



Vernon-Verona-Sherrill

(B) 7/8TH Cross Country

Coaches:

- Danielle Jeffery

| DATE | WEEK DAY | TYPE | OPPONENTS | START TIME | END TIME | LOCATION | TRANSPORTATION | LEAGUE / NON-LEAGUE |
|--------------|----------|--|--|------------|----------|-----------------------|---|---------------------|
| Sep 10, 2022 | Sat | Regular Season (Pre States) | TBD | 9:00 AM | 12:00 PM | Cross Country Course | | NL |
| Sep 20, 2022 | Tue | Regular Season | Whitesboro, Camden @ Holland Patent | 4:00 PM | | HS Stadium / Track | Departure Date: Sep 20, 2022 Departure Time: 2:30 PM Return Date: Return Time: 8:00 PM | L |
| Sep 27, 2022 | Tue | Regular Season (*Note VVS/Holland Patent will be Non League) | Notre Dame, Utica, Holland Patent @ Central Valley Academy | 4:00 PM | | Diss Athletic Complex | Departure Date: Sep 27, 2022 Departure Time: 2:30 PM Return Date: Return Time: 7:00 PM | L |
| Oct 5, 2022 | Wed | Regular Season (*Note VVS/Holland Patent will be Non League) | Holland Patent, New Hartford, Rome Free Academy | 4:00 PM | | Cross Country Course | | L |
| Oct 11, 2022 | Tue | Regular Season (*Note VVS/Holland Patent will be Non League) | Holland Patent, Utica Proctor (JFK/DMS) @ Oneida | 4:00 PM | | Cross Country Course | Departure Date: Oct 11, 2022 Departure Time: 3:00 PM Return Date: Return Time: 6:00 PM | L |

Date: 2024-04-09