



Vernon-Verona-Sherrill

(G) V Cross Country

Coaches:

- Todd Bauer, Head Coach

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Sep 9, 2023	Sat	Regular Season (New Hartford Invitational)	@ TBD	9:00 AM		TBD	Departure Date: Sep 9, 2023 Departure Time: 7:00 AM	L
Sep 15, 2023	Fri	Regular Season (VVS Invitational)	Westmoreland	4:00 PM	8:30 PM	Cross Country Course		L
Sep 15, 2023	Fri	Regular Season	Nottingham (Nottingham)	4:15 PM	6:00 PM	Cross Country Course		L
Sep 15, 2023	Fri	Regular Season (Invitational)	Homer	4:15 PM		Cross Country Course		L
Sep 15, 2023	Fri	Regular Season (VVS Invite)	Tully	4:30 PM		Cross Country Course		NL
Sep 16, 2023	Sat	Regular Season (VVS Cross Country Invitational)	Sherburne-Earlville	8:00 AM		Cross Country Course		NL
Sep 16, 2023	Sat	Regular Season (VVS Invitational)	Notre Dame, Utica	8:30 AM		Cross Country Course		L
Sep 16, 2023	Sat	Regular Season (Vernon-Verona-Sherrill Invitational)	Remsen (Remsen/Town of Webb)	8:30 AM		Cross Country Course		NL
Sep 16, 2023	Sat	Regular Season	Candor (Candor)	8:30 AM		Cross Country Course		L
Sep 16, 2023	Sat	Regular Season	Adirondack	9:00 AM	3:30 PM	Cross Country Course		NL
Sep 16, 2023	Sat	Regular Season (V-V-S Invitational)	Glens Falls	9:00 AM		Cross Country Course		L
Sep 16, 2023	Sat	Regular Season	Mexico	9:00 AM	2:00 PM	Cross Country Course		NL
Sep 16, 2023	Sat	Regular Season (18th Annual VVS Cross Country Invitational)	Central Valley Academy	9:00 AM	3:30 PM	Cross Country Course		L
Sep 16, 2023	Sat	Regular Season	South Lewis	9:00 AM	3:30 PM	Cross Country Course		NL
Sep 16, 2023	Sat	Regular Season (VVS Invite)	Jordan-Elbridge	9:00 AM	3:30 PM	Cross Country Course		NL
Sep 16, 2023	Sat	Regular Season (VVS Invite)	Sandy Creek	9:00 AM	12:00 PM	Cross Country Course		NL
Sep 16, 2023	Sat	Regular Season (Invitational)	Beaver River	10:00 AM		Cross Country Course		NL
Sep 16, 2023	Sat	Regular Season (Invitational)	Auburn	10:30 AM		Cross Country Course		L

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Sep 16, 2023	Sat	Regular Season (VVS Invitational)	Weedsport	11:10 AM		Cross Country Course		NL
Sep 16, 2023	Sat	Regular Season	Phoenix	TBD		Cross Country Course		L
Sep 16, 2023	Sat	Regular Season (VVS Invitational)	Clinton	TBD		Cross Country Course		L
Sep 16, 2023	Sat	Regular Season (18th Annual VVS Invitational)	Port Byron (Port Byron/Union Springs)	TBD		Turf Field Stadium		NL
Sep 16, 2023	Sat	Regular Season	LaFayette	TBD	12:00 PM	Cross Country Course		NL
Sep 19, 2023	Tue	Regular Season	New Hartford @ Holland Patent	4:30 PM		Holland Patent HS	Departure Time: 2:30 PM	L
Sep 23, 2023	Sat	Regular Season (Queensbury invitational)	@ TBD	9:00 AM		TBD	Departure Date: Sep 23, 2023 Departure Time: 5:30 AM	L
Sep 26, 2023	Tue	Regular Season	Rome Free Academy @ Camden	4:00 PM		Osceola Ski and Sport Resort	Departure Time: 2:30 PM	L
Sep 30, 2023	Sat	Regular Season (Invitational at McQuaid Jesuit - Rochester)	@ TBD	9:00 AM		TBD	Departure Date: Sep 30, 2023 Departure Time: 5:30 AM	L
Oct 3, 2023	Tue	Regular Season	Notre Dame, Utica, Utica Proctor @ Whitesboro	4:00 PM		Deerfield Town Wilderness Park	Departure Time: 2:30 PM	L
Oct 10, 2023	Tue	Regular Season	Central Valley Academy, Oneida	4:00 PM		Cross Country Course		L
Oct 14, 2023	Sat	Regular Season (Marathon invitational)	@ TBD	9:00 AM		TBD	Departure Date: Oct 14, 2023 Departure Time: 6:45 AM	L
Oct 21, 2023	Sat	Regular Season (TVL League Championship)	Rome Free Academy, Whitesboro, Notre Dame, Utica, Camden, Central Valley Academy, New Hartford, Utica Proctor, Oneida @ Holland Patent	11:10 AM	4:00 PM	HS Stadium / Track		L
Oct 28, 2023	Sat	Regular Season (Adirondack Invitational)	@ TBD	9:00 AM		TBD	Departure Date: Oct 28, 2023 Departure Time: 7:15 AM	L
Nov 4, 2023	Sat	Regular Season (NYS Championships)	Homer	9:00 AM		Cross Country Course		L
Nov 4, 2023	Sat	Regular Season (Section 3 finals)	Notre Dame, Utica	9:00 AM	3:30 PM	Cross Country Course		NL
Nov 4, 2023	Sat	Regular Season (Section 3 finals)	Central Valley Academy	9:00 AM	3:30 PM	Cross Country Course		NL
Nov 4, 2023	Sat	Regular Season (Section 3 finals)	Holland Patent	9:00 AM	12:00 PM	Cross Country Course		NL

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Nov 4, 2023	Sat	Regular Season (Section 3 finals)	Utica Proctor	9:00 AM	3:30 PM	Cross Country Course		NL
Nov 4, 2023	Sat	Regular Season (Section 3 finals)	Oneida	9:00 AM	3:30 PM	Cross Country Course		NL
Nov 4, 2023	Sat	Post-Season (Sectional Championships)	Little Falls	9:00 AM		Cross Country Course		L
Nov 4, 2023	Sat	Post-Season (Cross-Country Sectionals @ VVS High School)	Waterville	9:00 AM	3:00 PM	Cross Country Course		L
Nov 4, 2023	Sat	Post-Season	South Lewis	9:00 AM		Cross Country Course		NL
Nov 4, 2023	Sat	Post-Season (Section 3 Finals)	Whitesboro	9:00 AM	12:00 PM	Cross Country Course		NL
Nov 4, 2023	Sat	Post-Season (Class D Sectional Championships)	Remsen (Remsen/Town of Webb)	9:00 AM		Cross Country Course		NL
Nov 4, 2023	Sat	Regular Season (Section 3 Finals)	New Hartford	9:00 AM	3:30 PM	Cross Country Course		NL
Nov 4, 2023	Sat	Post-Season (Section 3 Championships)	Cooperstown	10:00 AM		Cross Country Course		NL
Nov 4, 2023	Sat	Post-Season (Section 3 Championship @ VVS HS)	Sandy Creek	10:00 AM	3:30 PM	Cross Country Course		NL
Nov 4, 2023	Sat	Post-Season (Section 3 Championship)	Camden	1:40 PM		Cross Country Course		L
Nov 4, 2023	Sat	Regular Season (Section III Championships)	Clinton	TBD		Cross Country Course		L
Nov 4, 2023	Sat	Post-Season (Section Meet - Class B)	Jamesville-Dewitt	TBD		Cross Country Course		L
Nov 4, 2023	Sat	Regular Season (Sectionals)	Phoenix	TBD		Cross Country Course		L
Nov 6, 2023	Mon	Practice	N/A	2:30 PM	4:30 PM	VVS Volleyball Gym		
Nov 8, 2023	Wed	Practice	N/A	2:30 PM	4:30 PM	VVS Volleyball Gym		
Nov 9, 2023	Thu	Practice	N/A	2:30 PM	10:00 PM	VVS Volleyball Gym		
Nov 10, 2023	Fri	Practice	N/A	2:30 PM	10:00 PM	VVS Volleyball Gym		
Nov 11, 2023	Sat	Post-Season	South Lewis	9:00 AM	3:30 PM	Cross Country Course		NL
Nov 11, 2023	Sat	Regular Season (NYSPHSAA State Championships)	Moravia	9:00 AM	12:00 PM	Cross Country Course		L

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Nov 11, 2023	Sat	Practice	N/A	2:30 PM	10:00 PM	VVS Volleyball Gym	
Nov 11, 2023	Sat	Post-Season (NYSPHSAA Championships)	Trumansburg	TBD		Cross Country Course	L

Date: 2023-12-09