

## Coaches:

- Brett Knapp
- Stef Vanduluitgaarden

DATE	WEEK DAY	ТҮРЕ	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON- LEAGUE
Jul 28, 2024	Sun	Practice	N/A	5:00 PM	6:30 PM	VVS Volleyball Gym		
Aug 4, 2024	Sun	Practice	N/A	5:00 PM	6:30 PM	VVS Volleyball Gym		
Aug 11, 2024	Sun	Practice	N/A	5:00 PM	6:30 PM	VVS Volleyball Gym		
Aug 18, 2024	Sun	Practice	N/A	5:00 PM	6:30 PM	VVS Volleyball Gym		
Aug 25, 2024	Sun	Practice	N/A	5:00 PM	6:30 PM	VVS Volleyball Gym		
Oct 29, 2024	Tue	Practice	N/A	6:00 PM	7:30 PM	VVS Volleyball Gym		
Nov 18, 2024	Mon	Practice	N/A	6:00 PM	9:00 PM	VVS Volleyball Gym		
Nov 19, 2024	Tue	Practice	N/A	6:00 PM	9:00 PM	VVS Volleyball Gym		
Nov 20, 2024	Wed	Practice	N/A	6:00 PM	9:00 PM	VVS Volleyball Gym		
Nov 21, 2024	Thu	Practice	N/A	6:00 PM	9:00 PM	VVS Volleyball Gym		
Nov 22, 2024	Fri	Practice	N/A	7:00 PM	7:00 PM	VVS Volleyball Gym		
Nov 24, 2024	Sun	Practice	N/A	8:00 AM	10:00 AM	VVS Main Gym (The Pit)		
Nov 25, 2024	Mon	Practice (Practice)	N/A	7:00 PM	9:00 PM	VVS Volleyball Gym		
Nov 26, 2024	Tue	Practice	N/A	7:00 PM	9:00 PM	VVS Volleyball Gym		
Nov 27, 2024	Wed	Practice	N/A	10:00 AM	12:00 PM	TBD		
Nov 29, 2024	Fri	Practice	N/A	8:00 AM	10:00 AM	VVS Main Gym (The Pit)		
Nov 30, 2024	Sat	Practice	N/A	10:00 AM	11:00 AM	VVS MS Gym		
Nov 30, 2024	Sat	Scrimmage	Chittenango, Lowville	11:00 AM		VVS MS Gym		NL
Dec 1, 2024	Sun	Practice	N/A	8:00 AM	10:00 AM	VVS Main Gym (The Pit)		
Dec 3, 2024	Tue	Regular Season	Mexico	5:00 PM		VVS Main Gym (The Pit)		NL
Dec 5, 2024	Thu	Practice	N/A	7:00 PM	9:00 PM	VVS Volleyball Gym		
Dec 6, 2024	Fri	Regular Season	@ Cazenovia	7:30 PM	9:00 PM	Kevin Vibbard Court	<b>Departure Time:</b> 4:00 PM	NL
Dec 10, 2024	Tue	Regular Season	Central Valley Academy	5:30 PM		VVS Main Gym (The Pit)		L
Dec 11, 2024	Wed	Practice	N/A	7:00 PM	9:00 PM	VVS Main Gym (The Pit)		
Dec 13, 2024	Fri	Practice	N/A	7:00 PM	9:00 PM	VVS Volleyball Gym		
Dec 18, 2024	Wed	Regular Season	@ Utica Proctor	5:30 PM	6:55 PM	PHS Main Gym	<b>Departure Time:</b> 4:15 PM	L

Dec 19, 2024         Thu         Practice         N/A         7:00 PM         9:00 PM         VVS Volleyball Gym           Dec 20, 2024         Fri         Regular Season         Camden         5:30 PM         VVS Main Gym (The Pit)           Dec 23, 2024         Mon         Practice         N/A         12:00 PM         2:00 PM         VVS Main Gym (The Pit)           CANCELLED Dec 23, 2024         Mon         Practice         N/A         7:00 PM         9:00 PM         VVS Volleyball Gym           Dec 26, 2024         Thu         Practice         N/A         9:00 AM         11:00 VVS Main Gym (The Pit)           CANCELLED Dec 26, 2024         Thu         Practice         N/A         7:00 PM         9:00 VVS Volleyball Gym           Dec 27, 2024         Fri         Practice         N/A         9:00 11:00 VVS Main Gym (The Pit)           CANCELLED Dec 27, 2024         Fri         Practice         N/A         9:00 11:00 VVS Main Gym (The Pit)           CANCELLED Dec 27, 2024         Fri         Practice         N/A         7:00 PM         9:00 VVS Volleyball Gym           Dec 30, 2024         Mon         Practice         N/A         8:00 AM         10:00 AM         VVS Volleyball Gym	L
Dec 20, 2024         Fri         Season         Camden         PM         (The Pit)           Dec 23, 2024         Mon         Practice         N/A         12:00	L
Dec 23, 2024         Mon         Practice         N/A         PM         PM         PM (The Pit)           CANCELLED Dec 23, 2024         Mon         Practice         N/A         7:00 9:00 PM PM         VVS Volleyball Gym           Dec 26, 2024         Thu         Practice         N/A         9:00 11:00 VVS Main Gym (The Pit)           CANCELLED Dec 26, 2024         Thu         Practice         N/A         7:00 9:00 PM PM         VVS Volleyball Gym           Dec 27, 2024         Fri         Practice         N/A         7:00 9:00 AM AM AM (The Pit)         VVS Volleyball Gym           CANCELLED Dec 27, 2024         Fri         Practice         N/A         7:00 9:00 PM PM         VVS Volleyball Gym           Dec 30, 2024         Mon Practice         N/A         8:00 10:00 VVS Volleyball Gym	
23, 2024         Mon         Practice         N/A         PM         PM         PM         VVS Volleyball Gym           Dec 26, 2024         Thu         Practice         N/A         9:00 AM AM (The Pit)         AM AM (The Pit)           CANCELLED Dec 26, 2024         Thu         Practice         N/A         9:00 PM PM PM         VVS Volleyball Gym           Dec 27, 2024         Fri         Practice         N/A         7:00 PM PM         9:00 VVS Volleyball Gym           CANCELLED Dec 27, 2024         Fri         Practice         N/A         7:00 PM PM         PM PM           Dec 30, 2024         Mon         Practice         N/A         8:00 10:00 VVS Volleyball Gym	
Dec 26, 2024         Thu         Practice         N/A         AM         AM         AM (The Pit)           CANCELLED Dec 26, 2024         Thu         Practice         N/A         7:00 9:00 PM PM         VVS Volleyball Gym           Dec 27, 2024         Fri         Practice         N/A         9:00 11:00 VVS Main Gym (The Pit)           CANCELLED Dec 27, 2024         Fri         Practice         N/A         7:00 9:00 PM PM         VVS Volleyball Gym           Dec 30, 2024         Mon Practice         N/A         8:00 10:00 VVS Volleyball Gym	
26, 2024         Thu         Practice         N/A         PM         PM         VVS Volleyball Gym           Dec 27, 2024         Fri         Practice         N/A         9:00 AM AM (The Pit)         11:00 VVS Main Gym AM (The Pit)           CANCELLED Dec 27, 2024         Fri         Practice         N/A         7:00 PM PM         VVS Volleyball Gym           Dec 30, 2024         Mon Practice         N/A         8:00 10:00 VVS Volleyball Gym	
CANCELLED Dec 27, 2024 Fri Practice N/A AM AM (The Pit)  CANCELLED Dec 27, 2024 Fri Practice N/A 7:00 9:00 PM PM VVS Volleyball Gym  Dec 30, 2024 Mon Practice N/A 8:00 10:00 VVS Volleyball Gym	
27, 2024 PM PM VVS Volleyball Gym  Pec 30, 2024 Mon Practice N/A 8:00 10:00 VVS Volleyball Gym	
TIEC 3D 2024 Mich Practice MA VVS Volleyball GVM	
CANCELLED Dec Mon Practice N/A 7:00 9:00 VVS Volleyball Gym PM PM	
CANCELLED Dec Tue Practice N/A 7:00 9:00 VVS Volleyball Gym PM PM	
CANCELLED Jan Fri Practice N/A 8:00 10:00 VVS Main Gym AM AM (The Pit)	
Jan 5, 2025 Sun Practice N/A 8:00 10:00 VVS Main Gym AM AM (The Pit)	
Jan 6, 2025 Mon Practice N/A 7:00 9:00 VVS Volleyball Gym	
Jan 7, 2025 Tue Regular Season Holland Patent 5:30 7:00 VVS Main Gym PM (The Pit)	L
Jan 8, 2025 Wed Practice N/A 5:00 7:00 PM VVS Volleyball Gym	
Jan 8, 2025 Wed Practice N/A 7:00 9:00 VVS Main Gym PM PM (The Pit)	
Jan 9, 2025 Thu Regular & Mexico Season Mexico HS- Season PM Gymnasium 3:15 PM	me: NL
Jan 10, 2025 Fri Practice N/A 5:00 7:00 VVS Volleyball Gym	
Jan 11, 2025 Sat Regular Season Cortland 1:00 VVS Main Gym (The Pit)	NL
Jan 12, 2025 Sun Practice N/A 8:00 10:00 VVS Volleyball Gym	
Jan 13, 2025 Mon Practice N/A 7:00 9:00 VVS Volleyball Gym	
Jan 14, 2025 Tue Regular @ Central Valley 5:30 CVA Main Gym 4:00 PM	me: L
Jan 15, 2025 Wed Practice N/A 5:00 7:00 VVS Volleyball Gym	
Jan 16, 2025 Thu Practice N/A 5:00 7:00 VVS Main Gym PM PM (The Pit)	
Jan 16, 2025 Thu Practice N/A 7:00 9:00 PM VVS Volleyball Gym	
Jan 17, 2025 Fri Season Whitesboro 52-59 L 5:00 6:30 VVS Main Gym PM PM (The Pit)	L
Jan 19, 2025 Sun Practice N/A 8:00 10:00 VVS Main Gym AM AM (The Pit)	
Jan 20, 2025 Mon Practice N/A 10:00 12:00 VVS Main Gym AM PM (The Pit)	

DATE	WEEK DAY	ТҮРЕ	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON- LEAGUE
Jan 20, 2025	Mon	Practice	N/A	1:00 PM	3:00 PM	VVS Main Gym (The Pit)		
Jan 21, 2025	Tue	Regular Season	@ Oneida	5:00 PM		Fariel Gym	<b>Departure Time:</b> 4:15 PM	L
Jan 21, 2025	Tue	Practice	N/A	7:00 PM	9:00 PM	VVS Volleyball Gym		
Jan 23, 2025	Thu	Regular Season	Notre Dame, Utica	5:30 PM		VVS Main Gym (The Pit)		L
Jan 24, 2025	Fri	Practice	N/A	7:00 PM	9:00 PM	VVS Volleyball Gym		
Jan 25, 2025	Sat	Regular Season	@ South Jefferson	2:00 PM		SJ HS/MS Gym 1 (MS)	<b>Departure Time:</b> 11:00 AM	NL
Jan 26, 2025	Sun	Practice	N/A	8:00 AM	10:00 AM	VVS Main Gym (The Pit)		
Jan 27, 2025	Mon	Practice	N/A	7:00 PM	9:00 PM	VVS Volleyball Gym		
Jan 28, 2025	Tue	Practice	N/A	7:00 PM	9:00 PM	VVS Volleyball Gym		
Jan 29, 2025	Wed	Practice	N/A	7:00 PM	9:00 PM	VVS Volleyball Gym		
Jan 30, 2025	Thu	Practice	N/A	7:00 PM	9:00 PM	VVS Volleyball Gym		
Jan 31, 2025	Fri	Regular Season	@ Camden	5:00 PM		Camden High School Main Gym	<b>Departure Time:</b> 3:30 PM	L
POSTPONED Feb 2, 2025	Sun	Practice	N/A	8:00 AM	10:00 AM	VVS Main Gym (The Pit)		
Feb 3, 2025	Mon	Practice	N/A	7:00 PM	9:00 PM	VVS Volleyball Gym		
Feb 4, 2025	Tue	Regular Season	@ Holland Patent	5:00 PM	7:00 PM	HS Gym	<b>Departure Time:</b> 3:45 PM	L
POSTPONED Feb 5, 2025	Wed	Practice	N/A	7:00 PM	9:00 PM	VVS Volleyball Gym		
Feb 6, 2025	Thu	Practice	N/A	7:00 PM	9:00 PM	VVS Volleyball Gym		
Feb 7, 2025	Fri	Regular Season	Oneida	5:30 PM		VVS Main Gym (The Pit)		L
Feb 9, 2025	Sun	Practice	N/A	8:00 AM	10:00 AM	VVS Main Gym (The Pit)		
Feb 10, 2025	Mon	Practice	N/A	7:00 PM	9:00 PM	VVS Volleyball Gym		
Feb 11, 2025	Tue	Regular Season	@ New Hartford	5:30 PM		New Hartford HS Gym	<b>Departure Time:</b> 4:30 PM	L
Feb 12, 2025	Wed	Practice	N/A	7:00 PM	9:00 PM	VVS Volleyball Gym		
Feb 13, 2025	Thu	Practice	N/A	7:00 PM	9:00 PM	VVS Volleyball Gym		
POSTPONED Feb 17, 2025	Mon	Regular Season	Rome Free Academy	4:00 PM		VVS Main Gym (The Pit)		L
POSTPONED Feb 17, 2025	IVIOIT	Practice	N/A	7:00 PM	9:00 PM	VVS Volleyball Gym		
POSTPONED Feb 18, 2025	Tue	Regular Season	@ Notre Dame, Utica	5:30 PM		Michael Walsh Gymnasium	<b>Departure Time:</b> 4:15 PM	L
TBD		Practice	N/A	8:00 AM	10:00 AM	VVS Main Gym (The Pit)		

Date: 2025-12-05