



Vernon-Verona-Sherrill

(B) V Winter Track

Coaches:

- Todd Bauer

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Nov 22, 2025	Sat	Practice	N/A	8:00 AM	10:00 AM	VVS Volleyball Gym		
Nov 26, 2025	Wed	Practice	N/A	8:00 AM	10:00 AM	VVS Volleyball Gym		
Dec 3, 2025	Wed	Practice	N/A	4:00 PM	5:30 PM	VVS Volleyball Gym		
Dec 4, 2025	Thu	Regular Season (Mohawk Valley Kickoff meeting at Utica University)	@ TBD	7:30 PM	10:00 PM	Utica College Dome	Departure Time: 5:30 PM	L
Dec 10, 2025	Wed	Practice	N/A	4:00 PM	5:30 PM	VVS Volleyball Gym		
Dec 12, 2025	Fri	Regular Season (Mohawk Valley meet 2)	@ TBD	4:00 PM	6:30 PM	Utica College Dome	Departure Time: 2:30 PM	L
Dec 15, 2025	Mon	Regular Season (Oscar Jensen Memorial Relays at Hamilton College)	@ TBD	4:00 PM	10:30 PM	Hamilton College	Departure Time: 2:30 PM	L
Dec 17, 2025	Wed	Practice	N/A	4:00 PM	5:30 PM	VVS Volleyball Gym		
Dec 18, 2025	Thu	Regular Season (Arthur McKinnon Meet)	@ TBD	4:00 PM	6:30 PM	Utica College Dome	Departure Time: 2:30 PM	L
Dec 23, 2025	Tue	Practice	N/A	8:30 AM	10:30 AM	VVS Volleyball Gym		
Dec 27, 2025	Sat	Regular Season (Meet at Utica College)	@ TBD	10:00 AM		Utica College Dome	Departure Time: 8:15 AM	L
Dec 29, 2025	Mon	Practice	N/A	8:30 AM	10:30 AM	VVS Volleyball Gym		
Dec 30, 2025	Tue	Practice	N/A	8:30 AM	10:30 AM	VVS Volleyball Gym		
Jan 2, 2026	Fri	Regular Season (Colgate)	@ TBD	4:00 PM		TBD	Departure Time: 2:15 PM	L
Jan 7, 2026	Wed	Practice	N/A	4:00 PM	5:30 PM	VVS Volleyball Gym		
Jan 8, 2026	Thu	Regular Season (Mohawk Valley Supplemental Meets)	@ TBD	4:00 PM	6:00 PM	Mohawk Valley Community College	Departure Time: 2:30 PM	L
Jan 10, 2026	Sat	Regular Season (Utica College)	@ TBD	10:00 AM		TBD	Departure Time: 8:15 AM	L
Jan 14, 2026	Wed	Practice	N/A	4:00 PM	5:30 PM	VVS Volleyball Gym		
Jan 15, 2026	Thu	Regular Season (Mohawk Valley Supplemental Meets)	@ TBD	7:00 PM	9:00 PM	TBD	Departure Time: 4:15 PM	L
Jan 17, 2026	Sat	Regular Season (Fred Kirschenheiter memorial)	@ TBD	3:00 PM	8:00 PM	OCC - SRC Arena	Departure Time: 1:00 PM	L
Jan 21, 2026	Wed	Practice	N/A	4:00 PM	5:30 PM	VVS Volleyball Gym		
Jan 22, 2026	Thu	Regular Season (TVL Championships)	@ TBD	7:30 PM	10:00 PM	Utica College Dome	Departure Time: 5:45 PM	L
Jan 27, 2026	Tue	Practice	N/A	4:00 PM	5:30 PM	VVS Volleyball Gym		
Jan 28, 2026	Wed	Practice	N/A	4:00 PM	5:30 PM	VVS Volleyball Gym		

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Jan 30, 2026	Fri	Practice	N/A	4:30 PM	5:30 PM	VVS Volleyball Gym		
Feb 4, 2026	Wed	Practice	N/A	4:00 PM	5:30 PM	VVS Volleyball Gym		
Feb 6, 2026	Fri	Practice	N/A	3:00 PM	5:00 PM	VVS Volleyball Gym		
Feb 7, 2026	Sat	Post-Season (Sectional Championships)	@ TBD	9:00 AM	2:00 PM	OCC - SRC Arena	Departure Time: 7:00 AM	L
Feb 10, 2026	Tue	Practice	N/A	4:30 PM	6:00 PM	VVS Volleyball Gym		
Feb 11, 2026	Wed	Practice	N/A	4:00 PM	5:30 PM	VVS Volleyball Gym		
Feb 11, 2026	Wed	Post-Season (Section 3 State Qualifier)	@ TBD	4:30 PM		TBD	Departure Time: 2:30 PM	L
Feb 25, 2026	Wed	Practice	N/A	4:00 PM	5:30 PM	VVS Volleyball Gym		
Mar 4, 2026	Wed	Practice	N/A	4:00 PM	5:30 PM	VVS Volleyball Gym		

Date: 2026-02-16