



Vernon-Verona-Sherrill

(G) V Cross Country

Coaches:

- Todd Bauer, Head Coach

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Sep 10, 2022	Sat	Regular Season (Individual Meet)	Queensbury	8:30 AM		Cross Country Course		NL
Sep 10, 2022	Sat	Regular Season (Vernon-Verona-Sherrill Invitational)	Remsen	8:30 AM	12:00 PM	Cross Country Course		NL
Sep 10, 2022	Sat	Regular Season	Tully	8:30 AM		Cross Country Course		NL
Sep 10, 2022	Sat	Regular Season (VVS Invitational)	Indian River	9:00 AM	12:00 PM	Cross Country Course		NL
Sep 10, 2022	Sat	Regular Season (VVS Cross Country Invitational)	Phoenix	9:00 AM	3:30 PM	Cross Country Course		L
Sep 10, 2022	Sat	Regular Season	South Lewis	9:00 AM	12:00 PM	Cross Country Course		L
Sep 10, 2022	Sat	Regular Season (VVS Invitational)	Westmoreland	9:00 AM	3:30 PM	Cross Country Course		L
Sep 10, 2022	Sat	Regular Season (Vernon Verona Sherrill Cross Country Invitational)	Chittenango	9:00 AM	12:00 PM	Cross Country Course		NL
Sep 10, 2022	Sat	Regular Season (VVS Invitational)	Baldwinsville	9:00 AM	12:00 PM	Cross Country Course		NL
Sep 10, 2022	Sat	Regular Season (VVS Pre State Inv)	Skaneateles	9:00 AM		Cross Country Course		NL
Sep 10, 2022	Sat	Regular Season (VVS Invitational)	Whitesboro	9:00 AM	3:30 PM	Cross Country Course		NL
Sep 10, 2022	Sat	Regular Season (Pre States)	Beaver River	9:00 AM	12:00 PM	Cross Country Course		NL
Sep 10, 2022	Sat	Regular Season (VVS Invitational)	Rome Free Academy	9:10 AM	3:30 PM	Cross Country Course		NL
Sep 10, 2022	Sat	Regular Season (VVS INVITATIONAL)	Westhill	11:10 AM	3:30 PM	Cross Country Course		NL
Sep 10, 2022	Sat	Regular Season (VVS Cross Country Invitational)	Broadalbin-Perth	1:00 PM		Cross Country Course		NL
Sep 10, 2022	Sat	Regular Season	Watertown	1:50 PM	3:30 PM	Cross Country Course		L
Sep 10, 2022	Sat	Regular Season (Invite V-V-S)	Corning-Painted Post	2:30 PM		Cross Country Course		NL
Sep 10, 2022	Sat	Regular Season (VVS Invitational)	Port Byron (Port Byron/Union Springs)	2:30 PM		Cross Country Course		NL

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Sep 10, 2022	Sat	Regular Season (VVS CROSS COUNTRY INVITATIONAL)	Maple Hill	3:00 PM	5:30 PM	Cross Country Course		L
Sep 10, 2022	Sat	Regular Season	DeRuyter	3:30 PM		Cross Country Course		L
Sep 10, 2022	Sat	Regular Season (VVS Invitational @ VVS Pre-State Meet - Varsity Only)	Elmira	TBD	3:30 PM	Cross Country Course		L
Sep 10, 2022	Sat	Regular Season	Canastota	TBD		Cross Country Course		L
Sep 10, 2022	Sat	Regular Season	Notre Dame, Utica	TBD		Cross Country Course		L
Sep 16, 2022	Fri	Regular Season	Adirondack	9:00 AM	3:30 PM	Cross Country Course		L
Sep 16, 2022	Fri	Regular Season	Adirondack	9:00 AM	3:30 PM	Cross Country Course		NL
Sep 16, 2022	Fri	Regular Season	Adirondack	9:00 AM	3:30 PM	Cross Country Course		NL
Sep 16, 2022	Fri	Regular Season	Phoenix	9:00 AM	3:30 PM	Cross Country Course		L
Sep 17, 2022	Sat	Scrimmage (Practice the Course)	Cooperstown	9:00 AM	3:30 PM	Cross Country Course		L
Sep 20, 2022	Tue	Regular Season	Whitesboro, Camden @ Holland Patent	4:00 PM		HS Stadium / Track	Departure Date: Sep 20, 2022 Departure Time: 2:30 PM Return Date: Return Time: 8:00 PM	L
Sep 27, 2022	Tue	Regular Season (*Note VVS/Holland Patent will be Non League)	Notre Dame, Utica, Holland Patent @ Central Valley Academy	4:00 PM		Diss Athletic Complex	Departure Date: Sep 27, 2022 Departure Time: 2:30 PM Return Date: Return Time: 7:00 PM	L
Oct 5, 2022	Wed	Regular Season (*Note VVS/Holland Patent will be Non League)	Holland Patent, New Hartford, Rome Free Academy	4:00 PM		Cross Country Course		L
Oct 11, 2022	Tue	Regular Season (*Note VVS/Holland Patent will be Non League)	Holland Patent, Utica Proctor @ Oneida	4:00 PM		Cross Country Course	Departure Date: Oct 11, 2022 Departure Time: 3:00 PM Return Date: Return Time: 6:00 PM	L
Oct 22, 2022	Sat	Regular Season (TVL League championship)	Whitesboro, Camden, Holland Patent, Notre Dame, Utica, Oneida, Utica Proctor, Rome Free Academy, Central Valley Academy @ New Hartford	10:00 AM		Cross Country Course (Perry JH)	Departure Date: Oct 22, 2022 Departure Time: 8:00 AM Return Date: Return Time: 4:00 PM	L

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Nov 5, 2022	Sat	Regular Season	DeRuyter	8:00 AM		Cross Country Course		L
Nov 5, 2022	Sat	Post-Season (Section 3 Championships @ VVS)	Waterville	9:00 AM	3:30 PM	Cross Country Course		L
Nov 5, 2022	Sat	Post-Season	South Lewis	10:00 AM	3:30 PM	Cross Country Course		NL
Nov 5, 2022	Sat	Post-Season (Sectionals)	Beaver River	12:40 PM	3:30 PM	Cross Country Course		NL
Nov 5, 2022	Sat	Post-Season (Section 3 Championships)	Port Byron (Port Byron/Union Springs)	12:40 PM		Cross Country Course		NL
Nov 12, 2022	Sat	Post-Season	South Lewis	10:30 AM	3:30 PM	Cross Country Course		NL
Nov 12, 2022	Sat	Post-Season (State Championships)	Schuylerville	12:30 PM		Cross Country Course		L
Nov 12, 2022	Sat	Post-Season (NYSPHSAA Meet)	Beaver River	12:30 PM	3:30 PM	Cross Country Course		NL
Nov 12, 2022	Sat	Regular Season (Girls NYS Cross-Country Championships @ VVS HS)	Waterville	1:00 PM	3:30 PM	Grass Field Hockey Field		L
Nov 12, 2022	Sat	Post-Season (NYSPHSAA Championship)	Candor (Candor)	TBD	12:00 PM	Cross Country Course		L
Nov 12, 2022	Sat	Post-Season (State Championship @ Vernon-Verona-Sherill HS)	Elmira	TBD		VVS MS Gym		L

Date: 2025-12-19