

## Coaches:

- Chris Leblanc
- Micah Colbert

DATE	WEEK DAY	ТҮРЕ	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON- LEAGUE
Apr 3, 2023	Mon	Scrimmage	New Hartford	4:00 PM		Track		NL
CANCELLED Apr 3, 2023	Mon	Practice	N/A	TBD	4:15 PM	Track		
Apr 5, 2023	Wed	Practice	N/A	TBD	4:15 PM	TBD		
Apr 6, 2023	Thu	Regular Season (TVL Relays Co-Ed )	Whitesboro, Central Valley Academy, Rome Free Academy, Holland Patent, New Hartford, Utica Proctor, Oneida, Notre Dame, Utica @ Camden	4:00 PM		Camden High School Stadium	Departure Time: 2:30 PM	L
Apr 10, 2023	Mon	Practice	N/A	9:00 AM	10:30 AM	Track		
Apr 11, 2023	Tue	Practice	N/A	9:00 AM	10:30 AM	Track		
Apr 12, 2023	Wed	Practice	N/A	9:00 AM	10:30 AM	Track		
Apr 13, 2023	Thu	Practice	N/A	9:00 AM	10:30 AM	Track		
Apr 17, 2023	Mon	Practice	N/A	3:00 PM	4:30 PM	Track Field		
Apr 18, 2023	Tue	Practice	N/A	3:00 PM	4:30 PM	Track Field		
Apr 19, 2023	Wed	Regular Season	Utica Proctor @ Oneida	4:00 PM		HS Track	<b>Departure Time:</b> 2:30 PM	L
Apr 20, 2023	Thu	Practice	N/A	3:00 PM	4:30 PM	Track Field		
CANCELLED Apr 20, 2023	Thu	Practice	N/A	3:00 PM	4:30 PM	Track Field		
Apr 22, 2023	Sat	Regular Season (VVS Invitational)	Remsen	10:30 AM		Track		NL
Apr 22, 2023	Sat	Regular Season (VVS Invitational )	Weedsport	10:30 AM		Track		NL
Apr 22, 2023	Sat	Regular Season (VVS Invite)	Skaneateles	10:30 AM		Track		NL
Apr 24, 2023	Mon	Regular Season (TVL Rookie Meet Co-ED)	Central Valley Academy, Rome Free Academy, Camden, Holland Patent, New Hartford, Utica Proctor, Oneida, Notre Dame, Utica @ Whitesboro	6:00 PM		Ed Wadas Complex High School	Departure Time: 4:30 PM	L
Apr 25, 2023	Tue	Practice	N/A	3:00 PM	4:30 PM	Track Field		
Apr 25, 2023	Tue	Practice	N/A	3:00 PM	4:30 PM	Track Field		
Apr 26, 2023	Wed	Regular Season (League meet for Oneida vs VVS)	Notre Dame, Utica, Oneida, Holland Patent	4:00 PM		Track		L
Apr 27, 2023	Thu	Practice	N/A	3:00 PM	4:30 PM	Track Field		

Apr 27, 2023         Thu         Practice         N/A         33.00 PM         PM         PM         PER Field         PRINT PROPRIES         NL           Apr 28, 2023         Fri         Regular Season (Normalistional)         (© Onondaga Central (OCS/Lar)         4.30 PM         Track Field         PM         Track Field         PM         NL           May 1, 2023         Tu         Practice         N/A         30.00 PM         4.30 PM         PM         Track Field         PM         PM         PM         Track         PM	DATE	WEEK DAY	ТҮРЕ	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON- LEAGUE
Apr 28, 2023	Apr 27, 2023	Thu	Practice	N/A			Track Field		
May 2, 2023 Tue Practice N/A PM PM PM PM Track right Parties N/A PM	Apr 28, 2023	Fri	(Onondaga				Stadium		NL
May 3, 2023         Wed         Regular Season         Oneida @ Camden         PM         PM         Flack         Learning           May 4, 2023         Thu         Practice         N/A         3:00         4:30         PM         Track         L           May 4, 2023         Thu         Practice         N/A         3:00         4:30         PM         Track         L           May 5, 2023         Fri         Regular Season (Ed Wadas Track invitational)         Watertown, Chittonango, Dolgeville, Cazenovia, Waterville, Homer, West Canada Valley, Almar Parish, Williamstown (ArWa Hardrot), Oreida, Niskayuna High School (Pollar)         High School         Departure Time: West Canada Valley, Almar Parish, Waterwille, Homer, West Canada Valley, Note of Webb UFSD (Varsity Boys Track), Rome Free Academy, School, Notingham, Beaver River, West Genessee, Not Webb UFSD (Varsity Boys Track), Rome Free Academy, Sanabateles, Cato-Meridan (Bite Devills), Westmoreland, Central Valley Academy, Central Square, New York Mills, Remsen, South Lewis, Clinton, Canden, Saranac Lake, Adirondack, Indian River @ Whitesboro         4:00         PM         PM         Track         Departure Time: Valley Academy, Pew York Mills, Remsen, South Lewis, Clinton, Canden, Saranac Lake, Adirondack, Indian River @ Whitesboro         4:00         PM         PM         Track         Departure Time: Valley Academy, Pew York PM         PM         PM         PM         Departure Time: Valley Academy, Pew York PM         PM         PM         PM	May 1, 2023	Mon	Practice	N/A			Track Field		
May 3, 2023 Wed Regular Season Oneida @ Camden PA-15 Stadium S	May 2, 2023	Tue	Practice	N/A			Track		
May 8, 2023 Mon Practice N/A PM	May 3, 2023	Wed	Regular Season	Oneida @ Camden			High School		L
Chittenango, Dolgeville, Cazenovia, Waterville, Homer, West Carnada Valley, Altmar-Parish-Williamstown (APW Rebels), Holland Patent, Henninger, New Harford, Oneida, Niskayuna High School, Nottingham, Beaver River, West Gensee, Notre Dame, Utlea, Town of Webb UFSD (Varsitly Boys Track), Rome Free Academy, Skaneateles, Cato-Meridian (Blue Devils), Westmoreland, Central Valley Academy, Skaneateles, Cato-Meridian (Blue Devils), Westmoreland, Central Valley Academy, Scaneateles, Cato-Meridian (Blue Devils), Westmoreland, Central Valley Academy, Scaneateles, Cato-Meridian (Blue Devils), Westmoreland, Central Valley Academy, Central Square, New York Mills, Remsen, South Lewis, Clinton, Camden, Saranac Lake, Adriondack, Indian River @ Whitesboro  May 9, 2023 Tue Practice N/A 3.00 4.30 PM	May 4, 2023	Thu	Practice	N/A			Track		
May 9, 2023 Tue Practice N/A 3:00 4:30 PM PM Track Field  May 10, 2023 Wed Regular Season Oneida @ Central Valley Academy PM PM PM Complex 2:45 PM L  May 11, 2023 Thu Practice N/A 3:00 4:30 PM PM Track  May 12, 2023 Fri Regular Season (Oneida more) PM	May 5, 2023	Fri	(Ed Wadas Track	Chittenango, Dolgeville, Cazenovia, Waterville, Homer, West Canada Valley, Altmar-Parish- Williamstown (APW Rebels), Holland Patent, Henninger, New Hartford, Oneida, Niskayuna High School, Nottingham, Beaver River, West Genesee, Notre Dame, Utica, Town of Webb UFSD (Varsity Boys Track), Rome Free Academy, Skaneateles, Cato- Meridian (Blue Devils), Westmoreland, Central Valley Academy, Central Square, New York Mills, Remsen, South Lewis, Clinton, Camden, Saranac Lake, Adirondack, Indian River @	PM		Complex		NL
May 10, 2023 Wed Regular Season Oneida @ Central Valley Academy PM PM Complex 2:45 PM L  May 11, 2023 Thu Practice N/A 3:00 4:30 PM PM PM Complex 2:45 PM L  May 12, 2023 Fri Regular Season (Oneida Invitational) @ TBD 3:45 PM TBD Departure Time: 2:30 PM L  May 15, 2023 Mon Practice N/A 3:00 4:00 PM PM Track  May 15, 2023 Mon Practice N/A 3:00 4:00 PM PM Track  TBD Track	May 8, 2023	Mon	Practice	N/A	PM	PM	Track Field		
May 10, 2023 Wed Regular Season Valley Academy PM PM Complex 2:45 PM  May 11, 2023 Thu Practice N/A 3:00 4:30 PM	May 9, 2023	Tue	Practice	N/A			Track		
May 12, 2023 Fri Regular Season (Oneida Invitational) @ TBD 3:45 PM TBD Departure Time: 2:30 PM L  May 15, 2023 Mon Practice N/A 3:00 4:00 PM PM Track Field  May 15, 2023 Mon Practice N/A 3:00 4:30 Track	May 10, 2023	Wed	Regular Season						L
May 12, 2023 Fri (Oneida linvitational) @ TBD 3.43 PM TBD 2:30 PM L  May 15, 2023 Mon Practice N/A 3:00 4:00 PM PM Track Field  May 15, 2023 Mon Practice N/A 3:00 4:30 Track	May 11, 2023	Thu	Practice	N/A			Track		
May 15, 2023 Mon Practice N/A PM PM Track Field  May 15, 2023 Mon Practice N/A 3:00 4:30 Track	May 12, 2023	Fri	(Oneida	@ TBD			TBD		L
	May 15, 2023	Mon	Practice	N/A			Track Field		
	May 15, 2023	Mon	Practice	N/A			Track		

DATE	WEEK DAY	ТҮРЕ	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON- LEAGUE
May 16, 2023	Tue	Regular Season (TVL League Meet)	Whitesboro, Central Valley Academy, Rome Free Academy, Holland Patent, New Hartford, Utica Proctor, Oneida, Notre Dame, Utica @ Camden	4:15 PM		Camden High School Stadium	Departure Time: 2:30 PM	L
May 17, 2023	Wed	Practice	N/A	3:00 PM	4:30 PM	Track		
May 18, 2023	Thu	Practice	N/A	3:00 PM	4:30 PM	Track		
May 19, 2023	Fri	Regular Season (CNS Invitational)	@ TBD	4:30 PM		TBD	<b>Departure Time:</b> 2:30 PM	L
May 25, 2023	Thu	Post-Season (Sectionals at Camden)	@ TBD	TBD		TBD	Departure Time: 2:30 PM	NL
Jun 1, 2023	Thu	Post-Season (State Qualifiers at CNS High School)	@ TBD	4:00 PM		CNS High School	Departure Time: 2:30 PM	NL
TBD		Practice	N/A	9:00 AM	10:30 AM	Track Field		

Date: 2025-12-27