



Vernon-Verona-Sherrill

(G) V Winter Track

Coaches:

- Todd Bauer
- Dan Margo

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Dec 1, 2025	Mon	Practice	N/A	3:00 PM	5:15 PM	VVS MS Cafe		
Dec 2, 2025	Tue	Practice	N/A	3:00 PM	5:15 PM	VVS MS Cafe		
Dec 3, 2025	Wed	Practice	N/A	3:00 PM	5:15 PM	VVS MS Cafe		
Dec 3, 2025	Wed	Practice	N/A	4:00 PM	5:30 PM	VVS Volleyball Gym		
Dec 5, 2025	Fri	Practice	N/A	3:00 PM	5:15 PM	VVS MS Cafe		
Dec 7, 2025	Sun	Practice (Throwing Practice)	N/A	4:00 PM	6:00 PM	VVS Volleyball Gym, VVS MS Cafe		
Dec 8, 2025	Mon	Practice	N/A	3:00 PM	5:15 PM	VVS MS Cafe		
Dec 9, 2025	Tue	Practice	N/A	3:00 PM	5:15 PM	VVS MS Cafe		
Dec 10, 2025	Wed	Practice	N/A	3:00 PM	5:15 PM	VVS MS Cafe		
Dec 10, 2025	Wed	Practice	N/A	4:00 PM	5:30 PM	VVS Volleyball Gym		
Dec 12, 2025	Fri	Practice	N/A	3:00 PM	5:15 PM	VVS MS Cafe		
Dec 14, 2025	Sun	Practice	N/A	4:30 PM	6:30 PM	VVS MS Cafe, VVS Volleyball Gym		
Dec 16, 2025	Tue	Practice	N/A	3:00 PM	5:15 PM	VVS MS Cafe		
Dec 17, 2025	Wed	Practice	N/A	3:00 PM	5:15 PM	VVS MS Cafe		
Dec 17, 2025	Wed	Practice	N/A	4:00 PM	5:30 PM	VVS Volleyball Gym		
Dec 18, 2025	Thu	Practice	N/A	3:00 PM	5:15 PM	VVS MS Cafe		
Dec 19, 2025	Fri	Practice	N/A	3:00 PM	5:15 PM	VVS MS Cafe		
Jan 1, 2026	Thu	Practice	N/A	12:00 PM	2:00 PM	VVS MS Cafe, VVS Volleyball Gym		
Jan 5, 2026	Mon	Practice	N/A	3:00 PM	5:15 PM	VVS MS Cafe		
Jan 6, 2026	Tue	Practice	N/A	3:00 PM	5:15 PM	VVS MS Cafe		
Jan 7, 2026	Wed	Practice	N/A	3:00 PM	5:15 PM	VVS MS Cafe		
Jan 7, 2026	Wed	Practice	N/A	4:00 PM	5:30 PM	VVS Volleyball Gym		
Jan 8, 2026	Thu	Practice	N/A	3:00 PM	5:15 PM	VVS MS Cafe		
Jan 9, 2026	Fri	Practice	N/A	3:00 PM	5:15 PM	VVS MS Cafe		
Jan 12, 2026	Mon	Practice	N/A	3:00 PM	5:15 PM	VVS MS Cafe		
Jan 13, 2026	Tue	Practice	N/A	3:00 PM	5:15 PM	VVS MS Cafe		

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION / NON-LEAGUE
Jan 14, 2026	Wed	Practice	N/A	3:00 PM	5:15 PM	VVS MS Cafe	
Jan 14, 2026	Wed	Practice	N/A	4:00 PM	5:30 PM	VVS Volleyball Gym	
Jan 15, 2026	Thu	Practice	N/A	3:00 PM	5:15 PM	VVS MS Cafe	
Jan 16, 2026	Fri	Practice	N/A	3:00 PM	5:15 PM	VVS MS Cafe	
Jan 19, 2026	Mon	Practice	N/A	3:00 PM	5:15 PM	VVS MS Cafe	
Jan 20, 2026	Tue	Practice	N/A	3:00 PM	5:15 PM	VVS MS Cafe	
Jan 21, 2026	Wed	Practice	N/A	3:00 PM	5:15 PM	VVS MS Cafe	
Jan 21, 2026	Wed	Practice	N/A	4:00 PM	5:30 PM	VVS Volleyball Gym	
Jan 23, 2026	Fri	Practice	N/A	3:00 PM	5:15 PM	VVS MS Cafe	
Jan 26, 2026	Mon	Practice	N/A	3:00 PM	5:15 PM	VVS MS Cafe	
Jan 27, 2026	Tue	Practice	N/A	3:00 PM	5:15 PM	VVS MS Cafe	
Jan 28, 2026	Wed	Practice	N/A	3:00 PM	5:15 PM	VVS MS Cafe	
Jan 28, 2026	Wed	Practice	N/A	4:00 PM	5:30 PM	VVS Volleyball Gym	
Jan 29, 2026	Thu	Practice	N/A	3:00 PM	5:15 PM	VVS MS Cafe	
Jan 30, 2026	Fri	Practice	N/A	3:00 PM	5:15 PM	VVS MS Cafe	
Feb 2, 2026	Mon	Practice	N/A	3:00 PM	5:15 PM	VVS MS Cafe	
Feb 3, 2026	Tue	Practice	N/A	3:00 PM	5:15 PM	VVS MS Cafe	
Feb 4, 2026	Wed	Practice	N/A	3:00 PM	5:15 PM	VVS MS Cafe	
Feb 4, 2026	Wed	Practice	N/A	4:00 PM	5:30 PM	VVS Volleyball Gym	
Feb 5, 2026	Thu	Practice	N/A	3:00 PM	5:15 PM	VVS MS Cafe	
Feb 6, 2026	Fri	Practice	N/A	3:00 PM	5:15 PM	VVS MS Cafe	
Feb 9, 2026	Mon	Practice	N/A	3:00 PM	5:15 PM	VVS MS Cafe	
Feb 10, 2026	Tue	Practice	N/A	3:00 PM	5:15 PM	VVS MS Cafe	
Feb 11, 2026	Wed	Practice	N/A	4:00 PM	5:30 PM	VVS Volleyball Gym	
Feb 12, 2026	Thu	Practice	N/A	3:00 PM	5:15 PM	VVS MS Cafe	
Feb 13, 2026	Fri	Practice	N/A	3:00 PM	5:15 PM	VVS MS Cafe	
Feb 23, 2026	Mon	Practice	N/A	3:00 PM	5:15 PM	VVS MS Cafe	
Feb 24, 2026	Tue	Practice	N/A	3:00 PM	5:15 PM	VVS MS Cafe	
Feb 25, 2026	Wed	Practice	N/A	3:00 PM	5:15 PM	VVS MS Cafe	

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Feb 25, 2026	Wed	Practice	N/A	4:00 PM	5:30 PM	VVS Volleyball Gym		
Feb 26, 2026	Thu	Practice	N/A	3:00 PM	5:15 PM	VVS MS Cafe		
Feb 27, 2026	Fri	Practice	N/A	3:00 PM	5:15 PM	VVS MS Cafe		
Mar 2, 2026	Mon	Practice	N/A	3:00 PM	5:15 PM	VVS MS Cafe		
Mar 3, 2026	Tue	Practice	N/A	3:00 PM	5:15 PM	VVS MS Cafe		
Mar 4, 2026	Wed	Practice	N/A	3:00 PM	5:15 PM	VVS MS Cafe		
Mar 4, 2026	Wed	Practice	N/A	4:00 PM	5:30 PM	VVS Volleyball Gym		
Mar 5, 2026	Thu	Practice	N/A	3:00 PM	5:15 PM	VVS MS Cafe		

Date: 2026-01-07