



Vernon-Verona-Sherrill

(B) V Wrestling

Coaches:

- Tyler Ayers
- Tyler Ayers
- Kevin Wickham

| DATE | WEEK DAY | TYPE | OPPONENTS | START TIME | END TIME | LOCATION | TRANSPORTATION / NON-LEAGUE |
|------------------------|----------|---|-----------------------------------|------------|----------|------------------------------|-----------------------------------|
| Nov 17, 2025 | Mon | Practice (Practice) | N/A | 3:30 PM | 5:30 PM | Wrestling Room - High School | |
| Nov 18, 2025 | Tue | Practice (Practice) | N/A | 3:30 PM | 5:30 PM | Wrestling Room - High School | |
| Nov 19, 2025 | Wed | Practice (Practice) | N/A | 3:30 PM | 5:30 PM | Wrestling Room - High School | |
| Nov 20, 2025 | Thu | Practice (Practice) | N/A | 3:30 PM | 5:30 PM | Wrestling Room - High School | |
| Nov 21, 2025 | Fri | Practice (Practice) | N/A | 3:30 PM | 5:30 PM | Wrestling Room - High School | |
| Nov 21, 2025 | Fri | Practice (Weight Assessments at Central Valley Academy) | N/A | 3:45 PM | 5:00 PM | Beacon Light Field | Departure Time: 2:30 PM |
| Nov 24, 2025 | Mon | Practice (Practice) | N/A | 3:30 PM | 5:30 PM | Wrestling Room - High School | |
| Nov 25, 2025 | Tue | Practice (Practice) | N/A | 3:30 PM | 5:30 PM | Wrestling Room - High School | |
| Nov 26, 2025 | Wed | Practice (Practice) | N/A | 3:30 PM | 5:30 PM | Wrestling Room - High School | |
| Nov 27, 2025 | Thu | Practice (Practice) | N/A | 3:30 PM | 5:30 PM | Wrestling Room - High School | |
| Nov 28, 2025 | Fri | Practice (Practice) | N/A | 3:30 PM | 5:30 PM | Wrestling Room - High School | |
| Nov 29, 2025 | Sat | Scrimmage (JV CNYWOA Scrimmage) | Cooperstown (Cooperstown/Milford) | 9:00 AM | 5:00 PM | VVS Main Gym (The Pit) | L |
| POSTPONED Nov 29, 2025 | Sat | Scrimmage (CNYWOA Novice Scrimmage) | Rome Free Academy | 9:30 AM | | VVS Main Gym (The Pit) | NL |
| POSTPONED Nov 29, 2025 | Sat | Scrimmage (weight ins at CVA) | Central Valley Academy | 9:30 AM | | VVS Main Gym (The Pit) | Departure Time: 2:45 PM |
| Dec 1, 2025 | Mon | Practice (Practice) | N/A | 3:30 PM | 5:30 PM | Wrestling Room - High School | |
| Dec 2, 2025 | Tue | Practice (Practice) | N/A | 3:30 PM | 5:30 PM | Wrestling Room - High School | |
| Dec 3, 2025 | Wed | Practice (Practice) | N/A | 3:30 PM | 5:30 PM | Wrestling Room - High School | |
| Dec 3, 2025 | Wed | Regular Season | @ Camden | 6:00 PM | | Camden High School Main Gym | Departure Time: 4:30 PM |
| Dec 4, 2025 | Thu | Practice (Practice) | N/A | 3:30 PM | 5:30 PM | Wrestling Room - High School | |
| Dec 5, 2025 | Fri | Practice (Practice) | N/A | 3:30 PM | 5:30 PM | Wrestling Room - High School | |

| DATE | WEEK DAY | TYPE | OPPONENTS | START TIME | END TIME | LOCATION | TRANSPORTATION | LEAGUE / NON-LEAGUE |
|--------------|----------|---|---|------------|----------|------------------------------|-----------------------------------|---------------------|
| Dec 6, 2025 | Sat | Regular Season (Anderson Tournament) | Amsterdam (Amsterdam), Auburn, Chittenango, Kenmore West (Kenmore), Lansing (Co-ed), Little Falls, MILLBROOK HIGH, South Jefferson, Watertown, West Genesee, Windsor, Fairport, Honeoye Falls-Lima @ Cicero-North Syracuse | 7:00 AM | 7:00 PM | CNS HS-Main Gym | Departure Time: 6:45 AM | NL |
| Dec 8, 2025 | Mon | Practice (Practice) | N/A | 3:30 PM | 5:30 PM | Wrestling Room - High School | | |
| Dec 9, 2025 | Tue | Practice (Practice) | N/A | 3:30 PM | 5:30 PM | Wrestling Room - High School | | |
| Dec 10, 2025 | Wed | Practice (Practice) | N/A | 3:30 PM | 5:30 PM | Wrestling Room - High School | | |
| Dec 11, 2025 | Thu | Practice (Practice) | N/A | 3:30 PM | 5:30 PM | Wrestling Room - High School | | |
| Dec 12, 2025 | Fri | Practice (Practice) | N/A | 3:30 PM | 5:30 PM | Wrestling Room - High School | | |
| Dec 13, 2025 | Sat | Regular Season (PHX Round Robin Tournament) 57-204-0-62-178- 145-140-85-165- 96-115-280-89- 115-106-23-0 L | Altmar-Parish-Williamstown (APW/Pulaski), Auburn, Baldwinsville, Cazenovia, Malone, Grand Island, New Hartford, Oswego, Palmyra-Macedon, Rush Henrietta, Syracuse City (Syracuse City), Tunkhannock, Whitesboro, Groton, Mexico @ Phoenix | 9:30 AM | 5:00 PM | JCB Gym | Departure Time: 6:15 AM | NL |
| Dec 15, 2025 | Mon | Practice (Practice) | N/A | 3:30 PM | 5:30 PM | Wrestling Room - High School | | |
| Dec 16, 2025 | Tue | Practice (Practice) | N/A | 3:30 PM | 5:30 PM | Wrestling Room - High School | | |
| Dec 17, 2025 | Wed | Practice (Practice) | N/A | 3:30 PM | 5:30 PM | Wrestling Room - High School | | |
| Dec 18, 2025 | Thu | Practice (Practice) | N/A | 3:30 PM | 5:30 PM | Wrestling Room - High School | | |
| Dec 18, 2025 | Thu | Regular Season 30-44 L | @ Whitesboro | 6:00 PM | | Whitesboro High School Gym | Departure Time: 4:30 PM | L |
| Dec 19, 2025 | Fri | Practice (Practice) | N/A | 3:30 PM | 5:30 PM | Wrestling Room - High School | | |
| Dec 22, 2025 | Mon | Practice (Practice) | N/A | 3:30 PM | 5:30 PM | Wrestling Room - High School | | |
| Dec 23, 2025 | Tue | Practice (Practice) | N/A | 3:30 PM | 5:30 PM | Wrestling Room - High School | | |
| Dec 24, 2025 | Wed | Practice (Practice) | N/A | 3:30 PM | 5:30 PM | Wrestling Room - High School | | |
| Dec 25, 2025 | Thu | Practice (Practice) | N/A | 3:30 PM | 5:30 PM | Wrestling Room - High School | | |
| Dec 26, 2025 | Fri | Practice (Practice) | N/A | 3:30 PM | 5:30 PM | Wrestling Room - High School | | |
| Dec 27, 2025 | Sat | Non-District (Cooperstown Invitational) | @ Cooperstown (Cooperstown/Milford) | 9:00 AM | | Bursey Gymnasium | Departure Time: 6:00 AM | NL |

| DATE | WEEK DAY | TYPE | OPPONENTS | START TIME | END TIME | LOCATION | TRANSPORTATION | LEAGUE / NON-LEAGUE |
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| Dec 29, 2025 | Mon | Practice (Practice) | N/A | 3:30 PM | 5:30 PM | Wrestling Room - High School | | |
| Dec 30, 2025 | Tue | Practice (Practice) | N/A | 3:30 PM | 5:30 PM | Wrestling Room - High School | | |
| Dec 31, 2025 | Wed | Practice (Practice) | N/A | 3:30 PM | 5:30 PM | Wrestling Room - High School | | |
| Jan 1, 2026 | Thu | Practice (Practice) | N/A | 3:30 PM | 5:30 PM | Wrestling Room - High School | | |
| Jan 2, 2026 | Fri | Practice (Practice) | N/A | 3:30 PM | 5:30 PM | Wrestling Room - High School | | |
| Jan 3, 2026 | Sat | Regular Season (Fallen Heroes Tournament) | Liverpool, Ogdensburg, South Lewis, Fabius-Pompey (Southern Hills), Baldwinsville, East Syracuse Minoa @ Canastota | 9:00 AM | 3:30 PM | High School Gym, Laidlaw Gym | Departure Time: 7:00 AM | NL |
| | | | | | | | | |
| Jan 5, 2026 | Mon | Practice (Practice) | N/A | 3:30 PM | 5:30 PM | Wrestling Room - High School | | |
| Jan 6, 2026 | Tue | Practice (Practice) | N/A | 3:30 PM | 5:30 PM | Wrestling Room - High School | | |
| Jan 7, 2026 | Wed | Practice (Practice) | N/A | 3:30 PM | 5:30 PM | Wrestling Room - High School | | |
| Jan 7, 2026 | Wed | Regular Season | New Hartford | 6:00 PM | | VVS Main Gym (The Pit) | | L |
| Jan 8, 2026 | Thu | Practice (Practice) | N/A | 3:30 PM | 5:30 PM | Wrestling Room - High School | | |
| Jan 9, 2026 | Fri | Practice (Practice) | N/A | 3:30 PM | 5:30 PM | Wrestling Room - High School | | |
| Jan 10, 2026 | Sat | Meet (Cazenovia Wrestling Invitational) | Vs. Multiple | 9:00 AM | 8:00 PM | Aux Gym - Caz HS/MS, Cazenovia HS Buckley Gym, Cazenovia Middle School Gym | Departure Time: 6:45 AM | NL |
| | | | | | | | | |
| Jan 12, 2026 | Mon | Practice (Practice) | N/A | 3:30 PM | 5:30 PM | Wrestling Room - High School | | |
| Jan 13, 2026 | Tue | Practice (Practice) | N/A | 3:30 PM | 5:30 PM | Wrestling Room - High School | | |
| Jan 14, 2026 | Wed | Practice (Practice) | N/A | 3:30 PM | 5:30 PM | Wrestling Room - High School | | |
| Jan 14, 2026 | Wed | Regular Season | @ Central Valley Academy | 6:00 PM | | CVA Main Gym | Departure Time: 4:30 PM | L |
| Jan 15, 2026 | Thu | Practice (Practice) | N/A | 3:30 PM | 5:30 PM | Wrestling Room - High School | | |
| Jan 16, 2026 | Fri | Practice (Practice) | N/A | 3:30 PM | 5:30 PM | Wrestling Room - High School | | |
| Jan 17, 2026 | Sat | Regular Season (Red Devil Invitational) | Mount Markham | 7:00 AM | | VVS Main Gym (The Pit) | | NL |
| Jan 17, 2026 | Sat | Regular Season (Red Devil Invitational) | Whitesboro | 7:00 AM | | VVS Main Gym (The Pit) | | NL |
| Jan 17, 2026 | Sat | Regular Season (Red Devil Invitational) | Cooperstown (Cooperstown/Milford) | 7:00 AM | 7:00 PM | VVS Main Gym (The Pit), VVS Volleyball Gym | | NL |
| Jan 17, 2026 | Sat | Regular Season (Red Devil Invitational) | Rome Free Academy | 9:30 AM | | VVS Main Gym (The Pit) | | L |

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| Jan 17, 2026 | Sat | Non-District (Red Devil Invitational) | Groton | 9:30 AM | | VVS Main Gym (The Pit) | | L |
| Jan 17, 2026 | Sat | Regular Season | Central Valley Academy | 10:00 AM | | VVS Main Gym (The Pit) | | L |
| Jan 19, 2026 | Mon | Practice (Practice) | N/A | 3:30 PM | 5:30 PM | Wrestling Room - High School | | |
| Jan 20, 2026 | Tue | Practice (Practice) | N/A | 3:30 PM | 5:30 PM | Wrestling Room - High School | | |
| Jan 21, 2026 | Wed | Practice (Practice) | N/A | 3:30 PM | 5:30 PM | Wrestling Room - High School | | |
| Jan 21, 2026 | Wed | Regular Season | Holland Patent | 6:00 PM | | VVS Main Gym (The Pit) | | L |
| Jan 22, 2026 | Thu | Practice (Practice) | N/A | 3:30 PM | 5:30 PM | Wrestling Room - High School | | |
| Jan 23, 2026 | Fri | Practice (Practice) | N/A | 3:30 PM | 5:30 PM | Wrestling Room - High School | | |
| Jan 23, 2026 | Fri | Regular Season (Senior Recognition) | @ Sherburne-Earlville | 6:00 PM | | Kevin Vibbard Court | Departure Time: 4:15 PM | NL |
| Jan 26, 2026 | Mon | Practice (Practice) | N/A | 3:30 PM | 5:30 PM | Wrestling Room - High School | | |
| Jan 27, 2026 | Tue | Practice (Practice) | N/A | 3:30 PM | 5:30 PM | Wrestling Room - High School | | |
| Jan 28, 2026 | Wed | Practice (Practice) | N/A | 3:30 PM | 5:30 PM | Wrestling Room - High School | | |
| Jan 28, 2026 | Wed | Regular Season | Rome Free Academy | 6:00 PM | | VVS Main Gym (The Pit) | | L |
| Jan 29, 2026 | Thu | Practice (Practice) | N/A | 3:30 PM | 5:30 PM | Wrestling Room - High School | | |
| Jan 30, 2026 | Fri | Practice (Practice) | N/A | 3:30 PM | 5:30 PM | Wrestling Room - High School | | |
| Feb 7, 2026 | Sat | Post-Season (Class B tournament) | @ TBD | 9:00 AM | | TBD | | L |
| Feb 14, 2026 | Sat | Post-Season (sectionals) | @ TBD | 9:00 AM | | TBD | | L |

Date: 2026-01-10