



Vernon-Verona-Sherrill

(G) 7/8TH Outdoor Track

Coaches:

- Matt Maguire
- Dan Margo

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Mar 25, 2024	Mon	Practice (Practice)	N/A	3:00 PM	4:00 PM	Track		
Mar 27, 2024	Wed	Practice (Practice)	N/A	3:00 PM	4:00 PM	Track		
Mar 28, 2024	Thu	Practice (Practice)	N/A	3:00 PM	4:00 PM	Track		
Apr 1, 2024	Mon	Practice (Practice)	N/A	3:00 PM	4:00 PM	Track		
Apr 3, 2024	Wed	Practice (Practice)	N/A	3:00 PM	4:00 PM	Track		
Apr 4, 2024	Thu	Practice (Practice)	N/A	3:00 PM	4:00 PM	Track		
Apr 5, 2024	Fri	Practice (Practice)	N/A	3:00 PM	4:00 PM	Track		
Apr 9, 2024	Tue	Practice (Practice)	N/A	3:00 PM	4:00 PM	Track Field		
Apr 10, 2024	Wed	Practice (Practice)	N/A	3:00 PM	5:00 PM	Track Field		
Apr 11, 2024	Thu	Practice (Practice)	N/A	3:00 PM	5:00 PM	Track Field		
Apr 12, 2024	Fri	Practice (Practice)	N/A	3:00 PM	4:00 PM	Track Field		
Apr 16, 2024	Tue	Practice (Practice)	N/A	3:00 PM	5:00 PM	Track Field		
Apr 18, 2024	Thu	Practice (Practice)	N/A	3:00 PM	5:00 PM	Track Field		
Apr 22, 2024	Mon	Practice	N/A	9:00 AM	11:00 AM	TBD		
Apr 23, 2024	Tue	Practice	N/A	9:00 AM	11:00 AM	TBD		
Apr 26, 2024	Fri	Practice	N/A	9:00 AM	10:30 AM	TBD		
Apr 29, 2024	Mon	Practice (Practice)	N/A	3:00 PM	5:00 PM	Track Field		
Apr 30, 2024	Tue	Practice (Practice)	N/A	3:00 PM	5:00 PM	Track Field		
May 1, 2024	Wed	Practice (Practice)	N/A	3:00 PM	4:00 PM	Track Field		
May 2, 2024	Thu	Practice (Practice)	N/A	3:00 PM	5:00 PM	Track Field		
May 6, 2024	Mon	Regular Season	Utica Proctor (DMS)	4:15 PM		Track		L
May 7, 2024	Tue	Practice (Practice)	N/A	3:00 PM	5:00 PM	Track Field		
May 8, 2024	Wed	Practice (Practice)	N/A	3:00 PM	5:00 PM	Track Field		
May 9, 2024	Thu	Practice	N/A	3:00 PM	4:00 PM	Track Field		
May 16, 2024	Thu	Regular Season	Utica Proctor (JFK)	4:00 PM		Track		L
May 23, 2024	Thu	Regular Season	Rome Free Academy	4:15 PM		Track		L
May 31, 2024	Fri	Regular Season	New Hartford	4:15 PM		Track		L

Date: 2024-05-15