-62-178-145-140-85-165-96-115-280-89-115-106-23-0 L	Altmar-Parish-Williamstown (APW/Pulaski), Auburn, Baldwinsville, Cazenovia, Malone, Grand Island, New Hartford, Oswego, Palmyra-Macedon, Rush Henrietta, Syracuse City (Syracuse City), Tunkhannock, Whitesboro, Groton, Mexico @ Phoenix	9:30 AM	5:00 PM	JCB Gym	<b>Departure Time:</b> 6:15 AM	NL
Dec 15, 2025	Mon	Practice (Practice)	N/A	3:30 PM	5:30 PM	Wrestling Room - High School		
Dec 16, 2025	Tue	Practice (Practice)	N/A	3:30 PM	5:30 PM	Wrestling Room - High School		
Dec 17, 2025	Wed	Practice (Practice)	N/A	3:30 PM	5:30 PM	Wrestling Room - High School		
Dec 18, 2025	Thu	Practice (Practice)	N/A	3:30 PM	5:30 PM	Wrestling Room - High School		
Dec 18, 2025	Thu	Regular Season 30-44 L	@ Whitesboro	6:00 PM		Whitesboro High School Gym	<b>Departure Time:</b> 4:30 PM	L
Dec 19, 2025	Fri	Practice (Practice)	N/A	3:30 PM	5:30 PM	Wrestling Room - High School		
Dec 22, 2025	Mon	Practice (Practice)	N/A	3:30 PM	5:30 PM	Wrestling Room - High School		
Dec 23, 2025	Tue	Practice (Practice)	N/A	3:30 PM	5:30 PM	Wrestling Room - High School		
Dec 24, 2025	Wed	Practice (Practice)	N/A	3:30 PM	5:30 PM	Wrestling Room - High School		
Dec 25, 2025	Thu	Practice (Practice)	N/A	3:30 PM	5:30 PM	Wrestling Room - High School		
Dec 26, 2025	Fri	Practice (Practice)	N/A	3:30 PM	5:30 PM	Wrestling Room - High School		
Dec 27, 2025	Sat	Non-District (Cooperstown Inviational)	@ Cooperstown (Cooperstown/Milford)	9:00 AM		Bursey Gymnasium	<b>Departure Time:</b> 6:00 AM	NL

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Dec 29, 2025	Mon	Practice (Practice)	N/A	3:30 PM	5:30 PM	Wrestling Room - High School		
Dec 30, 2025	Tue	Practice (Practice)	N/A	3:30 PM	5:30 PM	Wrestling Room - High School		
Dec 31, 2025	Wed	Practice (Practice)	N/A	3:30 PM	5:30 PM	Wrestling Room - High School		
Jan 1, 2026	Thu	Practice (Practice)	N/A	3:30 PM	5:30 PM	Wrestling Room - High School		
Jan 2, 2026	Fri	Practice (Practice)	N/A	3:30 PM	5:30 PM	Wrestling Room - High School		
Jan 3, 2026	Sat	Regular Season (Fallen Heroes Tournament)	Liverpool, Ogdensburg, South Lewis, Fabius-Pompey (Southern Hills), Baldwinsville, East Syracuse Minoa @ Canastota	9:00 AM	3:30 PM	High School Gym, Laidlaw Gym	Departure Time: 7:00 AM	NL
Jan 5, 2026	Mon	Practice (Practice)	N/A	3:30 PM	5:30 PM	Wrestling Room - High School		
Jan 6, 2026	Tue	Practice (Practice)	N/A	3:30 PM	5:30 PM	Wrestling Room - High School		
Jan 7, 2026	Wed	Practice (Practice)	N/A	3:30 PM	5:30 PM	Wrestling Room - High School		
Jan 7, 2026	Wed	Regular Season	New Hartford	6:00 PM		VVS Main Gym (The Pit)		L
Jan 8, 2026	Thu	Practice (Practice)	N/A	3:30 PM	5:30 PM	Wrestling Room - High School		
Jan 9, 2026	Fri	Practice (Practice)	N/A	3:30 PM	5:30 PM	Wrestling Room - High School		
Jan 10, 2026	Sat	Meet (Cazenovia Wrestling Invitational)	Vs. Multiple	9:00 AM	8:00 PM	Aux Gym - Caz HS/MS, Cazenovia HS Buckley Gym, Cazenovia Middle School Gym	Departure Time: 6:45 AM	NL
Jan 12, 2026	Mon	Practice (Practice)	N/A	3:30 PM	5:30 PM	Wrestling Room - High School		
Jan 13, 2026	Tue	Practice (Practice)	N/A	3:30 PM	5:30 PM	Wrestling Room - High School		
Jan 14, 2026	Wed	Practice (Practice)	N/A	3:30 PM	5:30 PM	Wrestling Room - High School		
Jan 14, 2026	Wed	Regular Season	@ Central Valley Academy	6:00 PM		CVA Main Gym	Departure Time: 4:30 PM	L
Jan 15, 2026	Thu	Practice (Practice)	N/A	3:30 PM	5:30 PM	Wrestling Room - High School		
Jan 16, 2026	Fri	Practice (Practice)	N/A	3:30 PM	5:30 PM	Wrestling Room - High School		
Jan 17, 2026	Sat	Regular Season (Red Devil Invitational)	Mount Markham	7:00 AM		VVS Main Gym (The Pit)		NL
Jan 17, 2026	Sat	Regular Season (Red Devil Invitational)	Whitesboro	7:00 AM		VVS Main Gym (The Pit)		NL
Jan 17, 2026	Sat	Regular Season (Red Devil Invitational)	Cooperstown (Cooperstown/Milford)	7:00 AM	7:00 PM	VVS Main Gym (The Pit), VVS Volleyball Gym		NL
Jan 17, 2026	Sat	Regular Season (Red Devil Invitational)	Rome Free Academy	9:30 AM		VVS Main Gym (The Pit)		L

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Jan 17, 2026	Sat	Non-District (Red Devil Invitational)	Groton	9:30 AM		VVS Main Gym (The Pit)		L
Jan 17, 2026	Sat	Regular Season	Central Valley Academy	10:00 AM		VVS Main Gym (The Pit)		L
Jan 19, 2026	Mon	Practice (Practice)	N/A	3:30 PM	5:30 PM	Wrestling Room - High School		
Jan 20, 2026	Tue	Practice (Practice)	N/A	3:30 PM	5:30 PM	Wrestling Room - High School		
Jan 21, 2026	Wed	Practice (Practice)	N/A	3:30 PM	5:30 PM	Wrestling Room - High School		
Jan 21, 2026	Wed	Regular Season	Holland Patent	6:00 PM		VVS Main Gym (The Pit)		L
Jan 22, 2026	Thu	Practice (Practice)	N/A	3:30 PM	5:30 PM	Wrestling Room - High School		
Jan 23, 2026	Fri	Practice (Practice)	N/A	3:30 PM	5:30 PM	Wrestling Room - High School		
Jan 23, 2026	Fri	Regular Season (Senior Recognition)	@ Sherburne-Earlville	6:00 PM		Kevin Vibbard Court	<b>Departure Time:</b> 4:15 PM	NL
Jan 26, 2026	Mon	Practice (Practice)	N/A	3:30 PM	5:30 PM	Wrestling Room - High School		
Jan 27, 2026	Tue	Practice (Practice)	N/A	3:30 PM	5:30 PM	Wrestling Room - High School		
Jan 28, 2026	Wed	Practice (Practice)	N/A	3:30 PM	5:30 PM	Wrestling Room - High School		
Jan 28, 2026	Wed	Regular Season	Rome Free Academy	6:00 PM		VVS Main Gym (The Pit)		L
Jan 29, 2026	Thu	Practice (Practice)	N/A	3:30 PM	5:30 PM	Wrestling Room - High School		
Jan 30, 2026	Fri	Practice (Practice)	N/A	3:30 PM	5:30 PM	Wrestling Room - High School		
Feb 7, 2026	Sat	Post-Season (Class B tournament)	@ TBD	9:00 AM		TBD		L
Feb 14, 2026	Sat	Post-Season (sectionals)	@ TBD	9:00 AM		TBD		L

Date: 2026-01-10