



# Vernon-Verona-Sherrill

## (G) V Winter Track

### Coaches:

- Todd Bauer
- Dan Margo

| DATE         | WEEK DAY | TYPE           | OPPONENTS | START TIME | END TIME | LOCATION                       | TRANSPORTATION   | LEAGUE / NON-LEAGUE |
|--------------|----------|----------------|-----------|------------|----------|--------------------------------|--|---------------------|
| Nov 27, 2022 | Sun      | Practice       | N/A       | 5:00 PM    | 7:00 PM  | VVS Volleyball Gym             |  |                     |
| Nov 30, 2022 | Wed      | Practice       | N/A       | 4:30 PM    | 6:00 PM  | VVS Volleyball Gym             |  |                     |
| Dec 2, 2022  | Fri      | Regular Season | @ TBD     | 4:30 PM    |          | Utica College Dome             | <b>Departure Date:</b><br>Dec 2, 2022<br><b>Departure Time:</b><br>3:00 PM   | L                   |
| Dec 4, 2022  | Sun      | Practice       | N/A       | 5:00 PM    | 7:00 PM  | VVS Volleyball Gym             |  |                     |
| Dec 7, 2022  | Wed      | Practice       | N/A       | 4:30 PM    | 6:00 PM  | VVS Volleyball Gym             |  |                     |
| Dec 9, 2022  | Fri      | Regular Season | @ TBD     | 4:30 PM    |          | Utica College Dome             | <b>Departure Date:</b><br>Dec 9, 2022<br><b>Departure Time:</b><br>3:00 PM   | L                   |
| Dec 11, 2022 | Sun      | Practice       | N/A       | 5:00 PM    | 6:00 PM  | VVS Volleyball Gym             |  |                     |
| Dec 14, 2022 | Wed      | Practice       | N/A       | 4:30 PM    | 6:00 PM  | VVS Volleyball Gym             |  |                     |
| Dec 18, 2022 | Sun      | Practice       | N/A       | 5:00 PM    | 7:00 PM  | VVS Volleyball Gym             |  |                     |
| Dec 19, 2022 | Mon      | Regular Season | @ TBD     | 4:30 PM    |          | Utica College Dome             | <b>Departure Date:</b><br>Dec 16, 2022<br><b>Departure Time:</b><br>3:00 PM  | L                   |
| Dec 21, 2022 | Wed      | Regular Season | @ TBD     | 4:30 PM    |          | Colgate University Field House | <b>Departure Date:</b><br>Dec 21, 2022<br><b>Departure Time:</b><br>3:15 PM  | L                   |
| Dec 21, 2022 | Wed      | Practice       | N/A       | 4:30 PM    | 6:00 PM  | VVS Volleyball Gym             |  |                     |
| Dec 28, 2022 | Wed      | Regular Season | @ TBD     | 11:30 AM   |          | Utica College Dome             | <b>Departure Date:</b><br>Dec 28, 2022<br><b>Departure Time:</b><br>10:30 AM | L                   |
| Jan 2, 2023  | Mon      | Practice       | N/A       | 5:00 PM    | 7:00 PM  | VVS Volleyball Gym             |  |                     |
| Jan 4, 2023  | Wed      | Practice       | N/A       | 4:30 PM    | 6:00 PM  | VVS Volleyball Gym             |  |                     |
| Jan 6, 2023  | Fri      | Regular Season | @ TBD     | 4:30 PM    |          | Utica College Dome             | <b>Departure Date:</b><br>Jan 6, 2023<br><b>Departure Time:</b><br>3:00 PM   | L                   |
| Jan 8, 2023  | Sun      | Practice       | N/A       | 5:00 PM    | 7:00 PM  | VVS Volleyball Gym             |  |                     |
| Jan 11, 2023 | Wed      | Practice       | N/A       | 4:30 PM    | 6:00 PM  | VVS Volleyball Gym             |  |                     |
| Jan 12, 2023 | Thu      | Regular Season | @ TBD     | 4:30 PM    |          | Utica College Dome             | <b>Departure Date:</b><br>Jan 12, 2023<br><b>Departure Time:</b><br>2:45 PM  | L                   |
| Jan 15, 2023 | Sun      | Practice       | N/A       | 5:00 PM    | 7:00 PM  | VVS Volleyball Gym             |  |                     |
| Jan 16, 2023 | Mon      | Practice       | N/A       | 5:00 PM    | 7:00 PM  | VVS Volleyball Gym             |  |                     |

| DATE         | WEEK DAY | TYPE           | OPPONENTS | START TIME | END TIME | LOCATION           | TRANSPORTATION  | LEAGUE / NON-LEAGUE |
|--------------|----------|----------------|-----------|------------|----------|--------------------|---|---------------------|
| Jan 18, 2023 | Wed      | Practice       | N/A       | 4:30 PM    | 6:00 PM  | VVS Volleyball Gym |   |                     |
| Jan 21, 2023 | Sat      | Regular Season | @ TBD     | 10:00 AM   |          | Utica College Dome | <b>Departure Date:</b><br>Jan 21, 2023<br><b>Departure Time:</b><br>8:15 AM | L                   |
| Jan 22, 2023 | Sun      | Practice       | N/A       | 5:00 PM    | 7:00 PM  | VVS Volleyball Gym |   |                     |
| Jan 25, 2023 | Wed      | Practice       | N/A       | 4:30 PM    | 6:00 PM  | VVS Volleyball Gym |   |                     |
| Jan 26, 2023 | Thu      | Regular Season | @ TBD     | 4:30 PM    |          | Utica College Dome | <b>Departure Date:</b><br>Jan 26, 2023<br><b>Departure Time:</b><br>2:45 PM | L                   |
| Jan 29, 2023 | Sun      | Practice       | N/A       | 5:00 PM    | 7:00 PM  | VVS Volleyball Gym |   |                     |
| Feb 1, 2023  | Wed      | Practice       | N/A       | 4:30 PM    | 6:00 PM  | VVS Volleyball Gym |   |                     |
| Feb 5, 2023  | Sun      | Practice       | N/A       | 5:00 PM    | 7:00 PM  | VVS Volleyball Gym |   |                     |
| Feb 8, 2023  | Wed      | Practice       | N/A       | 4:30 PM    | 6:00 PM  | VVS Volleyball Gym |   |                     |
| Feb 8, 2023  | Wed      | Post-Season    | @ TBD     | 4:30 PM    |          | OCC - SRC Arena    | <b>Departure Date:</b><br>Feb 8, 2023<br><b>Departure Time:</b><br>2:30 PM  | L                   |
| Feb 12, 2023 | Sun      | Practice       | N/A       | 5:00 PM    | 7:00 PM  | VVS Volleyball Gym |   |                     |
| Feb 15, 2023 | Wed      | Post-Season    | @ TBD     | 4:30 PM    |          | OCC - SRC Arena    | <b>Departure Date:</b><br>Feb 15, 2023<br><b>Departure Time:</b><br>2:30 PM | L                   |

Date: 2025-12-19