



Vernon-Verona-Sherrill

(B) 7/8TH Cross Country

Coaches:

- Danielle Jeffery

| DATE | WEEK DAY | TYPE | OPPONENTS | START TIME | END TIME | LOCATION | DEPARTURE | TRANSPORTATION | LEAGUE / NON-LEAGUE |
|--------------|----------|---|--|------------|----------|--------------------------------------|---------------------------------|---|---------------------|
| Sep 7, 2019 | Sat | Regular Season (VVS Invitational) | Canastota | TBD | | Cross Country Course | | | L |
| Sep 14, 2019 | Sat | Regular Season (Invitational) | Utica Proctor (JFK/DMS), Whitesboro, Adirondack, Beaver River, Clinton, Herkimer, Notre Dame, Utica, Oneonta, Hamilton @ New Hartford | 9:00 AM | | Cross Country Course (Perry JH) | | | L |
| Sep 17, 2019 | Tue | Regular Season 15-25-31 W | Oneida @ Camden | 4:00 PM | | Camden Cross Country Course | | | L |
| Sep 21, 2019 | Sat | Regular Season | @ TBD | 10:00 AM | | Bville - Durgess Cross Country Trail | Bus/Driver: Glen Miley | Departure Point: High School Return Date: Return Time: 7:45 AM | NL |
| Sep 25, 2019 | Wed | Regular Season | @ New Hartford | 4:00 PM | | Cross Country Course (Perry JH) | Bus/Driver: Beth Onderko | Departure Point: High School Departure Time: 3:00 PM | L |
| Sep 28, 2019 | Sat | Regular Season (XC Invite) | @ McQuaid Jesuit | 9:00 AM | | McQuaid Jesuit HS | Bus/Driver: Jackie Land | Departure Point: High School Departure Time: 5:30 AM | NL |
| Oct 1, 2019 | Tue | Regular Season | Rome Free Academy @ Whitesboro | 4:00 PM | | Deerfield Town Wilderness Park | | | L |
| Oct 5, 2019 | Sat | Regular Season (Cross Country Invitational) | Jamesville-Dewitt, Oneida, Altmar-Parish-Williamstown (APW Rebels), Corcoran (Syracuse West), Canastota, Fayetteville-Manlius, Utica Proctor (JFK/DMS), Cooperstown (Modified), Central Valley Academy, New Hartford, Westmoreland, Holland Patent, Notre Dame, Utica @ Whitesboro | 8:30 AM | | Deerfield Town Wilderness Park | | | NL |

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| Oct 8, 2019 | Tue | Regular Season | Central Valley Academy | 4:00 PM | | Cross Country Course | | | L |
| Oct 22, 2019 | Tue | Regular Season (TVL Championship) 36-224-272-98-169-219-96-89-56 W | Central Valley Academy, Camden, New Hartford, Notre Dame, Utica, Oneida, Utica Proctor (JFK/DMS), Rome Free Academy @ Whitesboro | 4:00 PM | | Deerfield Town Wilderness Park | | | L |

Date: 2024-05-01