



Vernon-Verona-Sherrill

(B) V Wrestling

Coaches:

- Tyler Ayers
- Tyler Ayers

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Nov 14, 2022	Mon	Practice (Practice - Wrestling Room)	N/A	3:00 PM	5:00 PM	TBD		
Nov 15, 2022	Tue	Practice (Practice - Wrestling Room)	N/A	3:00 PM	5:00 PM	TBD		
Nov 16, 2022	Wed	Practice (Practice - Wrestling Room)	N/A	3:00 PM	5:00 PM	TBD		
Nov 17, 2022	Thu	Practice (Practice - Wrestling Room)	N/A	3:00 PM	5:00 PM	TBD		
Nov 18, 2022	Fri	Practice (Practice - Wrestling Room)	N/A	3:00 PM	5:00 PM	TBD		
Nov 18, 2022	Fri	Scrimmage (Weight Certifications)	@ Central Valley Academy	4:00 PM		CVA Wrestling Room		Departure Date: Nov 18, 2022 Departure Time: 2:45 PM Return Date: Nov 18, 2022 Return Time: 6:30 PM NL
Nov 21, 2022	Mon	Practice (Practice - Wrestling Room)	N/A	3:00 PM	5:00 PM	TBD		
Nov 22, 2022	Tue	Practice (Practice - Wrestling Room)	N/A	3:00 PM	5:00 PM	TBD		
Nov 23, 2022	Wed	Practice (Practice - Wrestling Room)	N/A	3:00 PM	5:00 PM	TBD		
CANCELLED Nov 24, 2022	Thu	Practice (Practice - Wrestling Room)	N/A	3:00 PM	5:00 PM	TBD		
Nov 25, 2022	Fri	Practice (Practice - Wrestling Room)	N/A	3:00 PM	5:00 PM	TBD		
Nov 26, 2022	Sat	Regular Season (VVS Tournament)	Central Square	8:00 AM		VVS Main Gym (The Pit)		L
Nov 28, 2022	Mon	Practice (Practice - Wrestling Room)	N/A	3:00 PM	5:00 PM	TBD		
Nov 29, 2022	Tue	Practice (Practice - Wrestling Room)	N/A	3:00 PM	5:00 PM	TBD		
Nov 30, 2022	Wed	Practice (Practice - Wrestling Room)	N/A	3:00 PM	5:00 PM	TBD		
Dec 1, 2022	Thu	Practice (Practice - Wrestling Room)	N/A	3:00 PM	5:00 PM	TBD		
Dec 2, 2022	Fri	Practice (Practice - Wrestling Room)	N/A	3:00 PM	5:00 PM	TBD		
Dec 3, 2022	Sat	Regular Season (Morrisville-Eaton Dual Meet Tournament)	Whitesboro, Cazenovia, East Syracuse Minoa, Jamesville-Dewitt (JD/CBA/Solvay) @ Morrisville-Eaton (Morrisville-Eaton/Madison)	9:30 AM	6:00 PM	Middle/High School Gym		Departure Date: Dec 3, 2022 Departure Time: 6:30 AM NL
Dec 5, 2022	Mon	Practice (Practice - Wrestling Room)	N/A	3:00 PM	5:00 PM	TBD		
Dec 6, 2022	Tue	Practice (Practice - Wrestling Room)	N/A	3:00 PM	5:00 PM	TBD		
Dec 7, 2022	Wed	Practice (Practice - Wrestling Room)	N/A	3:00 PM	5:00 PM	TBD		

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Dec 7, 2022	Wed	Regular Season	Camden	6:00 PM		VVS Main Gym (The Pit)		L
Dec 8, 2022	Thu	Practice (Practice - Wrestling Room)	N/A	3:00 PM	5:00 PM	TBD		
Dec 9, 2022	Fri	Practice (Practice - Wrestling Room)	N/A	3:00 PM	5:00 PM	TBD		
Dec 10, 2022	Sat	Regular Season (Phoenix Round Robin)	Altmar-Parish-Williamstown (APW/Pulaski), Auburn, Baldwinsville, Cortland, Fayetteville-Manlius, Grand Island, Liverpool, Mexico, New Hartford, Palmyra-Macedon, Rush Henrietta, South Jefferson, Union-Endicott, Whitesboro, Hannibal @ Phoenix	8:00 AM		JCB Gym	Departure Date: Dec 10, 2022 Departure Time: 6:15 AM Return Date: Return Time: 7:00 PM	NL
Dec 12, 2022	Mon	Practice (Practice - Wrestling Room)	N/A	3:00 PM	5:00 PM	TBD		
Dec 13, 2022	Tue	Practice (Practice - Wrestling Room)	N/A	3:00 PM	5:00 PM	TBD		
Dec 14, 2022	Wed	Practice (Practice - Wrestling Room)	N/A	3:00 PM	5:00 PM	TBD		
Dec 14, 2022	Wed	Regular Season	@ New Hartford	6:00 PM		Bradley Elementary Gym	Departure Date: Dec 14, 2022 Departure Time: 4:00 PM Return Date: Return Time: 9:30 PM	L
Dec 15, 2022	Thu	Practice (Practice - Wrestling Room)	N/A	3:00 PM	5:00 PM	TBD		
Dec 16, 2022	Fri	Practice (Practice - Wrestling Room)	N/A	3:00 PM	5:00 PM	TBD		
Dec 19, 2022	Mon	Practice (Practice - Wrestling Room)	N/A	3:00 PM	5:00 PM	TBD		
Dec 20, 2022	Tue	Practice (Practice - Wrestling Room)	N/A	3:00 PM	5:00 PM	TBD		
Dec 21, 2022	Wed	Practice (Practice - Wrestling Room)	N/A	3:00 PM	5:00 PM	TBD		
Dec 21, 2022	Wed	Regular Season	Central Valley Academy	6:00 PM		VVS Main Gym (The Pit)		L
Dec 22, 2022	Thu	Practice (Practice - Wrestling Room)	N/A	3:00 PM	5:00 PM	TBD		
Dec 23, 2022	Fri	Practice (Practice - Wrestling Room)	N/A	3:00 PM	5:00 PM	TBD		
Dec 26, 2022	Mon	Practice (Practice - Wrestling Room)	N/A	3:00 PM	5:00 PM	TBD		
Dec 27, 2022	Tue	Practice (Practice - Wrestling Room)	N/A	3:00 PM	5:00 PM	TBD		
Dec 28, 2022	Wed	Practice (Practice - Wrestling Room)	N/A	3:00 PM	5:00 PM	TBD		
Dec 29, 2022	Thu	Practice (Practice - Wrestling Room)	N/A	3:00 PM	5:00 PM	TBD		

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Dec 30, 2022	Fri	Regular Season (Cooperstown Invitational)	@ Cooperstown (Cooperstown/Milford)	9:00 AM		Bursey Gymnasium	Departure Date: Dec 30, 2022 Departure Time: 6:30 AM Return Date: Dec 30, 2022 Return Time: 6:30 PM	L
Dec 30, 2022	Fri	Practice (Practice - Wrestling Room)	N/A	3:00 PM	5:00 PM	TBD		
Jan 2, 2023	Mon	Practice (Practice - Wrestling Room)	N/A	3:00 PM	5:00 PM	TBD		
Jan 3, 2023	Tue	Practice (Practice - Wrestling Room)	N/A	3:00 PM	5:00 PM	TBD		
Jan 4, 2023	Wed	Practice (Practice - Wrestling Room)	N/A	3:00 PM	5:00 PM	TBD		
Jan 4, 2023	Wed	Regular Season 44-6 W	Whitesboro	7:00 PM	9:00 PM	VVS MS Gym		L
Jan 5, 2023	Thu	Practice (Practice - Wrestling Room)	N/A	3:00 PM	5:00 PM	TBD		
Jan 6, 2023	Fri	Practice (Practice - Wrestling Room)	N/A	3:00 PM	5:00 PM	TBD		
Jan 7, 2023	Sat	Regular Season (Stan Elinsky Tournament)	@ Deposit (Deposit-Hancock)	9:00 AM		Deposit Jr/Sr High School Gym	Departure Date: Jan 7, 2023 Departure Time: 5:30 AM Return Date: Jan 7, 2023 Return Time: 6:30 PM	L
Jan 9, 2023	Mon	Practice (Practice - Wrestling Room)	N/A	3:00 PM	5:00 PM	TBD		
Jan 10, 2023	Tue	Practice (Practice - Wrestling Room)	N/A	3:00 PM	5:00 PM	TBD		
Jan 11, 2023	Wed	Practice (Practice - Wrestling Room)	N/A	3:00 PM	5:00 PM	TBD		
Jan 12, 2023	Thu	Practice (Practice - Wrestling Room)	N/A	3:00 PM	5:00 PM	TBD		
Jan 12, 2023	Thu	Regular Season	@ Holland Patent	6:00 PM		HS Gym	Departure Date: Jan 11, 2023 Departure Time: 4:00 PM Return Date: Return Time: 9:00 PM	L
Jan 13, 2023	Fri	Practice (Practice - Wrestling Room)	N/A	3:00 PM	5:00 PM	TBD		
Jan 14, 2023	Sat	Regular Season (Blue Devil Invitational)	@ Camden	9:00 AM		Camden High School Main Gym	Departure Date: Jan 14, 2023 Departure Time: 6:15 AM Return Date: Jan 14, 2023 Return Time: 6:30 PM	L
Jan 16, 2023	Mon	Practice (Practice - Wrestling Room)	N/A	3:00 PM	5:00 PM	TBD		
Jan 17, 2023	Tue	Practice (Practice - Wrestling Room)	N/A	3:00 PM	5:00 PM	TBD		
Jan 18, 2023	Wed	Practice (Practice - Wrestling Room)	N/A	3:00 PM	5:00 PM	TBD		

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Jan 18, 2023	Wed	Regular Season	@ Rome Free Academy	6:00 PM		RFA Main Gym	Departure Date: Jan 18, 2023 Departure Time: 4:30 PM Return Date: Return Time: 9:00 PM	L
Jan 19, 2023	Thu	Practice (Practice - Wrestling Room)	N/A	3:00 PM	5:00 PM	TBD		
Jan 20, 2023	Fri	Practice (Practice - Wrestling Room)	N/A	3:00 PM	5:00 PM	TBD		
CANCELLED Jan 20, 2023	Fri	Regular Season (Mustang Duals)	Cooperstown (Cooperstown/Milford), Holland Patent, New Hartford, Rome Free Academy, Dolgeville, Little Falls, Saranac, Goshen, Beekmantown @ Mount Markham	4:00 PM		MS Big Gym		NL
Jan 20, 2023	Fri	Regular Season	@ TBD	4:00 PM	9:00 PM	TBD	Departure Date: Jan 20, 2023 Departure Time: 2:30 PM Return Date: Jan 20, 2023 Return Time: 9:30 PM	L
Jan 21, 2023	Sat	Regular Season (Mustang Duals)	Holland Patent, New Hartford, Rome Free Academy, Cooperstown (Cooperstown/Milford), Dolgeville, Little Falls, Saranac, Goshen, Beekmantown @ Mount Markham	9:00 AM		MS Big Gym		NL
Jan 21, 2023	Sat	Regular Season	@ TBD	9:00 AM	6:00 PM	TBD	Departure Date: Jan 21, 2023 Departure Time: 6:30 AM Return Date: Jan 21, 2023 Return Time: 9:30 PM	NL
Jan 23, 2023	Mon	Practice (Practice - Wrestling Room)	N/A	3:00 PM	5:00 PM	TBD		
Jan 24, 2023	Tue	Practice (Practice - Wrestling Room)	N/A	3:00 PM	5:00 PM	TBD		
Jan 24, 2023	Tue	Regular Season	@ Adirondack	6:00 PM	8:00 PM	HS Gym	Departure Date: Jan 24, 2023 Departure Time: 4:00 PM Return Date: Jan 24, 2023 Return Time: 9:00 PM	NL
Jan 25, 2023	Wed	Practice (Practice - Wrestling Room)	N/A	3:00 PM	5:00 PM	TBD		
Jan 26, 2023	Thu	Practice (Practice - Wrestling Room)	N/A	3:00 PM	5:00 PM	TBD		
Jan 26, 2023	Thu	Regular Season	Canastota	6:00 PM	9:00 PM	VVS Main Gym (The Pit)		L

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Jan 27, 2023	Fri	Practice (Practice - Wrestling Room)	N/A	3:00 PM	5:00 PM	TBD		
Jan 30, 2023	Mon	Practice (Practice - Wrestling Room)	N/A	3:00 PM	5:00 PM	TBD		
Jan 31, 2023	Tue	Practice (Practice - Wrestling Room)	N/A	3:00 PM	5:00 PM	TBD		
Feb 1, 2023	Wed	Practice (Practice - Wrestling Room)	N/A	3:00 PM	5:00 PM	TBD		
Feb 2, 2023	Thu	Practice (Practice - Wrestling Room)	N/A	3:00 PM	5:00 PM	TBD		
Feb 3, 2023	Fri	Practice (Practice - Wrestling Room)	N/A	3:00 PM	5:00 PM	TBD		
Feb 4, 2023	Sat	Regular Season (Classes at Indian River)	@ Indian River	TBD		Indian River Middle School Gym#1 (Main Office), Indian River Middle School Gym #2 (Center), Indian River Middle School Gym #3 (Pool Side)	Departure Time: 6:30 AM	L
Feb 6, 2023	Mon	Practice (Practice - Wrestling Room)	N/A	3:00 PM	5:00 PM	TBD		
Feb 7, 2023	Tue	Practice (Practice - Wrestling Room)	N/A	3:00 PM	5:00 PM	TBD		
Feb 8, 2023	Wed	Practice (Practice - Wrestling Room)	N/A	3:00 PM	5:00 PM	TBD		
Feb 9, 2023	Thu	Practice (Practice - Wrestling Room)	N/A	3:00 PM	5:00 PM	TBD		
Feb 10, 2023	Fri	Practice (Practice - Wrestling Room)	N/A	3:00 PM	5:00 PM	TBD		
Feb 11, 2023	Sat	Post-Season	@ TBD	9:30 AM		OCC - SRC Arena	Departure Date: Feb 11, 2023 Departure Time: 7:00 AM	L
Feb 11, 2023	Sat	Scrimmage	Little Falls	9:30 AM		VVS Main Gym (The Pit)		NL
Feb 13, 2023	Mon	Practice (Practice - Wrestling Room)	N/A	3:00 PM	5:00 PM	TBD		
Feb 14, 2023	Tue	Practice (Practice - Wrestling Room)	N/A	3:00 PM	5:00 PM	TBD		
Feb 15, 2023	Wed	Practice (Practice - Wrestling Room)	N/A	3:00 PM	5:00 PM	TBD		
Feb 16, 2023	Thu	Practice (Practice - Wrestling Room)	N/A	3:00 PM	5:00 PM	TBD		
Feb 17, 2023	Fri	Practice (Practice - Wrestling Room)	N/A	3:00 PM	5:00 PM	TBD		
Feb 20, 2023	Mon	Practice (Practice - Wrestling Room)	N/A	3:00 PM	5:00 PM	TBD		
Feb 21, 2023	Tue	Practice (Practice - Wrestling Room)	N/A	3:00 PM	5:00 PM	TBD		
Feb 22, 2023	Wed	Practice (Practice - Wrestling Room)	N/A	3:00 PM	5:00 PM	TBD		

Date: 2024-04-27