



Vernon-Verona-Sherrill

(B) V Outdoor Track

Coaches:

- Chris Leblanc
- Micah Colbert

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Mar 17, 2025	Mon	Practice	N/A	3:00 PM	4:30 PM	Sheveron Community Center, Middle School Weight Room		
Mar 18, 2025	Tue	Practice	N/A	3:00 PM	4:30 PM	Sheveron Community Center, Middle School Weight Room		
Mar 19, 2025	Wed	Practice	N/A	3:00 PM	4:30 PM	Sheveron Community Center, Middle School Weight Room		
Mar 20, 2025	Thu	Practice	N/A	3:00 PM	4:30 PM	Sheveron Community Center, Middle School Weight Room		
Mar 21, 2025	Fri	Practice	N/A	3:00 PM	4:30 PM	Sheveron Community Center, Middle School Weight Room		
Mar 24, 2025	Mon	Practice	N/A	3:00 PM	4:30 PM	Sheveron Community Center, Middle School Weight Room		
Mar 25, 2025	Tue	Practice	N/A	3:00 PM	4:30 PM	Sheveron Community Center, Middle School Weight Room		
Mar 26, 2025	Wed	Practice	N/A	3:00 PM	4:30 PM	Sheveron Community Center, Middle School Weight Room		
Mar 27, 2025	Thu	Practice	N/A	3:00 PM	4:30 PM	Sheveron Community Center, Middle School Weight Room		
Mar 28, 2025	Fri	Practice	N/A	3:00 PM	4:30 PM	Sheveron Community Center, Middle School Weight Room		
Mar 31, 2025	Mon	Practice	N/A	3:00 PM	4:30 PM	Sheveron Community Center, Middle School Weight Room		

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Apr 1, 2025	Tue	Practice	N/A	3:00 PM	4:30 PM	Sheveron Community Center, Middle School Weight Room		
Apr 2, 2025	Wed	Practice	N/A	3:00 PM	4:30 PM	Sheveron Community Center, Middle School Weight Room		
Apr 3, 2025	Thu	Scrimmage	Sauquoit Valley @ Canastota	4:00 PM		High School Track	Departure Time: 3:00 PM	NL
Apr 4, 2025	Fri	Practice	N/A	3:00 PM	4:30 PM	Sheveron Community Center, Middle School Weight Room		
Apr 7, 2025	Mon	Practice	N/A	3:00 PM	4:30 PM	Track Field		
Apr 8, 2025	Tue	Practice	N/A	3:00 PM	4:30 PM	Track Field		
Apr 9, 2025	Wed	Practice	N/A	3:00 PM	4:30 PM	Track Field		
CANCELLED Apr 9, 2025	Wed	Regular Season (TVL Relays)	Central Valley Academy, Holland Patent, Notre Dame, Utica, Oneida, Utica Proctor, Rome Free Academy, Camden, Whitesboro, New Hartford	4:00 PM		Track	Departure Time: 2:30 PM	L
Apr 10, 2025	Thu	Practice	N/A	3:00 PM	4:30 PM	Track Field		
Apr 11, 2025	Fri	Practice	N/A	3:00 PM	4:30 PM	Track Field		
Apr 14, 2025	Mon	Practice	N/A	3:00 PM	4:30 PM	Track Field		
Apr 15, 2025	Tue	Regular Season	New Hartford @ Camden	4:15 PM		Camden High School Stadium	Departure Time: 2:30 PM	L
Apr 16, 2025	Wed	Practice	N/A	3:00 PM	4:30 PM	Track Field		
Apr 17, 2025	Thu	Regular Season (Proctor Invite)	@ TBD	TBD		TBD	Departure Time: 2:30 PM	NL
Apr 22, 2025	Tue	Regular Season	Canastota, West Canada Valley, Frankfort-Schuyler, Sauquoit Valley @ Clinton	10:00 AM		Stadium Field (Grass / Track & Field)		NL
Apr 25, 2025	Fri	Regular Season (Sauquoit Invite)	@ TBD	TBD		TBD	Departure Time: 2:15 PM	NL
Apr 30, 2025	Wed	Regular Season (Camden vs VVS will be scored at this meet)	Camden, Holland Patent	4:15 PM	6:45 PM	Track		L

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
May 2, 2025	Fri	Regular Season (2025 Ed Wadas Co-Ed Invitational)	Canastota, Carthage, Clinton, Fulton, Herkimer, Holland Patent, Indian River, Marcellus, New Hartford, Niskayuna High School, Utica Proctor, Remsen, Rome Free Academy, South Jefferson, South Lewis, Watertown, Waterville, West Canada Valley @ Whitesboro	3:45 PM		Ed Wadas Complex High School	Departure Time: 2:45 PM	NL
CANCELLED May 2, 2025	Fri	Regular Season (Whitesboro Invite)	@ TBD	TBD		TBD	Departure Time: 2:30 PM	NL
May 5, 2025	Mon	Regular Season	Notre Dame, Utica @ Central Valley Academy	4:30 PM		Diss Athletic Complex	Departure Time: 3:00 PM	L
May 7, 2025	Wed	Regular Season	Camden @ Oneida	4:00 PM		HS Track	Departure Time: 2:30 PM	L
May 8, 2025	Thu	Practice	N/A	3:00 PM	4:30 PM	Track Field		
May 9, 2025	Fri	Regular Season (Oneida Invite)	@ TBD	TBD		TBD	Departure Time: 2:30 PM	NL
May 12, 2025	Mon	Regular Season (TVL Rookie Meet)	Camden, Central Valley Academy, Notre Dame, Utica, Oneida, Utica Proctor, Rome Free Academy, Whitesboro, New Hartford @ Holland Patent	5:00 PM		HS Stadium / Track	Departure Time: 3:15 PM	L
May 13, 2025	Tue	Practice	N/A	3:00 PM	4:30 PM	Track Field		
May 14, 2025	Wed	Regular Season (TVL Invitational)	Whitesboro, Central Valley Academy, Holland Patent, Notre Dame, Utica, Oneida, Utica Proctor, Rome Free Academy, New Hartford, Camden	4:15 PM		Track		L
May 15, 2025	Thu	Practice	N/A	3:00 PM	4:30 PM	Track Field		
May 16, 2025	Fri	Practice	N/A	3:00 PM	4:30 PM	Track Field		
May 17, 2025	Sat	Regular Season (Liverpool Invite)	@ TBD	TBD		TBD	Departure Time: 7:15 AM	NL
May 19, 2025	Mon	Practice	N/A	3:00 PM	4:30 PM	Track Field		
May 20, 2025	Tue	Practice	N/A	3:00 PM	4:30 PM	Track Field		
May 20, 2025	Tue	Regular Season	Holland Patent @ Oneida	4:00 PM		HS Track	Departure Time: 2:30 PM	L
May 21, 2025	Wed	Practice	N/A	3:00 PM	4:30 PM	Track		

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May 22, 2025	Thu	Practice	N/A	3:00 PM	4:30 PM	Track		
May 29, 2025	Thu	Post-Season (Class B-1 Sectionals)	TBD	4:00 PM		Track		L
May 29, 2025	Thu	Regular Season	Central Valley Academy	4:30 PM		Track		L
Jun 3, 2025	Tue	Post-Season (State Qualifiers at CNS)	@ TBD	TBD		CNS High School	Departure Time: 2:30 PM	NL

Date: 2025-12-05