



Vernon-Verona-Sherrill

(B) V Volleyball

Coaches:

- Alex Rose

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Aug 25, 2019	Sun	Practice (Volleyball OTA)	N/A	4:00 PM	6:00 PM	VVS Volleyball Gym		
Sep 8, 2019	Sun	Practice	N/A	4:00 PM	6:00 PM	VVS Volleyball Gym		
Sep 15, 2019	Sun	Practice	N/A	4:00 PM	6:00 PM	VVS Volleyball Gym		
Sep 22, 2019	Sun	Practice	N/A	4:00 PM	6:00 PM	VVS Volleyball Gym		
Sep 29, 2019	Sun	Practice	N/A	5:30 PM	7:30 PM	VVS MS Gym		
CANCELLED Oct 6, 2019	Sun	Practice	N/A	4:00 PM	6:00 PM	VVS Volleyball Gym		
Oct 12, 2019	Sat	Practice	N/A	8:00 AM	10:00 AM	VVS Volleyball Gym		
Oct 19, 2019	Sat	Practice	N/A	8:30 AM	10:30 AM	VVS Volleyball Gym		
Oct 25, 2019	Fri	Practice	N/A	4:00 PM	6:00 PM	VVS Volleyball Gym		
Oct 28, 2019	Mon	Practice	N/A	4:30 PM	6:30 PM	VVS Volleyball Gym		
Oct 30, 2019	Wed	Practice	N/A	3:00 PM	5:00 PM	VVS Volleyball Gym		
Nov 5, 2019	Tue	Practice	N/A	3:00 PM	5:00 PM	VVS Volleyball Gym		
Nov 8, 2019	Fri	Practice	N/A	3:00 PM	5:00 PM	VVS Volleyball Gym		
Nov 10, 2019	Sun	Practice	N/A	4:00 PM	6:00 PM	VVS Volleyball Gym		
Nov 14, 2019	Thu	Practice	N/A	7:00 PM	9:00 PM	VVS Volleyball Gym		
Nov 18, 2019	Mon	Practice	N/A	7:00 PM	9:00 PM	VVS Volleyball Gym		
Nov 21, 2019	Thu	Practice	N/A	7:30 PM	9:00 PM	VVS MS Gym		
Nov 25, 2019	Mon	Practice	N/A	7:00 PM	9:00 PM	VVS Volleyball Gym		
Nov 30, 2019	Sat	Practice	N/A	6:00 PM	9:00 PM	VVS Volleyball Gym, VVS MS Gym		

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION / NON-LEAGUE
CANCELLED Dec 2, 2019	Mon	Practice (Boys Volleyball Try-Outs)	N/A	7:00 PM	9:00 PM	VVS Volleyball Gym	
Dec 3, 2019	Tue	Practice (Boys Volleyball Try-Outs)	N/A	5:00 PM	7:00 PM	VVS Volleyball Gym	
Dec 4, 2019	Wed	Practice (Boys Volleyball Try-Outs)	N/A	6:00 PM	8:30 PM	VVS Volleyball Gym	
Dec 5, 2019	Thu	Practice	N/A	7:00 PM	9:00 PM	VVS Volleyball Gym	
Dec 6, 2019	Fri	Practice	N/A	5:00 PM	7:00 PM	VVS Volleyball Gym	
Dec 7, 2019	Sat	Practice	N/A	12:00 PM	2:00 PM	VVS Volleyball Gym	
Dec 9, 2019	Mon	Practice	N/A	4:30 PM	6:00 PM	VVS Volleyball Gym	
Dec 10, 2019	Tue	Practice	N/A	5:00 PM	7:00 PM	VVS Volleyball Gym	
Dec 11, 2019	Wed	Practice	N/A	6:30 PM	9:00 PM	VVS Volleyball Gym	
Dec 12, 2019	Thu	Practice	N/A	4:30 PM	6:00 PM	VVS Volleyball Gym	
Dec 13, 2019	Fri	Practice	N/A	7:00 PM	9:00 PM	VVS Volleyball Gym	
Dec 14, 2019	Sat	Practice	N/A	8:00 AM	10:00 AM	VVS Volleyball Gym	
Dec 16, 2019	Mon	Practice	N/A	7:30 PM	9:00 PM	VVS Volleyball Gym	
Dec 17, 2019	Tue	Practice (JV and Varsity Together)	N/A	6:30 PM	9:00 PM	VVS Volleyball Gym	
POSTPONED Dec 17, 2019	Tue	Regular Season	Sauquoit Valley	7:00 PM	8:30 PM	VVS Volleyball Gym	L
Dec 18, 2019	Wed	Practice	N/A	6:00 PM	7:30 PM	VVS MS Gym	
Dec 19, 2019	Thu	Practice	N/A	5:00 PM	7:00 PM	VVS Volleyball Gym	
POSTPONED Dec 19, 2019	Thu	Regular Season	Oneida	7:00 PM	8:30 PM	VVS Volleyball Gym	L
Dec 20, 2019	Fri	Practice	N/A	7:00 PM	9:00 PM	VVS Volleyball Gym	
Dec 21, 2019	Sat	Practice	N/A	10:00 AM	12:00 PM	VVS Volleyball Gym	
Dec 23, 2019	Mon	Practice	N/A	8:00 AM	10:00 AM	VVS Volleyball Gym	

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Dec 26, 2019	Thu	Practice (Libero Tracking/Scoreboard Training from 12-1)	N/A	10:00 AM	1:00 PM	VVS Volleyball Gym		
Dec 27, 2019	Fri	Practice (Scorekeeper Training from 12-1)	N/A	10:00 AM	1:00 PM	VVS MS Gym		
Dec 28, 2019	Sat	Practice (Scorekeeper Training from 12-1)	N/A	10:00 AM	1:00 PM	VVS MS Gym		
Dec 30, 2019	Mon	Practice (Scorekeeper/Scoreboard/Libero Training from 11-12)	N/A	11:00 AM	2:00 PM	VVS MS Gym		
Dec 31, 2019	Tue	Regular Season (VVS Tourney)	Mount Markham	9:00 AM		VVS Volleyball Gym		NL
Dec 31, 2019	Tue	Regular Season (Spiking In The New Year)	Chittenango	10:00 AM	3:00 PM	VVS Volleyball Gym		NL
Dec 31, 2019	Tue	Regular Season (Spiking in the New Year Tournament)	Canastota	10:00 AM		VVS Volleyball Gym		NL
Jan 2, 2020	Thu	Practice	N/A	8:00 AM	10:00 AM	VVS Volleyball Gym		
Jan 3, 2020	Fri	Practice	N/A	8:00 AM	10:00 AM	VVS Volleyball Gym		
CANCELLED Jan 4, 2020	Sat	Practice	N/A	8:00 AM	10:00 AM	VVS Volleyball Gym		
Jan 6, 2020	Mon	Practice	N/A	7:30 PM	9:00 PM	VVS Volleyball Gym		
Jan 7, 2020	Tue	Regular Season 3-0 W	@ Little Falls	7:00 PM	8:30 PM	MS Gym	Departure Time: 4:00 PM	L
Jan 8, 2020	Wed	Practice	N/A	5:00 PM	7:00 PM	VVS Volleyball Gym		
Jan 9, 2020	Thu	Regular Season 3-0 W	@ Westmoreland	7:30 PM	8:30 PM	Upper Elem/MS Gym	Departure Time: 4:30 PM	L
Jan 10, 2020	Fri	Practice	N/A	7:00 PM	9:00 PM	VVS MS Gym		
Jan 11, 2020	Sat	Practice	N/A	7:00 PM	9:00 PM	VVS MS Gym		
Jan 13, 2020	Mon	Practice	N/A	5:00 PM	7:00 PM	VVS Volleyball Gym		
Jan 14, 2020	Tue	Regular Season 3-0 W	Chittenango	6:00 PM		VVS Volleyball Gym		L
Jan 15, 2020	Wed	Practice	N/A	7:00 PM	9:00 PM	VVS MS Gym		
Jan 16, 2020	Thu	Practice	N/A	2:30 PM	4:30 PM	VVS Volleyball Gym		
Jan 17, 2020	Fri	Practice	N/A	7:30 PM	9:00 PM	VVS MS Gym		
CANCELLED Jan 18, 2020	Sat	Practice	N/A	8:00 AM	10:00 AM	VVS Volleyball Gym		
Jan 18, 2020	Sat	Regular Season 3-0 W	Sauquoit Valley	11:30 AM		VVS Volleyball Gym		L

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Jan 20, 2020	Mon	Practice	N/A	8:00 AM	10:00 AM	VVS Volleyball Gym		
Jan 21, 2020	Tue	Regular Season 3-0 W	Mount Markham	7:00 PM	8:30 PM	VVS Volleyball Gym		L
Jan 22, 2020	Wed	Practice (Varsity and JV Together)	N/A	7:00 PM	9:00 PM	VVS Volleyball Gym		
Jan 23, 2020	Thu	Regular Season 2-3 L	@ Sauquoit Valley	7:00 PM	8:30 PM	MS Gym	Departure Time: 4:15 PM	L
Jan 24, 2020	Fri	Practice	N/A	4:30 PM	6:00 PM	VVS Volleyball Gym		
CANCELLED Jan 25, 2020	Sat	Practice	N/A	8:00 AM	10:00 AM	VVS Volleyball Gym		
Jan 25, 2020	Sat	Regular Season 3-0 W	Canastota	1:30 PM		VVS Volleyball Gym		L
Jan 27, 2020	Mon	Practice	N/A	5:00 PM	7:00 PM	VVS Volleyball Gym		
Jan 28, 2020	Tue	Regular Season 3-0 W	Oneida	7:00 PM		VVS Volleyball Gym		L
CANCELLED Jan 28, 2020	Tue	Practice	N/A	7:30 PM	9:00 PM	VVS Volleyball Gym		
Jan 29, 2020	Wed	Practice	N/A	4:30 PM	6:00 PM	VVS Volleyball Gym		
Jan 30, 2020	Thu	Regular Season 3-0 W	@ Canastota	6:30 PM		Laidlaw Gym		L
CANCELLED Jan 30, 2020	Thu	Practice	N/A	7:30 PM	9:00 PM	VVS MS Gym		
Jan 31, 2020	Fri	Regular Season 3-0 W	Little Falls	7:00 PM		VVS Volleyball Gym		L
CANCELLED Jan 31, 2020	Fri	Practice	N/A	7:00 PM	9:00 PM	TBD		
Feb 2, 2020	Sun	Practice	N/A	8:00 AM	10:00 AM	VVS Volleyball Gym		
Feb 3, 2020	Mon	Regular Season 3-0 W	Westmoreland	7:00 PM	8:30 PM	VVS Volleyball Gym		L
Feb 4, 2020	Tue	Practice	N/A	6:30 PM	8:30 PM	VVS Volleyball Gym		
Feb 5, 2020	Wed	Regular Season 3-1 W	@ Chittenango	7:00 PM	8:30 PM	Chittenango HS- Large Gym	Departure Time: 4:15 PM	L
Feb 6, 2020	Thu	Practice	N/A	3:00 PM	5:00 PM	VVS MS Gym		
Feb 8, 2020	Sat	Regular Season 1-3 L	@ Oneida	12:00 PM		Fariel Gym	Departure Time: 11:00 AM	L
CANCELLED Feb 9, 2020	Sun	Practice	N/A	8:00 AM	10:00 AM	VVS Volleyball Gym		
Feb 10, 2020	Mon	Practice	N/A	6:30 PM	8:30 PM	VVS MS Gym		

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Feb 11, 2020	Tue	Practice	N/A	4:30 PM	6:30 PM	VVS Volleyball Gym		
Feb 11, 2020	Tue	Regular Season 3-0 W	@ Canastota	7:00 PM	8:30 PM	Laidlaw Gym	Departure Time: 4:30 PM	L
Feb 12, 2020	Wed	Regular Season 3-1 W	@ Mount Markham	7:00 PM	8:30 PM	MS Big Gym	Departure Time: 4:00 PM	L
Feb 13, 2020	Thu	Practice	N/A	6:30 PM	8:30 PM	VVS Volleyball Gym		
Feb 14, 2020	Fri	Practice	N/A	4:30 PM	6:30 PM	VVS Volleyball Gym		
Feb 17, 2020	Mon	Practice	N/A	8:00 AM	10:30 AM	VVS Volleyball Gym		
Feb 18, 2020	Tue	Practice	N/A	8:00 AM	10:30 AM	VVS Volleyball Gym		
Feb 19, 2020	Wed	Practice	N/A	8:00 AM	10:30 AM	VVS Volleyball Gym		
Feb 20, 2020	Thu	Practice	N/A	8:00 AM	10:30 AM	VVS Volleyball Gym		
Feb 21, 2020	Fri	Practice	N/A	8:00 AM	10:30 AM	VVS Volleyball Gym		
Feb 24, 2020	Mon	Practice	N/A	3:30 PM	6:00 PM	VVS Volleyball Gym		
Feb 25, 2020	Tue	Practice	N/A	3:30 PM	5:30 PM	VVS Volleyball Gym		
Feb 26, 2020	Wed	Practice	N/A	3:30 PM	6:00 PM	VVS Volleyball Gym		
Feb 27, 2020	Thu	Post-Season (Section 3 Finals) 3-0 W	Chittenango	7:00 PM	9:00 PM	Fariel Gym		NL
Feb 28, 2020	Fri	Practice	N/A	3:30 PM	6:00 PM	VVS Volleyball Gym		
Mar 1, 2020	Sun	Regular Season (All Star Game)	TBD	9:00 AM		VVS Volleyball Gym		NL
Mar 15, 2020	Sun	Practice (End of Season Basketball at McAllister)	N/A	12:30 PM	3:30 PM	Sherrill Elementary		

Date: 2024-04-10