



Vernon-Verona-Sherrill

(B) 7/8TH Outdoor Track

Coaches:

- Brad Hartstein
- Mike Dunne

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Mar 20, 2023	Mon	Practice	N/A	3:00 PM	4:00 PM	Track		
Mar 21, 2023	Tue	Practice	N/A	3:00 PM	4:00 PM	Track		
Mar 22, 2023	Wed	Practice	N/A	3:00 PM	4:00 PM	Track		
Mar 27, 2023	Mon	Practice	N/A	3:00 PM	4:00 PM	Track		
Mar 28, 2023	Tue	Practice	N/A	3:00 PM	4:00 PM	Track		
Mar 29, 2023	Wed	Practice	N/A	3:00 PM	4:00 PM	Track		
Mar 30, 2023	Thu	Practice	N/A	3:00 PM	4:00 PM	Track		
Apr 3, 2023	Mon	Practice	N/A	3:00 PM	4:00 PM	Track		
Apr 4, 2023	Tue	Practice	N/A	3:00 PM	4:00 PM	Track		
Apr 5, 2023	Wed	Practice	N/A	3:00 PM	4:00 PM	Track		
Apr 6, 2023	Thu	Practice	N/A	3:00 PM	4:00 PM	Track		
Apr 10, 2023	Mon	Practice	N/A	9:00 AM	10:30 AM	Track		
Apr 12, 2023	Wed	Practice	N/A	9:00 AM	10:30 AM	Track		
Apr 14, 2023	Fri	Practice	N/A	9:00 AM	10:30 AM	Track		
Apr 17, 2023	Mon	Practice	N/A	3:00 PM	4:00 PM	Track		
Apr 18, 2023	Tue	Practice	N/A	3:00 PM	4:00 PM	Track		
Apr 20, 2023	Thu	Practice	N/A	3:00 PM	4:00 PM	Track		
Apr 21, 2023	Fri	Practice	N/A	3:00 PM	4:00 PM	Track		
Apr 24, 2023	Mon	Practice	N/A	3:00 PM	4:00 PM	Track		
Apr 25, 2023	Tue	Practice	N/A	3:00 PM	4:00 PM	Track		
Apr 26, 2023	Wed	Practice	N/A	3:00 PM	4:00 PM	Track		
Apr 27, 2023	Thu	Practice	N/A	3:00 PM	4:00 PM	Track		
Apr 28, 2023	Fri	Regular Season	@ Utica Proctor (DMS)	4:00 PM		Donovan Track	Departure Time: 2:45 PM	L
May 1, 2023	Mon	Regular Season	Camden	4:30 PM		Track		L
May 2, 2023	Tue	Practice	N/A	3:00 PM	4:00 PM	Track		
May 3, 2023	Wed	Practice	N/A	3:00 PM	4:00 PM	Track		

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May 4, 2023	Thu	Practice	N/A	3:00 PM	4:00 PM	Track		
May 5, 2023	Fri	Practice	N/A	3:00 PM	4:00 PM	Track		
May 8, 2023	Mon	Regular Season	Utica Proctor (JFK)	4:15 PM		Track		L
May 9, 2023	Tue	Practice	N/A	3:00 PM	4:00 PM	Track		
May 10, 2023	Wed	Practice	N/A	3:00 PM	4:00 PM	Track		
May 11, 2023	Thu	Practice	N/A	3:00 PM	4:00 PM	Track		
May 12, 2023	Fri	Regular Season	Rome Free Academy	4:30 PM		Track		L
May 15, 2023	Mon	Regular Season	@ Central Valley Academy	4:30 PM		Diss Athletic Complex	Departure Time: 3:00 PM	L
May 16, 2023	Tue	Practice	N/A	3:00 PM	4:00 PM	Track		
May 17, 2023	Wed	Practice	N/A	3:00 PM	4:00 PM	Track		
May 18, 2023	Thu	Practice	N/A	3:00 PM	4:00 PM	Track		
May 19, 2023	Fri	Regular Season	New Hartford	4:30 PM		Track		L
May 22, 2023	Mon	Regular Season	Central Valley Academy, Holland Patent, Oneida @ Camden	4:00 PM		Camden High School Stadium	Departure Time: 2:30 PM	L
May 23, 2023	Tue	Practice	N/A	3:00 PM	4:00 PM	Track		
May 25, 2023	Thu	Practice	N/A	3:00 PM	4:00 PM	Track		
May 27, 2023	Sat	Practice	N/A	9:00 AM	10:30 AM	Track		
May 30, 2023	Tue	Regular Season	Holland Patent	4:30 PM		Track		L
May 31, 2023	Wed	Practice	N/A	3:00 PM	4:00 PM	Track		
Jun 1, 2023	Thu	Practice	N/A	3:00 PM	4:00 PM	Track		
Jun 2, 2023	Fri	Regular Season	@ Oneida	4:00 PM		HS Track	Departure Time: 3:00 PM	L

Date: 2025-12-19