



Vernon-Verona-Sherrill

(G) V Cross Country

Coaches:

- Todd Bauer, Head Coach

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	TRANSPORTATION	LEAGUE / NON-LEAGUE
Sep 7, 2019	Sat	Regular Season (VVS Cross Country Invitational)	Sherburne-Earlville	8:00 AM		Cross Country Course			L
Sep 7, 2019	Sat	Regular Season (Invitational - Varsity Only)	Liverpool	8:00 AM		Cross Country Course			L
Sep 7, 2019	Sat	Regular Season (Invitational)	Cortland	8:00 AM	1:30 PM	Cross Country Course			L
Sep 7, 2019	Sat	Regular Season (115th Annual VVS Cross Country Invite)	Rome Free Academy	8:15 AM		Cross Country Course			NL
Sep 7, 2019	Sat	Regular Season (VVS Invitational)	Canastota	8:30 AM		Cross Country Course			L
Sep 7, 2019	Sat	Regular Season (V-V-S Invitational)	Remsen (Remsen/Town of Webb)	8:30 AM		Cross Country Course			NL
Sep 7, 2019	Sat	Regular Season (Invitational)	Indian River	8:30 AM		Cross Country Course			L
Sep 7, 2019	Sat	Regular Season (Cross Country Invitational)	Whitesboro	8:30 AM		Cross Country Course			NL
Sep 7, 2019	Sat	Regular Season (VVS Invitational)	Skaneateles	8:30 AM		Cross Country Course			NL
Sep 7, 2019	Sat	Regular Season (VVS Invite)	East Syracuse Minoa	8:30 AM		Cross Country Course			L
Sep 7, 2019	Sat	Regular Season (Invitational)	Holland Patent	9:00 AM		Cross Country Course			L
Sep 7, 2019	Sat	Regular Season (Invitational)	Sauquoit Valley	9:00 AM		Cross Country Course			NL
Sep 7, 2019	Sat	Regular Season (VVS Invite)	Beaver River	9:00 AM		Cross Country Course			NL
Sep 7, 2019	Sat	Regular Season (Invitational)	Corcoran (Syracuse West)	9:00 AM		Cross Country Course			L
Sep 7, 2019	Sat	Regular Season (VVS Invitational)	Chittenango	9:10 AM	10:00 AM	Cross Country Course			NL
Sep 7, 2019	Sat	Regular Season (VVS invitational)	@ Phoenix	10:45 AM		Track			L
Sep 7, 2019	Sat	Regular Season (VVS Invitational)	Oneida	11:00 AM		Cross Country Course			NL
Sep 7, 2019	Sat	Regular Season (VVS Invitational)	Jamesville-Dewitt	11:20 AM		VVS Sectional Course			L

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Sep 7, 2019	Sat	Regular Season (VVS Invitational)	Tully	11:40 AM		Cross Country Course			NL
Sep 7, 2019	Sat	Practice	N/A	3:00 PM	4:30 PM	Cross Country Course			
Sep 7, 2019	Sat	Regular Season (VVS Invitational)	Cicero-North Syracuse	4:30 PM	6:00 PM	Cross Country Course			NL
Sep 7, 2019	Sat	Regular Season	Oriskany	TBD		Cross Country Course			NL
Sep 7, 2019	Sat	Regular Season (VVS Invitational)	DeRuyter	TBD		Cross Country Course			NL
Sep 7, 2019	Sat	Regular Season (Invitational)	Central Valley Academy	TBD		Cross Country Course			NL
Sep 7, 2019	Sat	Regular Season (VVS Invitational)	South Jefferson	TBD		Cross Country Course			L
Sep 7, 2019	Sat	Regular Season	Fabius-Pompey	TBD		Cross Country Course			L
Sep 7, 2019	Sat	Regular Season (Invitational)	Camden	TBD		Cross Country Course			NL
Sep 7, 2019	Sat	Regular Season (VVS Invitational)	@ Fayetteville-Manlius	TBD		FM Cross Country			NL
Sep 9, 2019	Mon	Practice	N/A	3:00 PM	5:15 PM	Verona Elementary			
Sep 10, 2019	Tue	Practice	N/A	3:00 PM	5:00 PM	TBD			
Sep 11, 2019	Wed	Practice	N/A	3:00 PM	5:00 PM	TBD			
Sep 12, 2019	Thu	Practice	N/A	3:00 PM	5:15 PM	Sherrill Elementary			
Sep 14, 2019	Sat	Regular Season (XC Invite)	Whitesboro, Hilton, Adirondack, Clinton, Edmeston (Edmeston/Morris), Herkimer, Notre Dame, Utica, Oneonta, Utica Proctor, Hamilton @ New Hartford	9:00 AM		Cross Country Course (Perry JH)			NL
Sep 14, 2019	Sat	Practice	N/A	3:00 PM	4:30 PM	Cross Country Course			
Sep 17, 2019	Tue	Regular Season	Oneida @ Camden	4:00 PM		Camden Cross Country Course			L
Sep 19, 2019	Thu	Practice	N/A	3:00 PM	5:15 PM	Sherrill Elementary			
Sep 21, 2019	Sat	Regular Season	@ TBD	10:00 AM		Bville - Durgee Cross Country Trail	Bus/Driver: Glen Miley	Departure Time: 7:45 AM	NL
Sep 21, 2019	Sat	Regular Season	@ Plattsburgh	TBD		Plattsburgh HS	Bus/Driver: No Bus Needed		NL

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Sep 23, 2019	Mon	Practice	N/A	3:00 PM	5:00 PM	Track Field			
Sep 24, 2019	Tue	Practice	N/A	3:00 PM	5:05 PM	Verona Elementary			
Sep 25, 2019	Wed	Regular Season	@ New Hartford	4:00 PM		Cross Country Course (Perry JH)	Bus/Driver: Beth Onderko	Departure Point: High School Departure Time: 3:00 PM	L
Sep 26, 2019	Thu	Practice	N/A	3:00 PM	5:15 PM	Sherrill Elementary			
Sep 27, 2019	Fri	Practice	N/A	3:10 PM	4:30 PM	Cross Country Course			
Sep 28, 2019	Sat	Regular Season (XC Invite)	@ McQuaid Jesuit	9:00 AM		McQuaid Jesuit HS	Bus/Driver: Jackie Land	Departure Point: High School Departure Time: 5:30 AM	NL
Sep 30, 2019	Mon	Practice	N/A	3:00 PM	5:15 PM	Verona Elementary			
Oct 1, 2019	Tue	Regular Season	Rome Free Academy @ Whitesboro	4:00 PM		Deerfield Town Wilderness Park	Bus/Driver: Ron Siderline	Departure Point: High School Departure Time: 3:00 PM	L
Oct 3, 2019	Thu	Practice	N/A	3:00 PM	5:15 PM	Sherrill Elementary			
Oct 4, 2019	Fri	Practice	N/A	3:10 PM	4:30 PM	Cross Country Course			
Oct 5, 2019	Sat	Regular Season (Cross Country Invitational)	Jamesville-Dewitt, Altmar-Parish-Williamstown (APW Rebels), Central Valley Academy, Holland Patent, Corcoran (Syracuse West), Canastota, Cooperstown, New Hartford, Westmoreland, Edmeston (Edmeston/Morris), Little Falls, Notre Dame, Utica, Poland, Utica Proctor, Waterville @ Whitesboro	8:30 AM		Deerfield Town Wilderness Park			NL
Oct 7, 2019	Mon	Practice	N/A	3:00 PM	5:15 PM	Verona Elementary			
Oct 8, 2019	Tue	Regular Season	Central Valley Academy	4:00 PM		Cross Country Course			L
Oct 10, 2019	Thu	Practice	N/A	3:00 PM	5:15 PM	Sherrill Elementary			
Oct 11, 2019	Fri	Practice	N/A	3:10 PM	4:30 PM	Cross Country Course			
Oct 17, 2019	Thu	Practice	N/A	3:00 PM	5:15 PM	Sherrill Elementary			
Oct 21, 2019	Mon	Practice	N/A	3:00 PM	5:15 PM	Verona Elementary			

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Oct 22, 2019	Tue	Regular Season (TVL Championship)	Central Valley Academy, Camden, New Hartford, Notre Dame, Utica, Rome Free Academy, Oneida, Utica Proctor @ Whitesboro	4:25 PM		Deerfield Town Wilderness Park			L
Oct 24, 2019	Thu	Practice	N/A	3:00 PM	5:15 PM	Sherrill Elementary			
Oct 25, 2019	Fri	Practice	N/A	3:10 PM	4:30 PM	Cross Country Course			
Oct 26, 2019	Sat	Meet (The John Bernard (Adirondack) XC Invitational)	Vs. Multiple	9:00 AM	1:30 PM	Adirondack HS			NL
Nov 2, 2019	Sat	Regular Season (VVS Invite)	South Jefferson	11:00 AM		Cross Country Course			L
Nov 2, 2019	Sat	Regular Season	Cooperstown	TBD		Cross Country Course			L
Nov 9, 2019	Sat	Post-Season (Section 3 Championships)	Beaver River	8:00 AM		Cross Country Course			NL
Nov 9, 2019	Sat	Post-Season (Sectionals)	Dolgeville	9:00 AM		Cross Country Course			NL
Nov 9, 2019	Sat	Post-Season (Section 3 Championship)	Chittenango	9:00 AM	2:00 PM	Cross Country Course			NL
Nov 9, 2019	Sat	Regular Season (Sectionals)	Homer	10:00 AM		Cross Country Course			L
Nov 9, 2019	Sat	Regular Season (Sectionals)	Fayetteville-Manlius	10:00 AM		Cross Country Course			NL
Nov 9, 2019	Sat	Post-Season (Sectional Cross Country Finals)	Rome Free Academy	10:00 AM		Cross Country Course			NL
Nov 9, 2019	Sat	Regular Season (Sectionals @VVS)	Waterville @ TBD	10:00 AM		Cross Country Course			L
Nov 9, 2019	Sat	Post-Season (Sectional Championship)	Indian River	10:40 AM		Cross Country Course			L
Nov 9, 2019	Sat	Regular Season (Sectional Meet)	Weedsport	11:00 AM		TBD			NL
Nov 9, 2019	Sat	Regular Season (Sectionals)	Cooperstown	1:20 PM		Cross Country Course			L
Nov 9, 2019	Sat	Post-Season (Class D Sectional Meet-VVS HS)	Tully	2:00 PM		Cross Country Course			NL
Nov 9, 2019	Sat	Regular Season	Solvay	4:00 PM		Cross Country Course			L
Nov 9, 2019	Sat	Post-Season (Section 3 Championships)	Canastota	TBD		Cross Country Course			NL

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Nov 9, 2019	Sat	Regular Season	Fabius-Pompey	TBD		Cross Country Course			L
Nov 9, 2019	Sat	Post-Season (Sectionals)	@ DeRuyter	TBD	1:30 PM	TBD			NL
Nov 9, 2019	Sat	Post-Season (Sectional Finals)	Cortland	TBD		Cross Country Course			L
Nov 9, 2019	Sat	Post-Season (Sectional Meet)	Faith Heritage	TBD		Cross Country Course			NL
Nov 9, 2019	Sat	Regular Season (Sectionals)	Phoenix	TBD		Cross Country Course			L
Nov 9, 2019	Sat	Post-Season (SECTIONALS)	TBD	TBD		Cross Country Course			NL
Nov 9, 2019	Sat	Post-Season (Section III Championship)	Westhill	TBD		Cross Country Course			NL

Date: 2024-05-19