



Vernon-Verona-Sherrill

(B) V Outdoor Track

Coaches:

- Chris Leblanc
- Micah Colbert

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Apr 3, 2023	Mon	Scrimmage	New Hartford	4:00 PM		Track		NL
CANCELLED Apr 3, 2023	Mon	Practice	N/A	TBD	4:15 PM	Track		
Apr 5, 2023	Wed	Practice	N/A	TBD	4:15 PM	TBD		
Apr 6, 2023	Thu	Regular Season (TVL Relays Co-Ed)	Whitesboro, Central Valley Academy, Rome Free Academy, Holland Patent, New Hartford, Utica Proctor, Oneida, Notre Dame, Utica @ Camden	4:00 PM		Camden High School Stadium	Departure Time: 2:30 PM	L
Apr 10, 2023	Mon	Practice	N/A	9:00 AM	10:30 AM	Track		
Apr 11, 2023	Tue	Practice	N/A	9:00 AM	10:30 AM	Track		
Apr 12, 2023	Wed	Practice	N/A	9:00 AM	10:30 AM	Track		
Apr 13, 2023	Thu	Practice	N/A	9:00 AM	10:30 AM	Track		
Apr 17, 2023	Mon	Practice	N/A	3:00 PM	4:30 PM	Track Field		
Apr 18, 2023	Tue	Practice	N/A	3:00 PM	4:30 PM	Track Field		
Apr 19, 2023	Wed	Regular Season	Utica Proctor @ Oneida	4:00 PM		HS Track	Departure Time: 2:30 PM	L
Apr 20, 2023	Thu	Practice	N/A	3:00 PM	4:30 PM	Track Field		
CANCELLED Apr 20, 2023	Thu	Practice	N/A	3:00 PM	4:30 PM	Track Field		
Apr 22, 2023	Sat	Regular Season (VVS Invitational)	Remsen	10:30 AM		Track		NL
Apr 22, 2023	Sat	Regular Season (VVS Invitational)	Weedsport	10:30 AM		Track		NL
Apr 22, 2023	Sat	Regular Season (VVS Invite)	Skaneateles	10:30 AM		Track		NL
Apr 24, 2023	Mon	Regular Season (TVL Rookie Meet Co-ED)	Central Valley Academy, Rome Free Academy, Camden, Holland Patent, New Hartford, Utica Proctor, Oneida, Notre Dame, Utica @ Whitesboro	6:00 PM		Ed Wadas Complex High School	Departure Time: 4:30 PM	L
Apr 25, 2023	Tue	Practice	N/A	3:00 PM	4:30 PM	Track Field		
Apr 25, 2023	Tue	Practice	N/A	3:00 PM	4:30 PM	Track Field		
Apr 26, 2023	Wed	Regular Season (League meet for Oneida vs VVS)	Notre Dame, Utica, Oneida, Holland Patent	4:00 PM		Track		L
Apr 27, 2023	Thu	Practice	N/A	3:00 PM	4:30 PM	Track Field		

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Apr 27, 2023	Thu	Practice	N/A	3:00 PM	4:30 PM	Track Field		
Apr 28, 2023	Fri	Regular Season (Onondaga Invitational)	@ Onondaga Central (OCS/Laf)	4:30 PM		Stadium	Departure Time: 2:30 PM	NL
May 1, 2023	Mon	Practice	N/A	3:00 PM	4:00 PM	Track Field		
May 2, 2023	Tue	Practice	N/A	3:00 PM	4:30 PM	Track		
May 3, 2023	Wed	Regular Season	Oneida @ Camden	4:15 PM		Camden High School Stadium	Departure Time: 2:45 PM	L
May 4, 2023	Thu	Practice	N/A	3:00 PM	4:30 PM	Track		
May 5, 2023	Fri	Regular Season (Ed Wadas Track invitational)	Watertown, Chittenango, Dolgeville, Cazenovia, Waterville, Homer, West Canada Valley, Altmar-Parish-Williamstown (APW Rebels), Holland Patent, Henninger, New Hartford, Oneida, Niskayuna High School, Nottingham, Beaver River, West Genesee, Notre Dame, Utica, Town of Webb UFSD (Varsity Boys Track), Rome Free Academy, Skaneateles, Cato-Meridian (Blue Devils), Westmoreland, Central Valley Academy, Central Square, New York Mills, Remsen, South Lewis, Clinton, Camden, Saranac Lake, Adirondack, Indian River @ Whitesboro	4:00 PM		Ed Wadas Complex High School	Departure Time: 2:30 PM	NL
May 8, 2023	Mon	Practice	N/A	3:00 PM	4:00 PM	Track Field		
May 9, 2023	Tue	Practice	N/A	3:00 PM	4:30 PM	Track		
May 10, 2023	Wed	Regular Season	Oneida @ Central Valley Academy	4:30 PM	6:45 PM	Diss Athletic Complex	Departure Time: 2:45 PM	L
May 11, 2023	Thu	Practice	N/A	3:00 PM	4:30 PM	Track		
May 12, 2023	Fri	Regular Season (Oneida Invitational)	@ TBD	3:45 PM		TBD	Departure Time: 2:30 PM	L
May 15, 2023	Mon	Practice	N/A	3:00 PM	4:00 PM	Track Field		
May 15, 2023	Mon	Practice	N/A	3:00 PM	4:30 PM	Track		

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
May 16, 2023	Tue	Regular Season (TVL League Meet)	Whitesboro, Central Valley Academy, Rome Free Academy, Holland Patent, New Hartford, Utica Proctor, Oneida, Notre Dame, Utica @ Camden	4:15 PM		Camden High School Stadium	Departure Time: 2:30 PM	L
May 17, 2023	Wed	Practice	N/A	3:00 PM	4:30 PM	Track		
May 18, 2023	Thu	Practice	N/A	3:00 PM	4:30 PM	Track		
May 19, 2023	Fri	Regular Season (CNS Invitational)	@ TBD	4:30 PM		TBD	Departure Time: 2:30 PM	L
May 25, 2023	Thu	Post-Season (Sectionals at Camden)	@ TBD	TBD		TBD	Departure Time: 2:30 PM	NL
Jun 1, 2023	Thu	Post-Season (State Qualifiers at CNS High School)	@ TBD	4:00 PM		CNS High School	Departure Time: 2:30 PM	NL
TBD		Practice	N/A	9:00 AM	10:30 AM	Track Field		

Date: 2025-12-27