



Vernon-Verona-Sherrill

(G) 7/8TH Cross Country

Coaches:

- Danielle Jeffery

| DATE | WEEK DAY | TYPE | OPPONENTS | START TIME | END TIME | LOCATION | DEPARTURE | TRANSPORTATION | LEAGUE / NON-LEAGUE |
|--------------|----------|---|--|------------|----------|-------------------------------------|---------------------------------|---|---------------------|
| Sep 7, 2019 | Sat | Regular Season (VVS Invitational) | Canastota | TBD | | Cross Country Course | | | L |
| Sep 14, 2019 | Sat | Regular Season (Invitational) | Utica Proctor (JFK/DMS), Whitesboro, Adirondack, Beaver River, Clinton, Herkimer, Notre Dame, Utica, Oneonta, Hamilton @ New Hartford | 9:00 AM | | Cross Country Course (Perry JH) | | | L |
| Sep 17, 2019 | Tue | Regular Season 0-15-30 W | Oneida @ Camden | 4:00 PM | | Camden Cross Country Course | | | L |
| Sep 21, 2019 | Sat | Regular Season | @ TBD | 10:00 AM | | Bville - Durgee Cross Country Trail | Bus/Driver: Glen Miley | Departure Point: High School Departure Time: 7:45 AM | NL |
| Sep 25, 2019 | Wed | Regular Season | @ New Hartford | 4:00 PM | | Cross Country Course (Perry JH) | Bus/Driver: Beth Onderko | Departure Time: 3:00 PM | L |
| Sep 28, 2019 | Sat | Regular Season (XC Invite) | @ McQuaid Jesuit | 9:00 AM | | McQuaid Jesuit HS | Bus/Driver: Jackie Land | Departure Point: High School Departure Time: 5:30 AM | NL |
| Oct 1, 2019 | Tue | Regular Season | Rome Free Academy @ Whitesboro | 4:00 PM | | Deerfield Town Wilderness Park | | | L |
| Oct 5, 2019 | Sat | Regular Season (Cross Country Invitational) | Jamesville-Dewitt, Altmar-Parish-Williamstown (APW Rebels), Oneida, Corcoran (Syracuse West), Canastota, Fayetteville-Manlius, Utica Proctor (JFK/DMS), Central Valley Academy, Cooperstown (Modified), New Hartford, Westmoreland, Holland Patent, Notre Dame, Utica @ Whitesboro | 8:30 AM | | Deerfield Town Wilderness Park | | | NL |

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| Oct 8, 2019 | Tue | Regular Season | Central Valley Academy | 4:00 PM | | Cross Country Course | | | L |
| Oct 22, 2019 | Tue | Regular Season (TVL Championship) 216-91-188-82-215-67-178-73-60 L | Central Valley Academy, Camden, New Hartford, Notre Dame, Utica, Rome Free Academy, Oneida, Utica Proctor (JFK/DMS) @ Whitesboro | 4:00 PM | | Deerfield Town Wilderness Park | | | L |

Date: 2024-06-01