



Vernon-Verona-Sherrill

(B) V Football

Coaches:

- Chris Leblanc, Asst Coach
- Matt McCoy

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Sep 1, 2023	Fri	Regular Season	Chittenango	7:00 PM		Turf Field Stadium		NL
Sep 16, 2023	Sat	Regular Season	Institute of Technology, Syracuse	7:00 PM		Turf Field Stadium		L
Sep 22, 2023	Fri	Regular Season	Camden	7:00 PM		Turf Field Stadium		L
Oct 6, 2023	Fri	Regular Season	Oneida	7:00 PM		Turf Field Stadium		L
Oct 26, 2023	Thu	Post-Season (Section 3 Crossover)	Marcellus	6:00 PM		Turf Field Stadium		NL
Jan 29, 2024	Mon	Practice (FOOTBALL WORKOUTS)	N/A	3:00 PM	4:00 PM	Middle School Weight Room		
Jan 31, 2024	Wed	Practice (FOOTBALL WORKOUTS)	N/A	3:00 PM	4:00 PM	Middle School Weight Room		
Feb 2, 2024	Fri	Practice (FOOTBALL WORKOUTS)	N/A	3:00 PM	4:00 PM	Middle School Weight Room		
Feb 5, 2024	Mon	Practice (FOOTBALL WORKOUTS)	N/A	3:00 PM	4:00 PM	Middle School Weight Room		
Feb 7, 2024	Wed	Practice (FOOTBALL WORKOUTS)	N/A	3:00 PM	4:00 PM	Middle School Weight Room		
Feb 9, 2024	Fri	Practice (FOOTBALL WORKOUTS)	N/A	3:00 PM	4:00 PM	Middle School Weight Room		
Feb 12, 2024	Mon	Practice (FOOTBALL WORKOUTS)	N/A	3:00 PM	4:00 PM	Middle School Weight Room		
Feb 14, 2024	Wed	Practice (FOOTBALL WORKOUTS)	N/A	3:00 PM	4:00 PM	Middle School Weight Room		
Feb 16, 2024	Fri	Practice (FOOTBALL WORKOUTS)	N/A	3:00 PM	4:00 PM	Middle School Weight Room		
Feb 19, 2024	Mon	Practice (FOOTBALL WORKOUTS)	N/A	3:00 PM	4:00 PM	Middle School Weight Room		
Feb 21, 2024	Wed	Practice (FOOTBALL WORKOUTS)	N/A	3:00 PM	4:00 PM	Middle School Weight Room		
Feb 23, 2024	Fri	Practice (FOOTBALL WORKOUTS)	N/A	3:00 PM	4:00 PM	Middle School Weight Room		
Feb 26, 2024	Mon	Practice (FOOTBALL WORKOUTS)	N/A	3:00 PM	4:00 PM	Middle School Weight Room		
Feb 28, 2024	Wed	Practice (FOOTBALL WORKOUTS)	N/A	3:00 PM	4:00 PM	VVS MS Gym		
Feb 28, 2024	Wed	Practice (FOOTBALL WORKOUTS)	N/A	3:00 PM	4:00 PM	Middle School Weight Room		
Mar 1, 2024	Fri	Practice (FOOTBALL WORKOUTS)	N/A	3:00 PM	4:00 PM	Middle School Weight Room		
Mar 4, 2024	Mon	Practice (FOOTBALL WORKOUTS)	N/A	3:00 PM	4:00 PM	Middle School Weight Room		
Mar 6, 2024	Wed	Practice (FOOTBALL WORKOUTS)	N/A	3:00 PM	4:00 PM	Middle School Weight Room		
Mar 8, 2024	Fri	Practice (FOOTBALL WORKOUTS)	N/A	3:00 PM	4:00 PM	Middle School Weight Room		
Mar 11, 2024	Mon	Practice (FOOTBALL WORKOUTS)	N/A	3:00 PM	4:00 PM	Middle School Weight Room		
Mar 13, 2024	Wed	Practice (FOOTBALL WORKOUTS)	N/A	3:00 PM	4:00 PM	Middle School Weight Room		

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION / NON-LEAGUE	LEAGUE
Mar 15, 2024	Fri	Practice (FOOTBALL WORKOUTS)	N/A	3:00 PM	4:00 PM	Middle School Weight Room		
Mar 18, 2024	Mon	Practice (FOOTBALL WORKOUTS)	N/A	3:00 PM	4:00 PM	Middle School Weight Room		
Mar 20, 2024	Wed	Practice (FOOTBALL WORKOUTS)	N/A	3:00 PM	4:00 PM	Middle School Weight Room		
Mar 22, 2024	Fri	Practice (FOOTBALL WORKOUTS)	N/A	3:00 PM	4:00 PM	Middle School Weight Room		
Mar 25, 2024	Mon	Practice (FOOTBALL WORKOUTS)	N/A	3:00 PM	4:00 PM	Middle School Weight Room		
Mar 27, 2024	Wed	Practice (FOOTBALL WORKOUTS)	N/A	3:00 PM	4:00 PM	Middle School Weight Room		
Mar 29, 2024	Fri	Practice (FOOTBALL WORKOUTS)	N/A	3:00 PM	4:00 PM	Middle School Weight Room		
Apr 1, 2024	Mon	Practice (FOOTBALL WORKOUTS)	N/A	3:00 PM	4:00 PM	Middle School Weight Room		
Apr 3, 2024	Wed	Practice (FOOTBALL WORKOUTS)	N/A	3:00 PM	4:00 PM	Middle School Weight Room		
Apr 5, 2024	Fri	Practice (FOOTBALL WORKOUTS)	N/A	3:00 PM	4:00 PM	Middle School Weight Room		
Apr 8, 2024	Mon	Practice (FOOTBALL WORKOUTS)	N/A	3:00 PM	4:00 PM	Middle School Weight Room		
Apr 10, 2024	Wed	Practice (FOOTBALL WORKOUTS)	N/A	3:00 PM	4:00 PM	Middle School Weight Room		
Apr 12, 2024	Fri	Practice (FOOTBALL WORKOUTS)	N/A	3:00 PM	4:00 PM	Middle School Weight Room		
Apr 15, 2024	Mon	Practice (FOOTBALL WORKOUTS)	N/A	3:00 PM	4:00 PM	Middle School Weight Room		
Apr 17, 2024	Wed	Practice (FOOTBALL WORKOUTS)	N/A	3:00 PM	4:00 PM	Middle School Weight Room		
Apr 19, 2024	Fri	Practice (FOOTBALL WORKOUTS)	N/A	3:00 PM	4:00 PM	Middle School Weight Room		
Apr 22, 2024	Mon	Practice (FOOTBALL WORKOUTS)	N/A	3:00 PM	4:00 PM	Middle School Weight Room		
Apr 24, 2024	Wed	Practice (FOOTBALL WORKOUTS)	N/A	3:00 PM	4:00 PM	Middle School Weight Room		
Apr 26, 2024	Fri	Practice (FOOTBALL WORKOUTS)	N/A	3:00 PM	4:00 PM	Middle School Weight Room		
Apr 29, 2024	Mon	Practice (FOOTBALL WORKOUTS)	N/A	3:00 PM	4:00 PM	Middle School Weight Room		
May 1, 2024	Wed	Practice (FOOTBALL WORKOUTS)	N/A	3:00 PM	4:00 PM	Middle School Weight Room		
May 3, 2024	Fri	Practice (FOOTBALL WORKOUTS)	N/A	3:00 PM	4:00 PM	Middle School Weight Room		
May 6, 2024	Mon	Practice (FOOTBALL WORKOUTS)	N/A	3:00 PM	4:00 PM	Middle School Weight Room		
May 8, 2024	Wed	Practice (FOOTBALL WORKOUTS)	N/A	3:00 PM	4:00 PM	Middle School Weight Room		
May 10, 2024	Fri	Practice (FOOTBALL WORKOUTS)	N/A	3:00 PM	4:00 PM	Middle School Weight Room		
May 13, 2024	Mon	Practice (FOOTBALL WORKOUTS)	N/A	3:00 PM	4:00 PM	Middle School Weight Room		
May 15, 2024	Wed	Practice (FOOTBALL WORKOUTS)	N/A	3:00 PM	4:00 PM	Middle School Weight Room		
May 17, 2024	Fri	Practice (FOOTBALL WORKOUTS)	N/A	3:00 PM	4:00 PM	Middle School Weight Room		
May 20, 2024	Mon	Practice (FOOTBALL WORKOUTS)	N/A	3:00 PM	4:00 PM	Middle School Weight Room		

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
May 22, 2024	Wed	Practice (FOOTBALL WORKOUTS)	N/A	3:00 PM	4:00 PM	Middle School Weight Room		
May 24, 2024	Fri	Practice (FOOTBALL WORKOUTS)	N/A	3:00 PM	4:00 PM	Middle School Weight Room		
May 27, 2024	Mon	Practice (FOOTBALL WORKOUTS)	N/A	3:00 PM	4:00 PM	Middle School Weight Room		
May 29, 2024	Wed	Practice (FOOTBALL WORKOUTS)	N/A	3:00 PM	4:00 PM	Middle School Weight Room		
May 31, 2024	Fri	Practice (FOOTBALL WORKOUTS)	N/A	3:00 PM	4:00 PM	Middle School Weight Room		
Jun 3, 2024	Mon	Practice (FOOTBALL WORKOUTS)	N/A	3:00 PM	4:00 PM	Middle School Weight Room		
Jun 5, 2024	Wed	Practice (FOOTBALL WORKOUTS)	N/A	3:00 PM	4:00 PM	Middle School Weight Room		
Jun 7, 2024	Fri	Practice (FOOTBALL WORKOUTS)	N/A	3:00 PM	4:00 PM	Middle School Weight Room		
Jun 10, 2024	Mon	Practice (FOOTBALL WORKOUTS)	N/A	3:00 PM	4:00 PM	Middle School Weight Room		
Jun 12, 2024	Wed	Practice (FOOTBALL WORKOUTS)	N/A	3:00 PM	4:00 PM	Middle School Weight Room		
Jun 14, 2024	Fri	Practice (FOOTBALL WORKOUTS)	N/A	3:00 PM	4:00 PM	Middle School Weight Room		
Jun 17, 2024	Mon	Practice (FOOTBALL WORKOUTS)	N/A	3:00 PM	4:00 PM	Middle School Weight Room		
Jun 19, 2024	Wed	Practice (FOOTBALL WORKOUTS)	N/A	3:00 PM	4:00 PM	Middle School Weight Room		
Jun 21, 2024	Fri	Practice (FOOTBALL WORKOUTS)	N/A	3:00 PM	4:00 PM	Middle School Weight Room		
Jun 26, 2024	Wed	Practice (VVS Summer Passing League)	N/A	6:00 PM	8:00 PM	Turf Field Stadium		

Date: 2024-04-28