



Vernon-Verona-Sherrill

(B) V Lacrosse

Coaches:

- Matt Schneider

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Oct 30, 2019	Wed	Practice (Lacrosse Workout for grades 7-12. The focus will be on individual skills with small sided games played only between players of similar grade/skill. Please bring all protective equipment, sticks, cleats, and sneakers.)	N/A	3:00 PM	4:30 PM	Turf Field Stadium		
Nov 6, 2019	Wed	Practice (Lacrosse Workout for grades 7-12. The focus will be on individual skills with small sided games played only between players of similar grade/skill. Please bring all protective equipment, sticks, cleats, and sneakers.)	N/A	3:00 PM	4:30 PM	Turf Field Stadium		
Nov 24, 2019	Sun	Practice (Lacrosse Workout for grades 7-12. Please bring all protective equipment, sticks, and sneakers.)	N/A	7:00 PM	8:30 PM	VVS MS Gym		
Dec 11, 2019	Wed	Practice (9th-12th Grade Lacrosse Session)	N/A	3:00 PM	4:00 PM	Turf Field Stadium		
Jan 15, 2020	Wed	Practice (9th-12th Grade)	N/A	3:00 PM	4:00 PM	Turf Field Stadium		
Feb 5, 2020	Wed	Practice (9th-12th Grade Morning Wall-Ball)	N/A	7:15 AM	7:30 AM	VVS Volleyball Gym		
Feb 9, 2020	Sun	Practice (Live Sessions 4pm-5pm 9th-12th 5pm-6pm 7th-8th)	N/A	4:00 PM	6:00 PM	VVS MS Gym		
Feb 12, 2020	Wed	Practice (9th-12th Grade Morning Wall-Ball)	N/A	7:10 AM	7:30 AM	VVS Volleyball Gym		
Feb 16, 2020	Sun	Practice (Live Sessions 4pm-5pm 9th-12th 5pm-6pm 7th-8th)	N/A	4:00 PM	6:00 PM	VVS MS Gym		
Feb 25, 2020	Tue	Practice (9th to 12th)	N/A	3:00 PM	4:00 PM	VVS MS Gym		
Feb 26, 2020	Wed	Practice (9th-12th Grade Morning Wall-Ball)	N/A	7:10 AM	7:30 AM	VVS Volleyball Gym		

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Mar 1, 2020	Sun	Practice (Live Sessions (6pm-7pm 7th-8th)(7pm-8pm 9th-12th))	N/A	6:00 PM	8:00 PM	VVS MS Gym		
Mar 5, 2020	Thu	Practice (9th-12th Grade Live Session)	N/A	3:00 PM	4:30 PM	VVS MS Gym		
Mar 8, 2020	Sun	Practice (9th-12th Grade Live Session)	N/A	4:30 PM	6:00 PM	VVS MS Gym		
Mar 9, 2020	Mon	Practice (9th-12th Grade Live Session)	N/A	3:00 PM	4:30 PM	VVS MS Gym		
Mar 11, 2020	Wed	Practice (9th-12th Grade Live Session)	N/A	3:30 PM	4:30 PM	Turf Field Stadium		
Mar 16, 2020	Mon	Practice	N/A	3:00 PM	5:00 PM	Turf Field Stadium		
Mar 17, 2020	Tue	Practice	N/A	5:00 PM	7:00 PM	Turf Field Stadium		
Mar 18, 2020	Wed	Practice	N/A	3:00 PM	5:00 PM	Turf Field Stadium		
Mar 19, 2020	Thu	Practice	N/A	3:00 PM	5:00 PM	Turf Field Stadium		
Mar 20, 2020	Fri	Practice	N/A	3:00 PM	5:00 PM	Turf Field Stadium		
Mar 21, 2020	Sat	Practice	N/A	8:00 AM	10:00 AM	Turf Field Stadium		
Mar 23, 2020	Mon	Practice	N/A	3:00 PM	5:00 PM	Turf Field Stadium		
Mar 24, 2020	Tue	Practice	N/A	3:00 PM	5:00 PM	Turf Field Stadium		
Mar 25, 2020	Wed	Practice	N/A	3:00 PM	5:00 PM	Turf Field Stadium		
Mar 26, 2020	Thu	Practice	N/A	3:00 PM	4:30 PM	Turf Field Stadium, Grass Football Field		
Mar 27, 2020	Fri	Practice	N/A	3:00 PM	5:00 PM	Turf Field Stadium		
CANCELLED Mar 28, 2020	Sat	Scrimmage	Utica Proctor, Jordan-Elbridge @ Rome Free Academy	2:30 PM	5:30 PM	TBD		L
CANCELLED Mar 30, 2020	Mon	Scrimmage	Chittenango	4:30 PM	6:30 PM	Turf Field Stadium		NL
Mar 31, 2020	Tue	Practice	N/A	3:00 PM	5:00 PM	Turf Field Stadium, Grass Football Field		
Apr 1, 2020	Wed	Practice	N/A	4:30 PM	6:00 PM	Turf Field Stadium		
Apr 2, 2020	Thu	Practice	N/A	4:30 PM	6:00 PM	Turf Field Stadium		
CANCELLED Apr 3, 2020	Fri	Regular Season	@ Rome Free Academy	6:00 PM		TBD		L
Apr 4, 2020	Sat	Practice	N/A	8:00 AM	10:00 AM	Turf Field Stadium		
Apr 9, 2020	Thu	Practice	N/A	9:00 AM	11:00 AM	Turf Field Stadium		
Apr 10, 2020	Fri	Practice	N/A	9:00 AM	11:00 AM	Turf Field Stadium		
CANCELLED Apr 11, 2020	Sat	Regular Season	@ Syracuse City (Syracuse City)	11:00 AM		Corcoran Stadium		L

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Apr 13, 2020	Mon	Practice	N/A	2:00 PM	4:00 PM	Turf Field Stadium		
CANCELLED Apr 14, 2020	Tue	Regular Season	@ Whitesboro	4:00 PM		Ed Wadas Complex High School		NL
CANCELLED Apr 16, 2020	Thu	Regular Season	TBD	4:30 PM		Turf Field Stadium		L
CANCELLED Apr 21, 2020	Tue	Regular Season	@ Holland Patent	4:15 PM		GWF Soccer Field #1		L
CANCELLED Apr 24, 2020	Fri	Regular Season	Fulton	5:30 PM		Turf Field Stadium		NL
CANCELLED Apr 25, 2020	Sat	Regular Season	@ Lowville	11:00 AM		Lowville High School Main Gym		L
CANCELLED Apr 28, 2020	Tue	Regular Season	Whitesboro	4:30 PM		Turf Field Stadium		L
CANCELLED May 1, 2020	Fri	Regular Season	@ TBD	4:30 PM		Stadium Field (Grass / Track & Field)		L
CANCELLED May 2, 2020	Sat	Regular Season	Central Square	12:30 PM		Turf Field Stadium		L
POSTPONED May 5, 2020	Tue	Regular Season	Utica Proctor	4:30 PM		Turf Field Stadium		L
CANCELLED May 8, 2020	Fri	Regular Season	Holland Patent	4:30 PM		Turf Field Stadium		L
CANCELLED May 11, 2020	Mon	Regular Season	Lowville	5:30 PM		Turf Field Stadium		L
CANCELLED May 13, 2020	Wed	Regular Season	Manlius Pebble Hill (Central Prep Stars)	6:00 PM		Turf Field Stadium		NL
CANCELLED May 19, 2020	Tue	Regular Season (Senior Night)	@ New Hartford	6:30 PM		New Hartford HS Turf Field		L

Date: 2026-01-10